

ISS Education – Healthy Eating Policy Statement



A balanced diet is essential for the maintenance and protection of health, to ensure full mental and physical potential is achieved each day, and to optimise growth and development. Developing a healthy diet and good eating habits early on will lay the foundations for future health.

ISS Education fully supports, and has been actively involved, with the School Food Plan (SFP) which was launched by the Secretary of State for Education, Michael Gove.

The SFP is about good food and happiness. It is about the pleasures of growing, cooking and eating proper food and improving the academic performance of our children and the health of our nation.¹



As part of the School Food Plan, a new set of standards for all food served in schools has been published and came into force 1st January 2015.² These food-based standards (built on a nutritional framework) provide a nutritional safety net for children by ensuring nutritious and balanced meals are provided for their school lunch on a daily basis. At ISS Education our menus are compliant with these revised standards.

In addition to complying with the standards, ISS Education strives to use the highest quality, fresh food incorporating seasonal and regional produce where possible. The majority of our schools are part of the Food for Life Partnership which is a network of schools and communities across England committed to transforming food culture. The Partnership is about bringing people together – teachers, pupils, families, cooks, caterers, farmers and the wider community – to enjoy good, wholesome food and change food culture in England significantly.³



ISS Education believes part of its role as a caterer is to assist in informing and encouraging customers to eat a more varied and balanced diet. This is achieved through education, promotional activities and focusing on the whole school approach.



¹ The School Food Plan <http://www.schoolfoodplan.com/>

² School Food Standards <http://www.schoolfoodplan.com/standards/>

³ Food for Life <http://www.foodforlife.org.uk/>