




WEEK 1


**WEEK COMMENCING: 1<sup>ST</sup> & 22<sup>ND</sup> NOVEMBER, 13<sup>TH</sup> DECEMBER, 3<sup>RD</sup> & 24<sup>TH</sup> JANUARY, 7<sup>TH</sup> & 28<sup>TH</sup> MARCH**


**MONDAY**


Margherita Pizza  with Potato Wedges


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice


Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup


Peas & Baked Beans 


Iced Vanilla Sponge & Custard 

Strawberry or Peach Yoghurt  Cheese & Crackers


**TUESDAY**


BBQ Chicken Pasta Bake 


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice


Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup


Sweetcorn & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers


**WEDNESDAY**


Roasted Veggie Strips  with Mashed Potatoes & Gravy


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice


Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup


Carrots & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers


**THURSDAY**


Minced Beef with  Mashed Potato


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice


Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup


Sweetcorn & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers


**FRIDAY**


Chicken Sausage with  Mashed Potato


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice

Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup

Peas & Baked Beans 

Iced Vanilla Sponge & Custard 

Strawberry or Peach Yoghurt  Cheese & Crackers


WEEK 2


**WEEK COMMENCING: 8<sup>TH</sup> & 29<sup>TH</sup> NOVEMBER, 10<sup>TH</sup> & 31<sup>ST</sup> JANUARY, 21<sup>ST</sup> FEBRUARY, 14<sup>TH</sup> MARCH**


**MONDAY**


Margherita Pizza  with Chips


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice


Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup

Peas & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers


**TUESDAY**

Beef Bolognese with  Penne Pasta


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice


Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup

Sweetcorn & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers

**WEDNESDAY**


Quorn Nuggets  with Chunky Chips & Ketchup


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice

Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup


Carrots & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers

**THURSDAY**


Classic Macaroni Cheese 


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice


Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup


Sweetcorn & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers


**FRIDAY**


Chicken Sausage with  Mashed Potato


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice

Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup

Peas & Baked Beans 

Iced Vanilla Sponge & Custard 

Strawberry or Peach Yoghurt  Cheese & Crackers


WEEK 3


**WEEK COMMENCING: 15<sup>TH</sup> NOVEMBER, 6<sup>TH</sup> DECEMBER, 17<sup>TH</sup> JANUARY, 7<sup>TH</sup> & 28<sup>TH</sup> FEBRUARY, 21<sup>ST</sup> MARCH**

**MONDAY**


Margherita Pizza  with Chips


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice

Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup

Peas & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers


**TUESDAY**


Cottage Pie 


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice


Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup

Sweetcorn & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers

**WEDNESDAY**


Roasted Veggie Strips  with Mashed Potatoes & Gravy


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice

Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup


Carrots & Baked Beans 


Iced Vanilla Sponge & Custard 


Strawberry or Peach Yoghurt  Cheese & Crackers

**THURSDAY**


Minced Beef with  Mashed Potato


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice


Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup


Sweetcorn & Baked Beans 


Iced Vanilla Sponge & Custard 

Strawberry or Peach Yoghurt  Cheese & Crackers


**FRIDAY**


Chicken Sausage with  Mashed Potato


Cheese & Tomato Penne Pasta 

Roast Chicken with Roast  Potatoes, Mashed Potato or Rice

Crumbed Fish Fingers with  Chunky Chips & Tomato Ketchup

Peas & Baked Beans 

Iced Vanilla Sponge & Custard 

Strawberry or Peach Yoghurt  Cheese & Crackers

**KEY**



**Vegetarian**



**Plant Based  
Vegan Friendly**



**Halal Option  
Available**

proudly supporting



**Sustainably  
Caught Fish**

# YOUR SCHOOL LUNCHES ARE:

## DELICIOUSLY HEALTHY CHOICES

### This Term Features...

#### 20 NEW SALADS!

Did you know pupils get to choose from a selection of five salads every day? We've just made the salad bar even tastier with these additional options!

#### WASTE-LESS RECIPES

Ensuring our menus are as sustainable as possible is important to us, which is why we're introducing recipes that minimise food waste and use up 'left over' ingredients. Here's an example! Why not give it a go?



Charlotte Quick, Company Nutritionist, explains a little about how we build our menus

WE HAVE INCREASED THE NUMBER OF PLANT BASED DISHES ON OUR MENUS BY 20%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.



THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!



## INTRODUCING YOUR NEW MENU

Welcome to your new menu, which has been created so your child can enjoy a delicious, balanced school lunch every day. On this page you'll find some of our dedicated experts talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Thank you and please get in touch if you have any questions or suggestions!



Click here for meal ordering and payment information

## MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

Click on the video to hear from Jane and Duncan, two of our awesome chefs, as they prepare one of our delicious recipes!



## Terrific Value

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



#### CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



#### FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the value of school lunches



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

### CONTACT US:



Payments and Meal Ordering



Nutrition Guidance



General Enquiries

### FOLLOW US:



@ISS\_Education



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE