

# Week One

Monday

**Choose From**

- Beef Spaghetti Bolognese **O**
- Macaroni Cheese **HM**
- Jacket Potato with Tuna Mayonnaise

**On the Side**

- Green Beans & Carrots
- Something Sweet**
- Apple Crumble **HM** & Custard

Tuesday

**Choose From**

- Sticky Lemon Chicken **HM FR** with Wholegrain Rice
- Wholemeal Margherita Pizza **HM**
- Vegetable Bean Chilli **HM** with Potato Wedges

**On the Side**

- Broccoli & Sweetcorn
- Something Sweet**
- Lemon Drizzle Cake **HM**

Wednesday

**Choose From**

- Roast Gammon with **HM**
- Roast Potatoes & Gravy
- Vegetarian Sausage served with Gravy & Roast Potatoes **HM**
- Neapolitan Pasta **HM** served with Cheese

**On the Side**

- Roasted Mediterranean Vegetables & Green Beans
- Something Sweet**
- Oat Dream Cookie

Thursday

**Choose From**

- Chicken & Sweetcorn **HM**
- Potato topped Pie **HM**
- Tomato & Vegetable **HM**
- Ragu served with Rice
- Jacket Potato with Baked Beans

**On the Side**

- Cauliflower & Carrots
- Something Sweet**
- Peach Sponge **HM** & Custard

Friday

**Choose From**

- Battered Fish **HM** served with Chips
- Vegetable Tagine served with Wholegrain Rice **HM**
- Wholemeal Cheese **HM** & Red Onion Quiche

**On the Side**

- Baked Beans & Peas
- Something Sweet**
- Apple Flapjack **HM**

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

**Yeo Valley**  
Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS

All of our fish is **SUSTAINABLY SOURCED!**

WEEK COMMENCING: 31ST OCT / 21ST NOV / 12TH DEC / 9TH JAN / 30TH JAN / 27TH FEB / 20TH MAR



MSC-C-50236

# Week Two

Monday

**Choose From**

- Wholemeal Spicy Beef Pizza
- Quorn Meatballs in Tomato Sauce served with Spaghetti **HM**
- Jacket Potato with Coleslaw

**On the Side**

- Broccoli & Carrots
- Something Sweet**
- Apple Pie **HM** & Custard

Tuesday

**Choose From**

- Jamaican Jerk Chicken **HM** with Rice & Peas
- Roasted Vegetable Lasagne **HM**
- Lamb Hotpot **HM**

**On the Side**

- Green Beans & Cauliflower
- Something Sweet**
- Sticky Toffee Pudding **HM** & Vanilla Sauce

Wednesday

**Choose From**

- Roast Turkey served with **HM**
- Roast Potatoes & Gravy
- Vegetable Tikka Masala **HM** with Wholegrain Rice
- Roasted Vegetable **HM** & Bean Wrap

**On the Side**

- Roast Root Vegetables & Butternut Squash
- Something Sweet**
- Toffee Frozen Yoghurt

Thursday

**Choose From**

- Cottage Pie **HM**
- Vegetarian Pasta Bolognese **HM**
- Vegetable Risotto **HM**

**On the Side**

- Sweetcorn & Carrots
- Something Sweet**
- Pineapple Upside Down **HM**
- Sponge & Custard

Friday

**Choose From**

- Battered Fish **HM** served with Chips
- Winter Vegetable Puff **HM** served with Chips
- Roasted Vegetable **HM**
- Pasta with Cheese

**On the Side**

- Baked Beans & Peas
- Something Sweet**
- Crispy Cornflake Cake **HM**

We use **ORGANIC MILK** in all of our homemade dishes!



All of our cheese is **RED TRACTOR**, which means it can be traced from farm gate to school plate!

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

WEEK COMMENCING: 07TH NOV / 28TH NOV / 19TH DEC / 16TH JAN / 06TH FEB / 06TH MAR / 27TH MAR

# Week Three

Monday

**Choose From**

- Pork Sausage with Mashed Potato & Onion Gravy
- Jacket Potato with Vegetable & Bean Chilli
- Salmon & Broccoli Pasta Bake **HM**

**On the Side**

- Peas & Swede
- Something Sweet**
- Baked Rice Pudding **HM**

Tuesday

**Choose From**

- Beef Lasagne **HM**
- Vegetable & Chickpea Jambalaya **HM**
- Mexican Rice Wrap **HM**

**On the Side**

- Carrots & Broccoli
- Something Sweet**
- Peach Crumble **HM** & Custard

Wednesday

**Choose From**

- Roast Turkey served with **HM**
- Roast Potatoes & Gravy
- Cheese, Tomato & Basil Tart **HM** served with Roast Potatoes
- Macaroni Cheese **HM**

**On the Side**

- Roast Root Vegetables & Sweetcorn
- Something Sweet**
- Ice Cream

Thursday

**Choose From**

- Jacket Potato with **HM**
- Lamb Chilli con Carne
- Shepherdess Pie **HM**
- Vegetable Chow Mein **HM**

**On the Side**

- Green Beans & Cauliflower
- Something Sweet**
- Chocolate & Pear Eve's **HM**
- Pudding & Custard

Friday

**Choose From**

- Battered Fish **HM** served with Chips
- Spicy Bean Burger served with Chips **HM**
- Chickpea Lentil & Potato Curry served with Wholegrain Rice **HM**

**On the Side**

- Baked Beans & Peas
- Something Sweet**
- Strawberry Milk Jelly

WEEK COMMENCING: 14TH NOV / 5TH DEC / 2ND JAN / 23RD JAN / 20TH FEB / 13TH MAR

Free Range Chicken **FR**  
Organic Beef **O**  
MSC Certified **MSC**  
Homemade **HM**

CHILLED DRINKING WATER IS ALWAYS AVAILABLE

EGGS  
All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

All our meat is **RED TRACTOR, FREE RANGE OR ORGANIC!**