

Week One WEEK COMMENCING: 31ST OCT / 21ST NOV / 12TH DEC / 9TH JAN / 30TH JAN / 27TH FEB / 20TH MAR

Monday

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

All of our cheese is RED TRACTOR. which means it car be traced from

All of our eggs are FREE RANGE. We use them in lots of our cakes, quiches and other homemade

Spaghetti & Lamb Bolognese Carrots & Green Beans Macaroni Cheese Apple Crumble Jacket Potato with Tuna Mayonnaise with Custard Tuesday Sticky Lemon Chicken with Broccoli & Wholegrain Rice Sweetcorn Margherita Popeye Pizza Lemon Drizzle Cake Vegetable Bean Chilli with Potato Wedges Wednesday Roast Chicken Breast with Green Beans & Roast Potatoes & Gravy Roasted Mediterranean Vegetables Quorn Sausage with Roast Potatoes & Gravy Oat Dream Cookie Neapolitan Bean & Lentil Sauce with Pasta & Cheese Thursday Chicken & Sweetcorn Pie Carrots & with New Potatoes Cauliflower Butterbean, Tomato & Vegetable Ragu with Rice **Peach Sponge** with Custard Jacket Potato with Baked Beans Friday Fish Fingers with Chips Baked Beans & Peas Vegetable Tagine with Wholegrain Rice Apple Flapjack Cheese & Red Onion Quiche with Chips

Monday Tuesday Wednesday Thursday Friday

Week Two WEEK COMMENCING: 07TH NOV/28TH NOV/19TH DEC/16TH JAN/06TH FEB/06TH MAR/27TH MAR Margherita Pizza Broccoli & Carrots Quorn Meatballs with Spaghetti in Tomato Sauce Apple Pie with Custard Jacket Potato with Coleslaw Jamaican Jerk Chicken with Rice & Peas Cauliflower & Green Beans Roasted Vegetable Lasagne Sticky Toffee Pudding Lamb Hotpot with Vanilla Sauce Roast Turkey with **Butternut Squash &** Roast Potatoes & Gravy Roasted Root Vegetables Vegetable Tikka Masala with Wholegrain Rice Frozen Toffee Yoghurt Roasted Vegetable & Bean Wrap Shepherd's Pie Carrots & Sweetcorn Vegetarian Bolognese Sauce with Spaghetti Pineapple Upside Down Vegetable Risotto Sponge with Custard Battered Fish with Chips **Baked Beans** & Peas

Winter Vegetable & Butterbean Pastry Square with Chips

Roasted Vegetable Pasta in Tomato Sauce

MSC-C-50236

Crispy Corn Flake Cake

Week Three WEEK COMMENCING: 14TH NOV/5TH DEC/ 2ND JAN/23RD JAN/20TH FEB/13TH MAR

Monday **BBQ Chicken with Potato Wedges** Peas & Swede Jacket Potato with Vegetable Bean Chilli **Rice Pudding** Salmon & Broccoli Pasta Bake Tuesday

Lamb Meatballs in Bolognese Sauce with Spaghetti

Vegetable & Chickpea Jambalaya

Mexican Rice Wrap

Wednesday Roast Chicken Thigh with Roast Potatoes & Gravy Cheese, Tomato & Basil Tart

with Roast Potatoes

Macaroni Cheese

Thursday Lamb Chilli con Carne with a Jacket Potato

Friday

Shepherdess Pie

Vegetable Chow Mein

Fish Fingers with Chips

Spicy Bean Burger with Chips

Chickpea, Lentil & Potato Curry with Wholegrain Rice

CHILLED DRINKING

WATER IS ALWAYS

FARM ASSURED

OR RED TRACTOR

AVAILABLE

Broccoli & Carrots

Peach Crumble with Custard

**Roast Root Vegetables** & Sweetcorn

Ice Cream

Cauliflower & **Green Beans** 

Eve's Chocolate Pear **Pudding with Custard** 

**Baked Beans** & Peas

Strawberry Milk Jelly

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD



We think that BRITISH SEASONAL ood is fresh, tast and nutritious. Some of our favourites this eason are carrots cabbage, onions, broccoli, swede

Yeo

Society approved!