

WEEK COMMENCING: 18 APR / 9 MAY / 20 JUNE / 11 JULY / 12 SEPT / 3 OCT

MONDAY

- Quorn Meatballs in a Herby Italian Tomato Sauce with Penne Pasta
- Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Sweetcorn & Broccoli Florets
- Strawberry Flavoured Frozen Yoghurt

TUESDAY

- Vegetable & Bean Hotpot
- Lamb Hotpot
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Garden Peas & Cauliflower Florets
- Oaty Apple Crumble with Organic Vanilla Custard

WEDNESDAY

- Roasted Veggie Strips with Yorkshire Pudding, Roast Potatoes & Gravy
- Roast Chicken Breast with Yorkshire Pudding, Roast Potatoes & Gravy
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Carrots & Steamed Green Beans
- Peach Upside Down Sponge

THURSDAY

- Classic Macaroni with Garlic Bread
- Mixed Vegetable Biryani
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Vegetable Medley & Sweetcorn
- Zesty Orange Drizzle Cake

FRIDAY

- Traditional Margherita Pizza
- Golden Crumbed Fish Fingers with Chunky Chips
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Garden Peas & Baked Beans
- Crispy Chocolate Squares

WEEK 1

WEEK COMMENCING: 25 APR / 16 MAY / 6 JUNE / 27 JUNE / 18 JULY / 29 AUG / 19 SEPT / 10 OCT

MONDAY

- Vegetable & Lentil Bolognese with Penne Pasta
- Rich Lamb Bolognese with Penne Pasta
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Carrots & Vegetable Medley
- Creamy Vanilla Ice Cream

TUESDAY

- Cheese & Broccoli Quiche with New Potatoes
- Chicken & Mixed Vegetable Biryani
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Sweetcorn & Broccoli Florets
- Apple & Banana Sponge Cake

WEDNESDAY

- Roasted Veggie Strips with Yorkshire Pudding, Roast Potatoes & Gravy
- Roast Chicken Breast with Yorkshire Pudding, Roast Potatoes & Gravy
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Garden Peas & Roasted Root Vegetables
- Strawberry Jelly

THURSDAY

- Tarka Dhal with Garlic & Coriander Naan Bread
- Honey & Soy Shredded Vegetables with Noodles
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Sweetcorn & Steamed Green Beans
- Velvety Chocolate Muffin

FRIDAY

- Traditional Margherita Pizza
- Golden Crumbed Fish Fingers with Chunky Chips
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Garden Peas & Baked Beans
- Pear & Mixed Berry Crumble with Organic Vanilla Custard

WEEK 2

WEEK COMMENCING: 2 MAY / 23 MAY / 13 JUNE / 4 JULY / 5 SEPT / 26 SEPT / 17 OCT

MONDAY

- Butternut Squash, Chickpea & Vegetable Curry with Rice
- Mild Chicken Curry with Steamed Rice
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Carrots & Steamed Green Beans
- Toffee Flavoured Frozen Yoghurt

TUESDAY

- Vegetable Lasagne with Freshly Baked Garlic Bread
- Lamb Lasagne with Freshly Baked Garlic Bread
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Garden Peas & Roasted Mediterranean Vegetables
- Eve's Pudding & Organic Vanilla Custard

WEDNESDAY

- Roasted Veggie Strips with Yorkshire Pudding, Roast Potatoes & Gravy
- Roast Chicken Breast with Yorkshire Pudding, Roast Potatoes & Gravy
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Carrots & Wilted Green Cabbage
- Fruity Flapjack

THURSDAY

- Pasta Al Pomodoro Penne Pasta in a Rich Tomato Sauce
- Sweet Potato & Pepper Frittata with Jacket Wedges
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Sweetcorn & Broccoli Florets
- Pear & Chocolate Sponge

FRIDAY

- Traditional Margherita Pizza
- Golden Crumbed Fish Fingers with Chunky Chips
- Jacket Potato & Cheese, Baked Beans, Tuna Mayo or Coleslaw
- Garden Peas & Baked Beans
- Traditional Shortbread Biscuit

WEEK 3

KEY



Vegetarian



Plant Based Vegan Friendly



Sustainably Caught Fish



Meat Halal



Vegetarian Fish



Alternative

DID YOU KNOW?



All our Milk & Bread is Organic



All our Meat is UK Farm Assured

COMING SOON



Look out for our new app, designed to make ordering and paying for meals even easier!

Click here for meal ordering and payment information

BETTER FOR YOU, BETTER FOR THE PLANET

Welcome to our healthiest menu yet!

We've been working hard to improve our recipes so that they're still delicious but also better for you and the planet! One way we've done this is by adding more plant based proteins such as red lentils and cannellini beans and that's meant...



WE'VE REDUCED SATURATED FAT BY **8%** PER PORTION



WE'VE ADDED LENTILS & BEANS WHICH CONTRIBUTE TOWARDS PUPILS' **5-A-DAY**



WE'VE INCREASED FIBRE BY ABOUT **60%** PER PORTION

Our nutritionists talk about the benefits of the new recipes!



We've reduced our CO₂ emissions by an average of **420g per meal** with these new recipes!

That's the equivalent of driving a medium sized petrol car for almost a mile.

WHY NOT TRY ONE OF OUR RECIPES AT HOME?

Spaghetti Bolognese is a family favourite, our take on this classic will prove just as popular but is better for you & the planet!



CONTACT US:

✉ Payments and Meal Ordering

✉ Nutrition Guidance

FOLLOW US:

🐦 @ISS_Education

MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE!



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

Terrific VALUE

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the value of school lunches



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE