

WEEK COMMENCING: 2/11, 23/11, 14/12, 4/1, 25/1, 8/3, 29/3

WEEK 1


MONDAY

Hotdog
 Quorn Sausage Hotdog 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Sweetcorn & Broccoli
 Eve's Pudding & Custard

TUESDAY

Creamy Chicken Pasta
 Cheese & Tomato Whirls with Mashed Potato 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Spinach & Cauliflower
 Frozen Toffee Yoghurt



WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
 Fry's Soya Strips with Roast Potatoes & Gravy 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Carrots & Green Beans
 Fresh Fruit Salad

THURSDAY

Margherita Pizza 
 Butterbean & Vegetable Tagine with Cous Cous 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Roasted Mediterranean Vegetables & Sweetcorn
 Pineapple Upside Down Sponge & Custard

FRIDAY

Fish Fingers & Chips 
 Chickpea and Mixed Vegetable Balti with Rice or Chips 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Peas & Baked Beans
 Strawberry Jelly & Ice Cream

KEY



Vegetarian



Plant Based




MSC Fish

WEEK COMMENCING: 9/11, 30/11, 21/12, 11/1, 1/2, 22/2, 15/3

WEEK 2


MONDAY

Lamb Pasta Bolognese 
 Vegetable & Lentil Bolognese with Pasta 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Carrots & Vegetable Medley
 Apple Crumble & Ice Cream



TUESDAY

Chicken Curry & Rice
 Macaroni Cheese 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Mixed Vegetables & Cauliflower
 Peaches & Fruit Melba Sauce with Ice Cream



WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
 Quorn Sausage with Roast Potatoes & Gravy 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Carrots & Green Cabbage
 Fresh Fruit Salad

THURSDAY

Margherita Pizza 
 Tarka Dhal with Rice 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Sweetcorn & Broccoli
 Orange Drizzle Cake


FRIDAY

Battered Fish or Fish Fingers & Chips 
 Quorn Nuggets & Chips 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Peas & Baked Beans
 Lemon Cheesecake Yoghurt


WEEK COMMENCING: 16/11, 7/12, 18/1, 8/2, 1/3, 22/3

WEEK 3


MONDAY

BBQ Chicken & Rice
 Vegetable Chili & Rice 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Carrots & Green Beans
 Pear & Mixed Berry Pie with Custard



TUESDAY

Beef Lasagne
 Three Bean Casserole with New Potatoes 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Broccoli & Cauliflower
 Iced Bun



WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
 Vegetarian Toad in the Hole with Roast Potatoes & Gravy 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Carrots & Spinach
 Frozen Strawberry Yoghurt

THURSDAY

Red Onion & Sweetcorn Pizza 
 Margherita Pizza 
 Jacket Potato with Cheese, Baked Beans, Tuna or Coleslaw
 Sweetcorn & Roasted Mediterranean Vegetables
 Lemon & Courgette Muffin

FRIDAY

Fish Fingers with Chips 
 Vegetable Calzone with Salad 
 Jacket Potato with Cheese, Baked Beans, Tuna, Salmon Mayo or Coleslaw
 Peas & Baked Beans
 Custard Biscuit with Sliced Peaches

HOT MEALS ARE BACK!

INTRODUCING YOUR NEW MENU

THANK YOU

This academic year has been like no other, which is why school lunches might have been a bit different recently. We'd like to say a big thank you for your support whilst we've been establishing the best approach for your school.

Where we've temporarily introduced packed lunches, we've been working hard behind the scenes to safely reintroduce hot meals.

We're now pleased to share the new menu with you, along with some of the great benefits school lunches can offer children and families!

WELL FOR WINTER

Eating well helps to build and maintain healthy immune systems, which is why we think it's so important children can enjoy healthy, warming lunches at school, wherever possible.

We know it's a difficult time for most right now so want to highlight five ways school meals have the power to support you and your child this winter.



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

YOUR SCHOOL LUNCHES ARE:

Click here for Meal Ordering and Payment information

1 SUPER SAFE



From implementing Covid-19 safety measures, to carefully catering for a range of special dietary needs, the safety of our people and diners is always our top priority. Our health and safety experts make sure our catering teams have everything they need to run a safe service each day and support them with risk assessments and regular service reviews.



Check out our 'back to school' guide for parents and carers to hear from our management and nutrition specialists.

2 MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



Over 85% of our dishes are freshly prepared each day



The menus are accredited by the Soil Association – meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.



3 EVEN HEALTHIER – AND STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.



THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count and are proud Peas Please pledgers. Find out more here!



WE'VE INTRODUCED MORE PLANT-BASED OPTIONS

So children have more choice when it comes to enjoying meat-free meals which can provide more fibre & less saturated fat!



4 TERRIFIC VALUE

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!

CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits – could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

5 TOP TIME SAVERS



Leave the challenge of creating exciting lunches every day to us – save time on shopping and chopping!

CONTACT US:

Payments and Meal Ordering

Nutrition Guidance

General Enquiries

FOLLOW US:

@ISS_Education

@ISSFoodServices