WEEK COMMENCING: 3RD JANUARY, 24TH JANUARY, 7TH & 28TH MARCH

Butternut, Chickpea & Vegetable 👽

- Curry with Wholegrain Rice & Spring Onion
 - Falafel & Salad Pitta 🔻
- lacket Potato with Cheese V, Baked Beans v or Tuna Mayo

MONDAY

- Curried Roast Cauliflower 👽 & Carrots
- Chocolate Shortbread V

Quorn Frankfurters Hot Dog v with Crushed New Potatoes

TUESDAY

- Vegetable & Bean Bolognese v
- Baguette with Tuna Mayo $\stackrel{\triangle}{=}$, Cheese vor Egg Mayo
- Roasted Mediterranean 👽 Vegetables & Garden Peas
 - Rice Pudding 🖤

WEDNESDAY

- Roasted Veggie Strips 🔻 with Roast Potatoes
- Jacket Potato with Cheese V, Baked Beans 👽 or Tuna Mayo 🛁
 - Green Cabbage & Carrots 👽
- Peaches & Fruit Melba Sauce v with Ice Cream

THURSDAY

- with Potato Wedges
- Margherita Pizza 🖤 with Potato Wedges
- Cheese vor Egg Mayo
 - Coleslaw & Sweetcorn 👽
- Fruit Salad & Natural Yoghurt V or Cheese & Biscuits

FRIDAY

- Red Lentil & Vegetable 🖤 Sausage Roll
- Fish Fingers with Chips
- lacket Potato with Cheese V, Baked Beans 👽 or Tuna Mayo 🛁
- Baked Beans & Garden Peas 👽
- Strawberry Jelly & Ice Cream V

FRIDAY

Plant Based Vegan Friendly

Vegetarian

KEY



Sustainably **Caught Fish**

DID YOU

KNOW?

WEEK COMMENCING: 10TH & 31ST JANUARY, 21ST FEBRUARY, 14TH MARCH & 4TH APRIL

- Quorn Chilli Con Carne 🔻
- Cheese & Tomato Penne Pasta 🔻

MONDAY

- Jacket Potato with Cheese V, Baked Beans 👽 or Tuna Mayo 🔤
- Garden Peas & Baked Tomatoes 👽
 - Oat Dream Cookie 🖤

Vegetable & Lentil Bolognese 🦠

Ouorn Paella 🖤

Jacket Potato with Cheese V,

Baked Beans 👽 or Tuna Mayo 🔤

Roasted Mediterranean 🦠

Frozen Toffee Yoghurt 👽

Vegetables & Garden Peas

Shepherdess Pie 🔻

TUESDAY

- Quorn Sausages with Gravy V
- Cheese v or Egg Mayo v
 - Broccoli & Sweetcorn 👽
 - Chocolate Cracknell V

Vegetable & Sweet Potato Bake V

WEDNESDAY

- Quornish Pasty 🔻
- Jacket Potato with Cheese 👽, Baked Beans 👽 or Tuna Mayo 🔤
 - Carrots & Green Beans 👽
 - Berry Muffin 🔻

Red Onion & Sweetcorn Pizza 🔻 with Cajun Potatoes

Margherita Pizza 🔻 with Caiun Potatoes

THURSDAY

- Cheese v or Egg Mayo v
- Apple Slaw & Sweetcorn 👽
- Fruit Salad & Natural Yoghurt 🕟 or Cheese & Biscuits

Spicy Bean Burger in a Bun 👽

- Battered Pollock with Chips -
- Jacket Potato with Cheese 🔍, Baked Beans 👽 or Tuna Mayo 📥
- Baked Beans & Garden Peas 👽
- Orange Jelly & Mandarins 🔻

WEEK COMMENCING: 17TH JANUARY, 7TH & 28TH FEBRUARY & 21ST MARCH TUESDAY WEDNESDAY **THURSDAY**

MONDAY

- Tarka Dahl with Rice 🥺
- Thai Hoi Sin 👽 Vegetable Noodles
- Cheese V or Egg Mayo V
 - Carrots & Cauliflower 👽
- Carrot Cake V

Iollof Rice 👀

- Roasted Veggie Strips 👽 with Roast Potatoes
- Jacket Potato with Cheese 🔍, Baked Beans 🥸 or Tuna Mayo 📥
 - Broccoli & Parsnips 👽
 - Apple Crumble with Custard V

Roast Vegetable Calzone 👽

- Margherita Pizza 🖤
- Baguette with Tuna Mayo 🛁 Cheese V or Egg Mayo V
 - Coleslaw & Sweetcorn 👀
- Fruit Salad & Natural Yoghurt 🖤 or Cheese & Biscuits

FRIDAY

- Vegetable Lasagne 👽
- Fish Fingers with Chips
- Jacket Potato with Cheese V, Baked Beans 🥸 or Salmon Mayo 🛁
 - Baked Beans & Garden Peas 👀
 - Strawberry or Peach Yoghurt

All our Milk. Beef Mince. Yoghurts & Bread is Organic



All our Meat is UK Farm Assured

YOUR SCHOOL LUNCHES ARE:

DELICIOUSLY HEALTHY CHOICES

This Term Features...

20 NEW SALADS!

Did you know pupils get to choose from a selection of five salads every day? We've just made the salad bar even tastier with these additional options!

WASTE-LESS RECIPES

Ensuring our menus are as sustainable as possible is important to us, which is why we're introducing recipes that minimise food waste and use up 'left over' ingredients. Here's an example! Why not give it a go?



Charlotte Quick, Company Nutritionist, explains a little about how we build our menus

WE HAVE INCREASED THE NUMBER OF PLANT **BASED DISHES ON OUR MENUS BY 20%**



WE DON'T ADD ANY SALT TO **OUR RECIPES...**

We use herbs, lemon juice and other natural ingredients to add flavour.



THERE ARE NOW EVEN MORE **VEGGIES ON OUR MENUS**

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!



MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

Click on the video to hear from Jane and Duncan, two of our awesome chefs, as they prepare one of our delicious recipes!



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food

Check out this tasty sweet potato, lentil and chickpea curry recipe!



Terrific Value

EVERY CHILD IN KS1



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



FOR KS2 CHILDREN. OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the value of school lunches



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

INTRODUCING YOUR **NEW MENU**

Welcome to your new menu, which has been created so your child can enjoy a delicious, balanced school lunch every day. On this page you'll find some of our dedicated experts talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Thank you and please get in touch if you have any questions or suggestions!



Click here for meal ordering and payment information

CONTACT US:



Payments and Meal Ordering



Nutrition Guidance



General Enquiries

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Feeding Hungry Minds