#### WEEK COMMENCING: 6TH & 27TH SEPT, 18TH OCT, 15TH NOV, 6TH DEC, 10TH & 31ST JAN, 28TH FEB & 21ST MAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
Cheese & Tomato Pasta 🛡	Shepherds Pie 📵	Roast Chicken with  Roast Potatoes & Gravy	Chicken & Sweetcorn Meatballs ® in Tomato Sauce with Penne Pasta					
Sweet Potato <b>▼</b> & Pepper Frittata	Vegetable Lasagne 👽	Roast Vegetarian Strips 🌣 with Roast Potatoes & Gravy	Chickpea & Mixed ூ Vegetable Balti with Rice	Cheese & On Quiche with C				
Goan Vegetable � Curry with Rice	Cheese & Sweetcorn Pizza 🔻	Thai Green Quorn ♥ & Vegetable Curry with Rice	Cheese & Tomato Pinwheel ♥	Jacket Potato with 0 Baked Beans �, Co Tuna/Salmon Ma				
Sweetcorn & House Salad	Carrots & Broccoli	Pureed Swede & Cauliflower	Roasted Vegetables & Green Beans	Peas & Baked E				
Chocolate & Vanilla Mousse	Oat Dream Cookie	Fresh Fruit Salad	Pineapple Upside Down	Chocolate Crac				

#### WEEK COMMENCING: 13TH SEPT, 4TH OCT, 1ST & 22ND NOV, 12TH DEC, 17TH JAN, 7TH FEB, 7TH & 28TH MAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese 🔻	Jerk Chicken ® with Rice & Peas	Roast Turkey with 🐠 Roast Potatoes & Gravy	Kheema Curry & Rice ®	Fish Finger 🚗 with Chips
Falafel & Salad Burger ♥ with Paprika Wedges	Shepherdess Pie 💜 topped with Sweet Potato	Chickpea & Mixed 🌣 Vegetable Spicy Rice	Mexican Rice Wrap 🔊	Roasted Vegetable 🌣 & Lentil Loaf with Chips
Spinach & Lentil Dahl 🍑 with Couscous	Honey & Ginger Vegetable V Strips Stir Fry with Noodles	Jacket Potato with � Vegetable Bean Chilli	Tuna Pasta Bake 🕰	Jacket Potato with Cheese ♥, Baked Beans ♥, Coleslaw ♥ Tuna or Salmon Mayo 🛁
Vegetable Medley	Green Beans & Sweetcorn	Savoy Cabbage & Roast Parsnips	Spiced Cauliflower & Carrots	Peas & Baked Beans
Natural Yoghurt with Toppings	Strawberry Jelly with Ice Cream	Vanilla Sponge with Apple Compote	Apple & Berry Crumble with Custard	Blueberry Muffin Traybake

#### WFFK COMMENCING: 30TH AUG 20TH SEPT 11TH OCT 8TH & 29TH NOV 3RD & 24TH IAN 21ST FEB & 14TH MAR

WEEK COMMENCING. SOTT ACC, 2011 SET 1, 1111 OCT, 0111 & 2511 NOV, SKD & 2411 JAIN, 2151 1 ED & 1411 MAK						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Veggie Strips with 🔊 Potato Wedges	Chicken Sausage with ® Mashed Potatoes & Gravy	Roast Lamb 🐠 with Roast Potatoes & Gravy	Chicken & Sweetcorn Pie ®	Fish Fingers 🗻 with Chips		
Vegetable and Lentil ♥ Bolognese with Spaghetti Pasta	Quorn Sausage & Gravy V with Mashed Potato	Vegetable Hotpot 🔊	Vegetable Butter Bean Ragu 💀 with Potato Wedges	Butterbean and Vegetable 🔻 Pattie with Chips		
Jolloff Rice ♥	Roast Vegetable Couscous 🔊	Vegetable & Chickpea 🌣 Jambalaya	Margherita Pizza v	Jacket Potato with Cheese ་, Baked Beans ್, Coleslaw ་ Tuna or Salmon Mayo 📥		
Broccoli & Carrots	Savoy Cabbage & Mixed Vegetable	Peas & Honey Roast Parsnips	Green Beans & Cauliflower	Peas & Baked Beans		
Pear & Vanilla Sponge & Vanilla Custard	Shortbread Biscuits	Strawberry & Vanilla Mousse	Frozen Toffee Yoghurt	Natural Yoghurt & Fresh Fruit Salad		





Fish Fingers 🔤

eese & Onion 👽

tato with Cheese 🛡, eans 🗣, Coleslaw 🛡 Salmon Mayo 🎿







Sustainably Caught Fish

# INTRODUCING YOUR NEW MENU

Welcome to your new menu, which has been created so your child can enjoy a delicious, balanced school lunch every day.

On this page you'll find some of our dedicated people talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Thank you and please get in touch if you have any questions or suggestions!



Click here for Meal Ordering and Payment infomation



#### YOUR SCHOOL LUNCHES ARE:

## MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

Click on the video to hear from Jane and Duncan, two of our awesome chefs, as they prepare one of our delicious recipes!



Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

Check out this tasty sweet potato lentil and chickpea curry recipe!



## Terrific Value

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



#### CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



#### DR KS2 CHILDREN, OUR EALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the **value of school lunches** 



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

## EVEN HEALTHIER & STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.





Charlotte Quick, Company Nutritionist, explains a little about **how we build our menus** 

### THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!

#### **CONTACT US:**



Payments and Meal Ordering

**Nutrition Guidance** 





#### **FOLLOW US:**



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