

Week 1

WEEK COMMENCING: 17TH APR / 8TH MAY / 29TH MAY / 19TH JUNE / 10TH JULY / 4TH SEPT / 25TH SEPT / 16TH OCT

MONDAY

Chicken Hot Dog with Onions
Vegetable & Lentil Bolognese with Pasta
Jacket Potato & Coleslaw
Peas
Sweetcorn
Fruity Flapjack

TUESDAY

Beef Bolognese with Pasta
Mixed Vegetable & Chickpea Stir Fry with Rice
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
Fruity Coleslaw
Roasted Vegetables
Apple & Cinnamon Sponge with Custard

WEDNESDAY

Roast Chicken Breast with Roast Potatoes & Gravy
Roast Soya Fillet Strips with Roast Potatoes & Gravy
Jacket Potato & Baked Beans
Carrots
Green Vegetable Medley
Strawberry Jelly & Vanilla Ice Cream

THURSDAY

Oriental Sticky Salmon Wrap
Margherita Pizza
Jacket Potato & Cheese
Mixed Bean Salad
Sweetcorn
Pear Sponge & Custard

FRIDAY

Fish Fingers & Chips
Vegetable Cheese Burger & Chips
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
Baked Beans
Peas
Oat Dream Cookie

Week 2

WEEK COMMENCING: 24TH APR / 15TH MAY / 5TH JUNE / 26TH JUNE / 17TH JULY / 11TH SEPT / 2ND OCT

MONDAY

Tuna Pasta Bake
Vegetable Chow Mein
Jacket Potato & Coleslaw
Broccoli
Mixed Vegetables
Frozen Toffee Yoghurt

TUESDAY

Cottage Pie
Macaroni Cheese
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
Carrots
Peas
Golden Rice Crispy Cake

WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
Vegetable & Butterbean Gratin with Roast Potatoes
Jacket Potato & Baked Beans
Green Beans
Honey Roasted Root Vegetables
Pineapple Upside Down Sponge

THURSDAY

BBQ Chicken Pizza
Margherita Pizza
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
Mixed Green Salad
Sweetcorn
Strawberry Jelly & Mandarins

FRIDAY

Fish Fingers & Chips
Sticky Vegetarian Sausages & Chips
Jacket Potato with Vegetable Bean Chilli
Baked Beans
Peas
Chocolate Sponge with Chocolate Custard

Week 3

WEEK COMMENCING: 1ST MAY / 22ND MAY / 12TH JUNE / 3RD JULY / 24TH JULY / 18TH SEPT / 9TH OCT

MONDAY

Chicken Fajitas
Cheese & Tomato Spaghetti
Jacket Potato & Coleslaw
Green Vegetable Medley
Iced Bun

TUESDAY

Pork Sausage with Baked Jacket Wedges
Mexican Rice Wrap
Jacket Potato with Vegetable & Chickpea Curry
Grilled Tomatoes
Sweetcorn
Apple Crumble with Custard

WEDNESDAY

Roast Chicken Breast with Roast Potatoes & Gravy
Vegetarian Sausage with Roast Potatoes & Gravy
Jacket Potato & Baked Beans
Carrots
Leeks & Green Beans
Fruit Salad & Honey Yoghurt

THURSDAY

Tuna & Sweetcorn Potato Boats
Margherita Pizza
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
Cauliflower
Peas
Orange Shortbread

FRIDAY

Fish Fingers & Chips
Vegetarian Puff with Chips
Jacket Potato with Baked Beans, Cheese, Coleslaw or Tuna Mayo
Baked Beans
Peas
Jam Sponge

The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery



MSC-C-50236

