#### WEEK COMMENCING: 6TH & 27TH SEPT, 18TH OCT, 15TH NOV, 6TH DEC, 10TH & 31ST JAN, 28TH FEB & 21ST MAR **TUESDAY** WEDNESDAY

MONDAY					
Spinach & Lentil Dahl with Wholemeal Rice					
Daily Salad Bar & Fresh Bread					

Lemon Cheesecake Yoghurt

**THURSDAY** 

**FRIDAY** 



DID YOU KNOW?

All our Milk & Bread is Organic

**KEY** 

Everything on this menu is suitable for vegetarians

WEEK COMMENCING: 131H SEP1, 41H OC1, 1S1 & 22ND NOV, 121H DEC, 171H JAN, 71H FEB, 71H & 281H MAR								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
	Honey & Ginger Vegetable Strips Stir Fry with Noodles	Macaroni Cheese	Veggie Piri Piri Strips Wrap with Crushed Potatoes	Red Onion & Sweetcorn Pizza with Sweet Potato Wedges	Roast Vegetable Calzone			
	Three Bean Casserole 😯 with Mashed Potatoes	Chickpea and Mixed 😯 Vegetable Balti with Rice	Butterbean and Vegetable Patti 😯 with Roast Potatoes	Beany Ratatouille with 😯 Sweet Potato Wedges	Vegetable Biryani 😯			
	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Bread			
	Carrots & Vegetable Medley	Green Beans & Cauliflower	Carrots & Green Cabbage	Sweetcorn & Broccoli	Peas & Baked Beans			

Pear & Mixed Berry Pie with Custard:

WEEK COMMENCING: 301H AUG, 201H SEP1, 111H OCI, 81H & 291H NOV, 3KD & 241H JAN, 2151 FEB & 141H MAK					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Butterbean & Vegetable 😯 Tagine with Couscous	Falafel & Salad Pitta 😯	Tarka Dahl with 👽 Wholemeal Rice	Margherita Pizza with Potato Wedges	Panner Wrap with Potato Wedges	
Cheese & Tomato Panini with Green salad	Jacket Potato with 😯 Vegetable & Lentil Bolognese	Vegetable Hotpot 😯 with Roast Potatoes	Vegetable & Butterbean 😯 Gratin with Potato Wedges	Vegetable & Sweet Potato Bake 💎	
Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Bread	Daily Salad Bar & Fresh Bread	
Carrots & Green Beans	Green Cabbage & Cauliflower	Carrots & Broccoli	Sweetcorn & Roasted Mediterranean Vegetables	Peas & Baked Beans	
Oat Dream Cookie	Yoghurt Bar	• Apple & Banana Cake with Custard	Strawberry Jelly & Ice Cream	Fruit Salad	

# INTRODUCING YOUR NEW MENU

Welcome to your new menu, which has been created so your child can enjoy a delicious, balanced school lunch every day.

On this page you'll find some of our dedicated people talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Thank you and please get in touch if you have any questions or suggestions!



Click here for Meal Ordering and Payment infomation



### YOUR SCHOOL LUNCHES ARE:

## MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

Click on the video to hear from Jane and Duncan, two of our awesome chefs, as they prepare one of our delicious recipes!



Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

Check out this tasty sweet potato lentil and chickpea curry recipe!



## Terrific Value

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



#### CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



#### DR KS2 CHILDREN, OUR EALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the **value of school lunches** 



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

## EVEN HEALTHIER & STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.





Charlotte Quick, Company Nutritionist, explains a little about **how we build our menus** 

## THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!

#### **CONTACT US:**



Payments and Meal Ordering

**Nutrition Guidance** 





#### **FOLLOW US:**



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