

# Week One

Monday

**Choose From**

- Margherita Pizza
- Sweet Potato & Lentil Curry & Rice
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Orange Shortbread

**MEAT FREE MONDAY**

**Main Meal Options**

- Meat or Fish
- Halal
- Vegetarian
- Alternative
- Sandwich

Tuesday

**Choose From**

- Beef & Onion Gravy Pie & Mashed Potato
- Vegetable & Lentil Bolognese & Penne pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Fresh Fruit Salad

**UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY**

Wednesday

**Choose From**

- Roast Chicken served with Roast Potatoes & Gravy
- Winter Vegetable & Butterbean Puff Pastry Square with Roast Potatoes & Gravy
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Lemon Drizzle Cake

**DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS**

**Yeo Valley**  
Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

Thursday

**Choose From**

- BBQ Pork & Rice
- Winter Vegetable Soup
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Eve's Pudding & Custard

Friday

**Choose From**

- Fish Fingers & Chips
- Homemade Spicy Bean Burger & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Banana & Courgette Muffin

All of our fish is **SUSTAINABLY SOURCED!**

**WEEK COMMENCING:**

31ST OCT, 21ST NOV, 12TH DEC, 16TH JAN, 6TH FEB, 6TH MARCH, 27TH MARCH



MSC-C-50236

Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

# Week Two

Monday

**Choose From**

- Macaroni Cheese
- Vegetable & Chickpea Jambalaya
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Oat & Rasin Cookie

**MEAT FREE MONDAY**

Tuesday

**Choose From**

- Pork Sausages & Potato Wedges
- Roasted Vegetable Lasagne
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Rice Pudding with Apple

We use **RED TRACTOR MILK** in all of our homemade dishes!

Wednesday

**Choose From**

- Roast Beef with Mashed Potatoes & Yorkshire Pudding
- Vegetarian Sausage with Mashed Potatoes, Yorkshire Pudding & Gravy
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise, Salmon Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Rice Crispy Cake

We use Red Tractor cheese, which means it can be traced from farm gate to school plate!



Thursday

**Choose From**

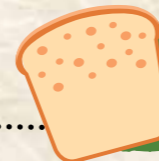
- Chicken Korma & Rice
- Cheese & Leek Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Jelly & Mandarins



**A DAILY CHOICE OF FRESH WHOLEMEAL & WHITE CRUSTY BREAD**

Friday

**Choose From**

- Battered Fish & Chips
- Margherita Pizza & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Sticky Toffee Pudding

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

**WEEK COMMENCING:**

7TH NOV, 28TH NOV, 2ND JAN, 23RD JAN, 20TH FEB, 13TH MARCH, 3RD APRIL

# Week Three

Monday

**Choose From**

- Cheese & Sweetcorn Potato Boats
- 3 Bean Casserole & Sweetcorn Dumplings
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Carrot Cake & Frosting

**MEAT FREE MONDAY**

Tuesday

**Choose From**

- Pork Sausage & Pasta Casserole
- Quorn Cottage Pie
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Chocolate Fudge Pudding & Chocolate Sauce



**CHILLED DRINKING WATER IS ALWAYS AVAILABLE**

Wednesday

**Choose From**

- Roast Gammon with Roast Potatoes
- Vegetable, Bean & Cheese Crumble with Roast Potatoes
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Banana Flapjack



All of our eggs are **FREE RANGE.** We use them in lots of our cakes, quiches and other homemade dishes!

Thursday

**Choose From**

- Beef Chilli Con Carne & Rice
- Neapolitan Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Mixed Berry Sponge & Custard

All our meat is **UK FARM ASSURED**

Friday

**Choose From**

- Fish Fingers & Chips
- Winter Vegetable Quiche
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw
- A Choice of Sandwich

**On the Side**

Seasonal Vegetables

**Something Sweet**

Apple Pie & Cream



**WEEK COMMENCING:**

14TH NOV, 5TH DEC, 9TH JAN, 30TH JAN, 27TH FEB, 20TH MARCH