

Week One

Monday

Choose From
Chicken Sausages
with Potato Wedges
Margherita Popeye Pizza **HM**
Jacket Potato with
Baked Beans & Cheese

On the Side
Sweetcorn & Peas
Something Sweet
Chocolate **HM**
Corn Flake Crispy

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Tuesday

Choose From
Oriental Sticky Salmon **HM**
Wrap With New Potatoes
Macaroni Cheese **HM**
Vegetable Tikka **HM**
Masala With Rice

On the Side
Broccoli & Carrots
Something Sweet
Peach Sponge **HM**
& Custard

Yeo Valley
Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

Wednesday

Choose From
Roast Chicken with **HM**
Roast Potatoes & Gravy
Winter Vegetable Puff Square **HM**
with Gravy & Roast Potatoes
Jacket Potato with Ratatouille **HM**

On the Side
Green Cabbage &
Honey Roasted Parsnips
Something Sweet
Strawberry Jelly

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS

Thursday

Choose From
Cottage Pie **HM**
Vegetable & Lentil **HM**
Pasta Bolognese
Chunky Winter Vegetable Soup **HM**
served with Baguette

On the Side
Green Beans & Cauliflower
Something Sweet
Apple Crumble **HM**
& Custard

Friday

Choose From
Fish Fingers **HM**
served with Chips
Roasted Vegetable & Cheese Pasta **HM**
Jamaican Jerk Chicken **HM**
with Rice & Peas

On the Side
Baked Beans & Peas
Something Sweet
Banana & **HM**
Courgette Muffin

All of our fish is **SUSTAINABLY SOURCED!**

WEEK COMMENCING: 22ND FEB, 14TH MARCH, 18TH APRIL, 9TH MAY, 6TH JUNE, 27TH JUNE, 18TH JULY

Week Two

Monday

Choose From
Tandoori Baked Fish **HM**
with Crushed Potatoes
Soya Strip Honey & Ginger Stir Fry with Rice
Cheese & Tomato Quiche **HM**
with Crushed Potatoes

On the Side
Sweetcorn & Peas
Something Sweet
Apple Flapjack with **HM**
a Glass of Milk

Tuesday

Choose From
Chicken Korma **HM**
served with Rice
Vegetable Risotto **HM**
Jacket Potato with
Beans & Cheese

On the Side
Green Vegetable Medley
& Grilled Tomatoes
Something Sweet
Chocolate Pear Eve's **HM**
Pudding & Custard

We use **ORGANIC MILK** in all of our homemade dishes!

Wednesday

Choose From
Roast Turkey with **HM**
Roast Potatoes & Gravy
Winter Vegetable Whirl with **HM**
Roast Potatoes & Gravy
Beef or Halal Beef Hotpot **HM**

On the Side
Mashed Carrots
& Brussel Sprouts
Something Sweet
Peaches
& Ice Cream

All of our cheese is **RED TRACTOR**, which means it can be traced from farm gate to school plate!

Thursday

Choose From
Beef Lasagne **HM**
Vegetable Medley in Tomato **HM**
Sauce with Mashed Potato
Vegetarian Pasta Bolognese **HM**

On the Side
Broccoli & Sweetcorn
Something Sweet
Orange Sponge **HM**
& Custard

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

Friday

Choose From
Southern Baked Crispy **HM**
Topped Chicken with Chips
Vegetable Chow Mein **HM**
Vegetable & Cheese Frittata **HM**
served with Chips

On the Side
Baked Beans & Peas
Something Sweet
Sultana Shortbread **HM**

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

WEEK COMMENCING: 29TH FEB, 21ST MARCH, 25TH APRIL, 16TH MAY, 13TH JUNE, 4TH JULY

Week Three

Monday

Choose From
BBQ Chicken Pizza **HM**
Neapolitan Pasta **HM**
Jacket Potato with Tuna
Mayonnaise & Sweetcorn

On the Side
Sweetcorn & Peas
Something Sweet
Oat Dream Cookie **HM**

Tuesday

Choose From
Turkey Bolognese **HM**
Vegetable Bean Chilli with Rice **HM**
Wholemeal Cheese & Tomato **HM**
Quiche with Crushed Potatoes

On the Side
Braised Red
Cabbage & Green Beans
Something Sweet
Pineapple Upside-down **HM**
Cake & Custard

CHILLED DRINKING WATER IS ALWAYS AVAILABLE

Wednesday

Choose From
Roast Beef served with **HM**
Roast Potatoes & Gravy
Vegetarian Sausage served **HM**
with Roast Potatoes & Gravy
Jacket Potato with Beans, Cheese,
Tuna Mayonnaise or Fruity Coleslaw

On the Side
Carrots & Honey Roasted Parsnips
Something Sweet
Orange & **HM**
Carrot Muffin

All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

Thursday

Choose From
Moroccan Beef **HM**
with Rice
Quorn Paella **HM**
Italian Tomato & **HM**
Basil Pasta with Cheese

On the Side
Sweetcorn & Roasted
Mediterranean Vegetables
Something Sweet
Fresh Fruit Salad **HM**

All our meat is **RED TRACTOR, FREE RANGE OR ORGANIC!**

Friday

Choose From
Fish Fingers served with Chips **HM**
Spicy Bean Burger **HM**
served with Chips
Cauliflower Cheese with **HM**
Mashed Sweet Potatoes

On the Side
Baked Beans & Peas
Something Sweet
Apple Rice **HM**
Pudding

WEEK COMMENCING: 7TH MARCH, 11TH APRIL, 2ND MAY, 23RD MAY, 20H JUNE, 11TH JULY

Organic Beef **HM**
MSC Certified **HM**
Homemade **HM**

CERTIFIED SUSTAINABLE SEAFOOD **MSC**
www.msc.org
Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

MSC-C-50236