|     | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY                                    |
|-----|---|--|---|--|---|
|     | Cheese & Tomato Pasta 오                             | Shepherds Pie 🖲  | Roast Chicken with 🖲<br>Roast Potatoes & Gravy        | Chicken & Sweetcorn Meatballs <sup>®</sup><br>in Tomato Sauce with Penne Pasta | Fish Fingers 🔜 with Chips                 |
|     | Goan Vegetable 👁<br>Curry with Rice                 | Cheese & Sweetcorn Pizza 🗴                               | Roast Vegetarian Strips 👁 with Roast Potatoes & Gravy | Chickpea & Mixed 👁<br>Vegetable Balti with Rice                                | Quornish Pasty with Chips 🔍               |
|     | Sweetcorn & Broccoli                                | Cauliflower & Green Cabbage                              | Green Beans & Baby Carrots                            | Roasted Mediterranean<br>Vegetables & Spinach                                  | Peas & Baked Beans                        |
|     | Chocolate or Vanilla Mousse                         | Oat Dream Cookie   | Organic Yoghurt<br>or Fruit Salad Portion             | Pineapple Upside Down<br>Sponge & Custard                                      | Chocolate Cracknell                       |
|     | Organic Yoghurt<br>or Fruit Salad Portion           | Organic Yoghurt<br>or Fruit Salad Portion                |   | Organic Yoghurt<br>or Fruit Salad Portion                                      | Organic Yoghurt<br>or Fruit Salad Portion |
|     |   |  |   |  |   |
| 111 | MONDAY  | TUESDAY  | WEDNESDAY   | DEC, 17TH JAN, 7TH FEB, 7TH<br>THURSDAY  | FRIDAY                                    |
|     | Macaroni Cheese 🛽                                   | Jerk Chicken 🖲<br>with Rice & Peas                       | Roast Turkey with 🖲<br>Roast Potatoes & Gravy         | Kheema Curry & Rice 🖲  | Fish Finger                               |
|     | Tarka Dahl ♥<br>with Couscous                       | Honey & Ginger Vegetable<br>Strips Stir Fry with Noodles | Vegetable Bean Chilli 🕏                               | Mexican Rice Wrap 🗞  | Vegetable Samosa 🕈                        |
|     | Cauliflower & Peas                                  | Red Cabbage & Broccoli                                   | Carrots & Green Beans                                 | Mexican Sweetcorn & Veg Medley   | Peas & Baked Beans                        |
|     | Organic Yoghurt<br>or Fruit Salad Portion           | Strawberry Jelly<br>& Ice Cream                          | Vanilla Sponge<br>with Berry Compote                  | Apple & Berry Crumble<br>with Custard  | Blueberry Muffin Traybake                 |
|     |   | Organic Yoghurt<br>or Fruit Salad Portion                | Organic Yoghurt<br>or Fruit Salad Portion             | Organic Yoghurt<br>or Fruit Salad Portion                                      | Organic Yoghurt<br>or Fruit Salad Portion |
|     | WEEK COMMEN   |  | 11TH OCT 8TH & 29TH N                                 | OV, 3RD & 24TH JAN, 21ST FEE   | 3 & 14TH MAR                              |
|     | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY                                    |
|     | Potato Wedges with 🕏<br>Vegetable & Butterbean Ragu | Chicken Sausage with<br>Mashed Potatoes & Gravy          | Chicken Korma 🖲                                       | Lamb Penne ®<br>Pasta Bolognese  | Fish Fingers 崎<br>with Chips              |
|     | Margherita pizza 🔻                                  | Falafel Salad 🍄<br>Pitta & Salad                         | Vegetable &<br>Chickpea Jambalaya                     | Roast Vegetable 🍳<br>Couscous  | BBQ Veggie Strips 💌                       |
|     | Cauliflower &<br>Baked Garlic Tomato                | Mixed Peas, Carrots<br>& Broccoli                        | Red Cabbage<br>& Green Beans                          | Sweetcorn<br>& Baby Carrots  | Peas & Baked Beans                        |
|     | Pear & Vanilla<br>Sponge with Custard               | Shortbread   | Strawberry & Vanilla Mousse                           | Frozen Toffee Yoghurt Organic Yoghurt  | Organic Yoghurt                           |
|     |   |  |   |  | or Fruit Salad Portion                    |



Welcome to your new menu, which has been created so your child can enjoy a delicious, balanced school lunch every day.

On this page you'll find some of our dedicated people talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Thank you and please get in touch if you have any questions or suggestions!

**Click here for Meal Ordering** and Payment infomation



## MADE FROM GREAT INGREDIENTS, **BY AWESOME PEOPLE**



ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

FRESHLY PREPARED EACH DAY

Click on the video to hear from Jane and Duncan, two of our awesome chefs, as they prepare one of our delicious recipes!





Our ingredients are

sourced from local

and UK suppliers

wherever possible

- a fact we love to

show off through

our partnership with

YOUR SCHOOL LUNCHES ARE:



**AND ABSOLUTELY FREE** MANY, INCLUDIN EVERY CHILD





Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the value of school lunches



## **CLICK HERE TO FIND OUT** HOW MUCH YOU CAN SAVE

**CONTACT US: Payments and Meal Ordering Nutrition Guidance** 

Charlotte Quick, Company Nutritionist, explains a little about how we build our menus

## THERE ARE NOW EVEN MORE **VEGGIES ON OUR MENUS** We've committed to upping our

veg count even more and are proud Peas Please pledgers. Find out more here!



## EVEN HEALTHIER & STILL DELIGIOUS!

**ON AVERAGE, WE'VE REDUCED THE SUGAR** IN OUR MENUS BY 30%

WE DON'T ADD ANY SALT TO **OUR RECIPES...** 

We use herbs, lemon juice and other natural ingredients to add flavour.