

Week 1 WEEK COMMENCING: 17TH APR / 8TH MAY / 29TH MAY / 19TH JUNE / 10TH JULY / 4TH SEPT / 25TH SEPT / 16TH OCT

MONDAY

Lamb Bolognese with Pasta
 Mixed Vegetable & Chickpea Stir Fry with Rice
 Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
 Fruity Coleslaw
 Roasted Vegetables
 Apple & Cinnamon Sponge with Custard

TUESDAY

Chicken Hot Dog
 Vegetable & Lentil Bolognese with Pasta
 Jacket Potato with Coleslaw
 Peas
 Sweetcorn
 Fruity Flapjack

WEDNESDAY

Roast Chicken Breast with Roast Potatoes & Gravy
 Roast Soya Fillet Strips with Roast Potatoes & Gravy
 Jacket Potato & Baked Beans
 Carrots
 Green Vegetable Medley
 Strawberry Jelly & Vanilla Ice Cream

THURSDAY

Oriental Sticky Salmon Wrap
 Margherita Pizza
 Jacket Potato & Cheese
 Mixed Bean Salad
 Sweetcorn
 Chocolate Pear Pudding & Custard

FRIDAY

Fish Fingers & Chips
 Vegetable Cheese Burger & Chips
 Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
 Baked Beans
 Peas
 Oat Dream Cookie

Week 2 WEEK COMMENCING: 24TH APR / 15TH MAY / 5TH JUNE / 26TH JUNE / 17TH JULY / 11TH SEPT / 2ND OCT

MONDAY

Tuna Mayonnaise & Salad Wrap
 Vegetable Chow Mein
 Jacket Potato & Coleslaw
 Broccoli
 Mixed Vegetables
 Frozen Toffee Yoghurt

TUESDAY

Shepherd's Pie
 Macaroni Cheese
 Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
 Carrots
 Peas
 Chocolate Cookie

WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
 Vegetable & Butterbean Gratin with Roast Potatoes
 Jacket Potato & Baked Beans
 Green Beans
 Honey Roasted Root Vegetables
 Pineapple Upside Down Sponge

THURSDAY

BBQ Chicken Pizza
 Margherita Pizza
 Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
 Mixed Green Salad
 Sweetcorn
 Strawberry Jelly & Mandarins

FRIDAY

Fish Fingers & Chips
 Sticky Vegetarian Sausages & Chips
 Jacket Potato with Vegetable Bean Chilli
 Baked Beans
 Peas
 Chocolate Sponge with Chocolate Custard

Week 3 WEEK COMMENCING: 1ST MAY / 22ND MAY / 12TH JUNE / 3RD JULY / 24TH JULY / 18TH SEPT / 9TH OCT

MONDAY

Chicken Fajitas
 Cheese & Tomato Spaghetti
 Jacket Potato & Coleslaw
 Green Vegetable Medley
 Iced Bun

TUESDAY

Chicken Sausages with Baked Jacket Wedges
 Mexican Rice Wrap
 Jacket Potato with Vegetable & Chickpea Curry
 Grilled Tomatoes
 Sweetcorn
 Apple Crumble & Custard

WEDNESDAY

Roast Chicken Breast with Roast Potatoes & Gravy
 Vegetarian Sausage with Roast Potatoes & Gravy
 Jacket Potato & Baked Beans
 Carrots
 Leeks & Green Beans
 Fruit Salad & Honey Yoghurt

THURSDAY

Tuna & Sweetcorn Potato Boats
 Margherita Pizza
 Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
 Cauliflower
 Peas
 Orange Shortbread

FRIDAY

Fish Fingers & Chips
 Vegetarian Puff with Chips
 Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
 Baked Beans
 Peas
 Marble Sponge



The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

