





WEEK COMMENCING: 2/11, 23/11, 14/12, 4/1, 25/1, 8/3, 29/3

WEEK 1



MONDAY

Jerk Chicken & Rice
 Vegetable Chilli & Rice 
 Fish Curry & Rice 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Garden Peas & Carrots
 Chocolate Angel Delight



TUESDAY

Lamb Meatballs & Pasta
 Cheese & Tomato Pinwheel with New Potatoes 
 Baked Fish in Tomato Sauce with New Potatoes 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Green Beans & Cauliflower
 Peach Upside Down Sponge & Custard



WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
 Roast Quorn with Roast Potatoes & Gravy 
 Pollock with Lemon & Herb Crust 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Carrots & Green Vegetale Medley
 Frozen Strawberry Yoghurt

THURSDAY

Turkey Al a King
 Chickpea & Vegetable & Rice 
 Tuna Pizza 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Cauliflower & Spinach
 Pear & Vanilla Sponge with Custard



FRIDAY

Fish Fingers & Chips 
 Vegetable Sausage & Chips 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Peas & Baked Beans
 Vanilla Ice Cream



WEEK COMMENCING: 9/11, 30/11, 21/12, 11/1, 1/2, 22/2, 15/3

WEEK 2



MONDAY

BBQ Chicken
 Tarka Dhal 
 Tuna Pasta Bake 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Cauliflower & Green Beans
 Strawberry Angel Delight

TUESDAY

Lamb Lasagne
 Quorn Mixed Pepper & Cheese Fajitas 
 Fish Pie 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Carrots & Peas
 Lemon & Courgette Cake with Custard



WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
 Butterbean & Vegetable Tagine 
 Baked Fish & Tomato Sauce 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Cauliflower & Broccoli
 Eve's Pudding & Custard

THURSDAY

Lamb Meatballs & Pasta
 Cheese & Broccoli Quiche 
 Tuna Pizza 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Carrors & Green Vegetable Medley
 Pear & Chocolate Sponge with Custard



FRIDAY

Breaded Fish & Chips 
 Falafel in a Flatbread 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Peas & Baked Beans
 Frozen Toffee Yoghurt



WEEK COMMENCING: 16/11, 7/12, 18/1, 8/2, 1/3, 22/3

WEEK 3



MONDAY

Chicken Sausage & Mashed Potato
 Cheese & Tomato Spaghetti 
 Fish Pie 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Broccoli & Carrots
 Iced Vanilla Sponge


TUESDAY

Lamb Jollof & Rice
 Vegetable & Lentil Bolognese 
 Tuna & Tomato Pasta Bake 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Peas & Cauliflower
 Apple & Berry Sponge with Custard



WEDNESDAY

Roast Chicken served with Roast Potatoes & Gravy
 Three Bean Casserole 
 Pollock with Lemon & Herb Crust 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Carrots & Green Vegetale Medley
 Shortbread

THURSDAY

Turkey & Leek Puff Pastry Pie
 Macaroni Cheese 
 Tuna Pizza 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Broccoli & Green Beans
 Apple & Banana Cake with Custard

FRIDAY

Fish Fingers or Salmon Fingers Bap & Chips 
 Quorn Frankfurter & Chips 
 Jacket Potato served with a Choice of Various Toppings
 Salad Bar
 Peas & Baked Beans
 Frozen Chocolate & Vanilla Mousse

KEY



Vegetarian



Plant Based



Halal Option Available



MSC Fish

HOT MEALS ARE BACK!

INTRODUCING YOUR NEW MENU

THANK YOU

This academic year has been like no other, which is why school lunches might have been a bit different recently. We'd like to say a big thank you for your support whilst we've been establishing the best approach for your school.

Where we've temporarily introduced packed lunches, we've been working hard behind the scenes to safely reintroduce hot meals.

We're now pleased to share the new menu with you, along with some of the great benefits school lunches can offer children and families!

WELL FOR WINTER

Eating well helps to build and maintain healthy immune systems, which is why we think it's so important children can enjoy healthy, warming lunches at school, wherever possible.

We know it's a difficult time for most right now so want to highlight five ways school meals have the power to support you and your child this winter.



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

YOUR SCHOOL LUNCHES ARE:

Click here for Meal Ordering and Payment information

1 SUPER SAFE



From implementing Covid-19 safety measures, to carefully catering for a range of special dietary needs, the safety of our people and diners is always our top priority. Our health and safety experts make sure our catering teams have everything they need to run a safe service each day and support them with risk assessments and regular service reviews.



Check out our 'back to school' guide for parents and carers to hear from our management and nutrition specialists.

2 MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



Over 85% of our dishes are freshly prepared each day



The menus are accredited by the Soil Association – meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.



3 EVEN HEALTHIER – AND STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.



THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count and are proud Peas Please pledgers. Find out more here!



WE'VE INTRODUCED MORE PLANT-BASED OPTIONS

So children have more choice when it comes to enjoying meat-free meals which can provide more fibre & less saturated fat!



4 TERRIFIC VALUE

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!

CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits – could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

5 TOP TIME SAVERS



Leave the challenge of creating exciting lunches every day to us – save time on shopping and chopping!

CONTACT US:

Payments and Meal Ordering

Nutrition Guidance

General Enquiries

FOLLOW US:

@ISS_Education

@ISSFoodServices