

# Week 1 WEEK COMMENCING: 17TH APR / 8TH MAY / 29TH MAY / 19TH JUNE / 10TH JULY / 4TH SEPT / 25TH SEPT / 16TH OCT

## MONDAY

Chicken Hot Dog  
Vegetable & Lentil Bolognese with Pasta V  
Jacket Potato with Coleslaw V  
Peas Sweetcorn  
Fruity Flapjack

## TUESDAY

Lamb Bolognese  
Mixed Vegetable & Chickpea Stir Fry with Rice V  
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo V  
Fruity Coleslaw Roasted Vegetables  
Apple & Cinnamon Sponge with Custard


## WEDNESDAY

Roast Chicken Breast with Roast Potatoes & Gravy  
Roast Soya Fillet Strips with Roast Potatoes & Gravy V  
Jacket Potato & Baked Beans V  
Carrots Green Vegetable Medley  
Strawberry Jelly & Vanilla Ice Cream

## THURSDAY

Oriental Sticky Salmon Wrap  
Margherita Pizza V  
Jacket Potato & Cheese V  
Mixed Bean Salad Sweetcorn  
Chocolate Pear Pudding & Custard

## FRIDAY

Fish Fingers & Chips   
Vegetable Cheese Burger & Chips V  
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo V  
Baked Beans Peas  
Oat Dream Cookie

# Week 2 WEEK COMMENCING: 24TH APR / 15TH MAY / 5TH JUNE / 26TH JUNE / 17TH JULY / 11TH SEPT / 2ND OCT

## MONDAY

Tuna Pasta Bake  
Vegetable Chow Mein V  
Jacket Potato & Coleslaw V  
Broccoli Mixed Vegetables  
Frozen Toffee Yoghurt

## TUESDAY

Lamb Hotpot  
Macaroni Cheese V  
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo V  
Carrots Peas  
Chocolate Cookie

## WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy  
Vegetable & Butterbean Gratin with Roast Potatoes V  
Jacket Potato & Baked Beans V  
Green Beans Honey Roasted Root Vegetables  
Pineapple Upside Down Sponge

## THURSDAY

BBQ Chicken Pizza  
Margherita Pizza V  
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo  
Mixed Green Salad Sweetcorn  
Strawberry Jelly & Mandarins

## FRIDAY

Fish Fingers & Chips   
Sticky Vegetarian Sausages & Chips V  
Jacket Potato with Vegetable Bean Chilli V  
Baked Beans Peas  
Chocolate Sponge with Chocolate Custard

# Week 3 WEEK COMMENCING: 1ST MAY / 22ND MAY / 12TH JUNE / 3RD JULY / 24TH JULY / 18TH SEPT / 9TH OCT

## MONDAY

Chicken Fajitas  
Cheese & Tomato Spaghetti V  
Jacket Potato & Coleslaw V  
Green Vegetable Medley  
Iced Bun

## TUESDAY

Tuna & Sweetcorn Potato Boats  
Margherita Pizza V  
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo V  
Cauliflower Peas  
Orange Shortbread


## WEDNESDAY

Roast Chicken Breast with Roast Potatoes & Gravy  
Vegetarian Sausage with Roast Potatoes & Gravy V  
Jacket Potato & Baked Beans V  
Carrots Leeks & Green Beans  
Fruit Salad & Honey Yoghurt

## THURSDAY

Chicken Sausages with Baked Jacket Wedges  
Mexican Rice Wrap V  
Jacket Potato with Vegetable & Chickpea Curry V  
Grilled Tomatoes Sweetcorn  
Apple Crumble with Custard

## FRIDAY

Fish Fingers & Chips   
Vegetarian Puff with Chips V  
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo V  
Baked Beans Peas  
Marble Sponge

# The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

