





WEEK COMMENCING: 2/11, 23/11, 14/12, 4/1, 25/1, 8/3, 29/3

WEEK 1



MONDAY

Chicken Pasta in a White Sauce 
 Macaroni Cheese 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Sweetcorn & Broccoli
 Peaches with Ice Cream & Fruit Melba Sauce



TUESDAY

Lamb Hotpot with Garlic Bread 
 Vegetable Hotpot with Garlic Bread 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Peas & Cauliflower
 Yoghurt Bar



WEDNESDAY

Roast Lamb with Roast Potatoes & Gravy 
 Roast Vegetarian Strips with Roast Potatoes & Gravy 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Carrots & Green Beans
 Oaty Apple & Berry Crumble with Custard

THURSDAY

Chicken & Sweetcorn Pizza 
 Margherita Pizza 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Roasted Mediterranean Vegetables & Sweetcorn
 Orange Jelly with Fruit



FRIDAY

Fish Fingers & Chips 
 Cheese & Broccoli Quiche with Chips 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Peas & Baked Beans
 Fresh Fruit Salad



WEEK COMMENCING: 9/11, 30/11, 21/12, 11/1, 1/2, 22/2, 15/3

WEEK 2



MONDAY

Chicken Stir Fry with Noodles 
 Honey & Ginger Soy Strips with Noodles 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Carrots & Vegetable Medley
 Fruity Ice Lolly



TUESDAY

Lamb Lasagne 
 Vegetable Lasagne 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Green Beans & Cauliflower
 Yoghurt Bar



WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy 
 Roasted Vegetarian Strips with Roast Potatoes & Gravy 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Carrots & Green Cabbage
 Pear & Mixed Berry Pie with Custard

THURSDAY

Chicken & Sweetcorn Pizza 
 Margherita Pizza 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Sweetcorn & Broccoli
 Lemon Shortbread with Fruit



FRIDAY

Battered Pollock with Chips & Tartar Sauce 
 Mozzarella & Tomato Puff Square 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Peas & Baked Beans
 Frozen Toffee Yoghurt



WEEK COMMENCING: 16/11, 7/12, 18/1, 8/2, 1/3, 22/3

WEEK 3



MONDAY

Lamb Penne Pasta Bolognese 
 Cheese & Tomato Pasta Bake 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Carrots & Green Beans
 Peach Fool



TUESDAY

Chicken Sausage with Mashed Potato & Gravy 
 Quorn Sausage with Mashed Potato & Gravy 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Green Cabbage & Cauliflower
 Yoghurt Bar



WEDNESDAY

Roast Garlic & Lemon Chicken with Gravy & Roast Potatoes 
 Quorn Roast with Roast Potatoes & Gravy 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Carrots & Broccoli
 Apple & Banana Cake with Custard

THURSDAY

Chicken & Sweetcorn Pizza 
 Margherita Pizza 
 Jacket Potato with Cheese, Baked Beans or Tuna
 Daily Salad Bar & Fresh Bread
 Sweetcorn & Roasted Mediterranean Vegetables
 Strawberry Jelly & Ice Cream

FRIDAY

Fish Fingers with Chips 
 Spicy Bean Burger in a Bun with Chips 
 Jacket Potato with Salmon Mayonnaise
 Daily Salad Bar & Fresh Bread
 Peas & Baked Beans
 Fresh Fruit Salad

KEY



Vegetarian



Plant Based
Vegan Friendly



Halal Option
Available



MSC Fish

HOT MEALS ARE BACK!

INTRODUCING YOUR NEW MENU

THANK YOU

This academic year has been like no other, which is why school lunches might have been a bit different recently. We'd like to say a big thank you for your support whilst we've been establishing the best approach for your school.

Where we've temporarily introduced packed lunches, we've been working hard behind the scenes to safely reintroduce hot meals.

We're now pleased to share the new menu with you, along with some of the great benefits school lunches can offer children and families!

WELL FOR WINTER

Eating well helps to build and maintain healthy immune systems, which is why we think it's so important children can enjoy healthy, warming lunches at school, wherever possible.

We know it's a difficult time for most right now so want to highlight five ways school meals have the power to support you and your child this winter.



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

YOUR SCHOOL LUNCHES ARE:

1 SUPER SAFE

From implementing Covid-19 safety measures, to carefully catering for a range of special dietary needs, the safety of our people and diners is always our top priority. Our health and safety experts make sure our catering teams have everything they need to run a safe service each day and support them with risk assessments and regular service reviews.



Check out our 'back to school' guide for parents and carers to hear from our management and nutrition specialists.


2 MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE

Over 85% of our dishes are freshly prepared each day

All our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences. 

3 EVEN HEALTHIER – AND STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30% 

WE DON'T ADD ANY SALT TO OUR RECIPES... 

We use herbs, lemon juice and other natural ingredients to add flavour.

THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS 

We've committed to upping our veg count and are proud Peas Please pledgers. Find out more here!

WE'VE INTRODUCED MORE PLANT-BASED OPTIONS 

So children have more choice when it comes to enjoying meat-free meals which can provide more fibre & less saturated fat!

4 TERRIFIC VALUE

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!

CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits – could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

5 TOP TIME SAVERS

Leave the challenge of creating exciting lunches every day to us – save time on shopping and chopping!

CONTACT US:

 Payments and Meal Ordering

 Nutrition Guidance

 General Enquiries

FOLLOW US:

 @ISS_Education

 @ISSFoodServices