
















YOUR LUNCH MENU!







WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mozzarella & Tomato Puff Squares with Boiled Potatoes 	Beef Hot Pot with Steamed Rice 	Roast Chicken with Gravy & Roast Potatoes	Beef Chilli Con Carne with Steamed Rice 	Fish Fingers & Chips 
Tarka Dahl with Steamed Rice	Chickpea & Mixed Vegetable Spicy Rice 	Butterbean & Vegetable Pattie with Roast Potatoes & Gravy 	Vegetable Bean Chilli with Steamed Rice 	Cheese & Broccoli Quiche with Chips 
Jacket Potato Bar	Jacket Potato Bar	Jacket Potato Bar	Jacket Potato Bar	Jacket Potato Bar
Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad
Sweetcorn & Broccoli	Peas & Cauliflower	Carrots & Green Beans	Sweetcorn & Roasted Mediterranean Vegetables	Peas & Baked Beans
Fresh Fruit Platter	Apple & Berry Crumble Custard	Yoghurt Bar	Lemon Shortbread with Vanilla Ice Cream	Fresh Fruit Salad

WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Honey & Ginger Vegetable Strips Stir Fry with Egg Noodles 	Beef Lasagne	Roast Turkey with Gravy & Roast Potatoes	Thai Red Chicken Curry with Steamed Rice	Battered Pollock with Chips & Homemade Tartar Sauce 
Goan Vegetable Curry with Steamed Rice 	Roast Vegetable Lasagne 	Butterbean & Vegetable Pattie with New Potatoes & Gravy 	Chickpea & Mixed Vegetable Balti 	Cheese & Broccoli Quiche with Chips 
Jacket Potato Bar	Jacket Potato Bar	Jacket Potato Bar	Jacket Potato Bar	Jacket Potato Bar
Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad
Carrots & Vegetable Medley	Green Beans & Cauliflower	Carrots & Green Cabbage	Sweetcorn & Broccoli	Peas & Baked Beans
Fresh Fruit Platter	Pear & Mixed Berry Crumble Pie with Custard	Yoghurt Bar	Peaches & Fruit Melba Sauce with Ice Cream	Fresh Fruit Salad

WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tarka Dahl with Steamed Rice	Chicken Sausages with Gravy & Roast Potatoes	Roast Chicken Breast with Gravy & Roast Potatoes	Kheema Beef Curry with Steamed Rice	Breaded Pollock with Chips 
Butterbean & Vegetable Tagine with Cous Cous 	Quorn Sausages with Gravy & Roast Potatoes 	Butterbean & Vegetable Pattie with Roast Potatoes & Gravy 	Macaroni & Cheese 	Cheese & Broccoli Quiche with Chips 
Jacket Potato Bar	Jacket Potato Bar	Jacket Potato Bar	Jacket Potato Bar	Jacket Potato Bar
Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad	Fresh Bread & Daily Salad
Carrots & Green Beans	Peas & Cauliflower	Carrots & Broccoli	Sweetcorn & Roasted Mediterranean Vegetables	Peas & Baked Beans
Fresh Fruit Platter	Apple & Banana Cake with Custard	Yoghurt Bar	Lemon Shortbread with Vanilla Ice Cream	Fresh Fruit Salad

KEY



Vegetarian



Plant Based
Vegan Friendly



MSC Fish