WEEK COMMENCING: 18/1, 8/2, 1/3 & 22/3

MONDAY Roasted Vegetable Calzone V Vegetable Chilli Con Carne Served with Rice

TUESDAY

Quorn Sausage served with Mashed Potato & Gravy

WEDNESDAY

Roast Thigh Chicken served with Roast Potatoes & Gravv

Macaroni Cheese V

THURSDAY

Shepherdess Pie V

FRIDAY

Fish Fingers & Chips

Fritatta (V)

Halal Option Available

KEY

Vegetarian

Plant Based Vegan Friendly



Sustainable Fish

WEEK COMMENCING: 4/1, 25/1, 8/3 & 29/3

WEDNESDAY

Roast Beef with Roast Potatoes & Gravy

Macaroni Cheese V

THURSDAY

Fry's Strips Honey & Ginger Stir Fry with Noodles

Baked Beans or Tuna

Peas & Roasted Root Vegetables

Battered Fish & Chips

Cheese & Onion Quiche V

FRIDAY

Jacket Potato with Cheese, Baked Beans, Tuna or Salmon

MONDAY TUESDAY

Vegetable & Sweet Potato Bake 🔻

Baked Beans or Tuna

Tarka Dhal with Wholegrain Rice

Baked Beans or Tuna

Vegetable Lasgane 🔻

Jacket Potato with Cheese, Baked Beans or Tuna

WEEK COMMENCING: 11/1, 1/2, 22/2 & 19/3

MONDAY

Red Lentil & Sweet Potato Plait

Vegetable Chilli Con Carne Served with Rice

Jacket Potato with Cheese, Baked Beans or Tuna

Carrots & Green Beans

Fruit Platter

TUESDAY

Meatballs in a Tomato Sauce served with Penne Pasta

Lentil Loaf 🗽

Jacket Potato with Cheese, Baked Beans or Tuna

Broccoli & Roasted Mediterranean Vegetables Pineapple Upsidedown Cake with Custard

WEDNESDAY

Roast Lemon & Garlic Chicken Thigh served with Roast Potatoes & Gravy

Macaroni Cheese 🔻

Jacket Potato with Cheese, Baked Beans or Tuna

Carrots & Green Cabbage

Yoghurt Bar

THURSDAY

Beef Pasta Bolognese

Quorn Penne Bolognese V

Jacket Potato with Cheese, Baked Beans or Tuna

Sweetcorn & Cauliflower

Lemon & Courgette Muffin

FRIDAY

Fish Fingers & Chips

Quorn Frankfurter V

Jacket Potato with Cheese, Baked Beans, Tuna or Salmon

Peas & Baked Beans

Fresh Fruit Salad



HOT MEALS ARE BACK! introducing your new menu

THANK YOU

This academic year has been like no other, which is why school lunches might have been a bit different recently. We'd like to say a big thank you for your support whilst we've been establishing the best approach for your school.

Where we've temporarily introduced packed lunches, we've been working hard behind the scenes to safely reintroduce hot meals.

We're now pleased to share the new menu with you, along with some of the great benefits school lunches can offer children and families!

WELLFOR WNTER

Eating well helps to build and maintain healthy immune systems, which is why we think it's so important children can enjoy healthy, warming lunches at school, wherever possible.

We know it's a difficult time for most right now so want to highlight five ways school meals have the power to support you and your child this winter.



YOUR SCHOOL LUNCHES ARE:





From implementing Covid-19 safety measures, to carefully catering for a range of special dietary needs, the safety of our people and diners is always our top priority. Our health and safety experts make sure our catering teams have everything they need to run a safe service each day and support them with risk assessments and regular service reviews.



Check out our 'back to school' quide for parents and carers to hear from our management and nutrition specialists.

3 EVEN HEALTHIER - AND STILL DELICIOUS!

WE'VE REDUCED SUGAR IN OUR MENUS **THROUGH SWAPS FOR LOWER SUGAR DESSERTS SUCH AS** YOGHURT AND FRUIT



WE DON'T ADD ANY SALT TO **OUR RECIPES...**

We use herbs, lemon juice and other natural ingredients to add flavour.



THERE ARE NOW EVEN MORE **VEGGIES ON OUR MENUS**

We've committed to upping our veg count and are proud Peas Please pledgers. Find out more here!



WE'VE INTRODUCED MORE PLANT-BASED OPTIONS

So children have more choice when it comes to enjoying meatfree meals which can provide more fibre & less saturated fat!



MADE FROM GREAT INGREDIENTS. BY AWESOME PEOPLE



Over 85% of our dishes are freshly prepared each day



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible a fact we love to show off through our partnership with Love British Food.

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.





...AND ABSOLUTELY FREEFOR MANY **INCLUDING EVERY CHILD IN KS1!**



choosing free school meals If your child is in key stage 1 or your family is entitled to certain benefits could save you around £400 every year.



For KS2 bildren, our meals offer great value Few places offer homemade

two course meals made from great ingredients at such a good price.



CLICK HERE TO FIND **OUT HOW** MUCH YOU CAN SAVE

TOP TIME SAVERS



Leave the challenge of creating exciting lunches every day to us save time on shopping and chopping!

CONTACT US:

Nutrition Guidance



General Enquiries

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