














# Week 1 WEEK COMMENCING: 17TH APR / 8TH MAY / 29TH MAY / 19TH JUNE / 10TH JULY / 4TH SEPT / 25TH SEPT / 16TH OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Hot Dog with Onions	Beef Bolognese with Pasta	Roast Chicken Breast with Roast Potatoes & Gravy	Oriental Sticky Salmon Wrap	Fish Fingers & Chips 
Vegetarian Hot Dog 	Macaroni Cheese 	Roast Soya Fillet Strips with Roast Potatoes & Gravy 	Margherita Pizza 	Vegetable Cheese Burger & Chips 
Jacket Potato & Coleslaw 	Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo 	Jacket Potato & Baked Beans 	Jacket Potato & Cheese 	Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo 
Peas Sweetcorn	Fruity Coleslaw Roasted Vegetables	Carrots Green Vegetable Medley	Mixed Bean Salad Sweetcorn	Baked Beans Peas
Fruity Flapjack	Apple & Cinnamon Sponge with Custard	Strawberry Jelly & Vanilla Ice Cream	Chocolate Pear Pudding & Custard	Oat Dream Cookie

# Week 2 WEEK COMMENCING: 24TH APR / 15TH MAY / 5TH JUNE / 26TH JUNE / 17TH JULY / 11TH SEPT / 2ND OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Lasagne	Shepherd's Pie	Roast Turkey with Roast Potatoes & Gravy	BBQ Chicken Pizza	Fish Fingers & Chips 
Roasted Vegetable Lasagne 	Shepherdess Pie 	Vegetable & Butterbean Gratin with Roast Potatoes 	Margherita Pizza 	Sticky Vegetarian Sausages & Chips 
Jacket Potato & Coleslaw 	Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo 	Jacket Potato & Baked Beans 	Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo	Jacket Potato with Vegetable Bean Chilli 
Broccoli Mixed Vegetables	Carrots Peas	Green Beans Honey Roasted Root Vegetables	Mixed Green Salad Sweetcorn	Baked Beans Peas
Frozen Toffee Yoghurt	Chocolate Cookie	Pineapple Upside Down Sponge	Strawberry Jelly & Mandarins	Chocolate Sponge with Chocolate Custard

# Week 3 WEEK COMMENCING: 1ST MAY / 22ND MAY / 12TH JUNE / 3RD JULY / 24TH JULY / 18TH SEPT / 9TH OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Fajitas	Chicken & Sweetcorn Pizza	Roast Chicken Breast with Roast Potatoes & Gravy	Chicken Sausages with Baked Jacket Wedges	Fish Fingers & Chips 
Cheese & Bean Burrito 	Margherita Pizza 	Vegetable & Kidney Bean Hotpot 	Vegetarian Sausage with Baked Jacket Wedges 	Vegetarian Puff with Chips 
Jacket Potato & Coleslaw 	Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo 	Jacket Potato & Baked Beans 	Jacket Potato with Vegetable & Chickpea Curry 	Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo 
Green Vegetable Medley	Cauliflower Peas	Carrots Leeks & Green Beans	Grilled Tomatoes Sweetcorn	Baked Beans Peas
Iced Bun	Orange Shortbread	Fruit Salad & Honey Yoghurt	Apple Crumble with Custard	Marble Sponge

## The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.



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