

YOUR LUNCH MENU!

WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Egg Noodle Salad or Fry's Veggie Strips & Egg Noodle Salad	Egg Mayo, Cheese, Tuna Mayo, Cream Cheese & Cucumber or Houmous & Red Pepper Baguette (Halal Chicken Available)	Honey Roast Chicken or Cheddar Cheese, Tomato & Red Onion Tart	Egg Salad, Cheddar Cheese, Tuna Mayo, Cream Cheese & Cucumber or Houmous & Red Pepper Loaded & Folded Wrap	Flaked Tuna & Bean Penne Pasta Salad or Tomato & Mixed Bean Penne Pasta Salad with Herb Focaccia
Salad & Vegetable Sticks	Mixed Seasonal Salad	Potato & Chive Salad	Mixed Seasonal Salad	Salad & Vegetable Sticks
Oat Dream Cookie	Fruity Flapjack	Chocolate Sponge	Lemon Shortbread	Toffee Apple Muffin 'Traybake'
Fresh Seasonal Fruit	Yoghurt Pot	Fresh Seasonal Fruit	Yoghurt Pot	Fresh Seasonal Fruit

WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oven Baked vegetable Samosa, Charred Naan Bread & Red Onion Salad	Egg Mayo, Cheese, Tuna Mayo, Cream Cheese & Cucumber or Houmous & Red Pepper Baguette (Halal Chicken Available)	Homemade Chicken & Bramley Apple Sausage Roll or Homemade Red Lentil & Vegetable Sausage Roll	Egg Salad, Cheddar Cheese, Tuna Mayo, Cream Cheese & Cucumber or Houmous & Red Pepper Loaded & Folded Wrap	Cajun Spiced Chicken or Spanish 'Tortilla' Omelette with Mexican Rice
Spiced Rice	Mixed Seasonal Salad	Coleslaw	Mixed Seasonal Salad	Salad & Vegetable Sticks
Winter Spice Shortbread	Vanilla Sponge	Cinnamon Biscuits	Chocolate Muffin	Chocolate Cracknell
Fresh Seasonal Fruit	Yoghurt Pot	Fresh Seasonal Fruit	Yoghurt Pot	Fresh Seasonal Fruit

WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Curried Chicken Rice Salad or Beany Rice Salad with Asian Bread	Egg Mayo, Cheese, Tuna Mayo, Cream Cheese & Cucumber or Houmous & Red Pepper Baguette (Halal Chicken Available)	Chicken & Sweetcorn Pasta Salad or Roast Vegetable & Bean Pasta Salad	Egg Salad, Cheddar Cheese, Tuna Mayo, Cream Cheese & Cucumber or Houmous & Red Pepper Loaded & Folded Wrap	Tomato & Cheese Pizza or Potato & Spring Onion Salad
Mixed Seasonal Salad	Asian Noodle Salad	Mixed Seasonal Salad	Salad & Vegetable Sticks	Coleslaw
Ginger Biscuit	Custard Biscuit	Vanilla Pretzel	Cinnamon Biscuits	Chocolate Oat Biscuits
Fresh Seasonal Fruit	Yoghurt Pot	Fresh Seasonal Fruit	Yoghurt Pot	Fresh Seasonal Fruit