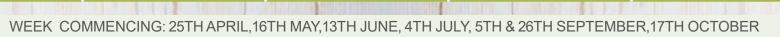
WEEK COMMENCING:18TH APRIL, 9TH MAY, 6TH & 27TH JUNE,18TH JULY, 29TH AUGUST,19TH SEPTEMBER,10TH OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Goan Vegetable Curry with Rice 🕏	Quorn Sausage with Mashed Potato & Gravy 🔻	Cheese & Onion Flan with New Potatoes 🔻	Cheese & Tomato Pinwheel with Roast Potatoes & Gravy	Jacket Potato with Salmon or Tuna Mayo 🎿
Macaroni Cheese 🔻	Lemon & Garlic Chicken Thigh with Mashed Potatoes & Gravy	Lamb & Onion Pie topped with Puff Pastry with New Potatoes & Gravy	Roast Chicken with Roast Potatoes & Gravy	Margherita Pizza with Chunky Chips ▼
Fresh Broccoli & Sweetcorn 🔊	Peas & Fresh Cauliflower ❖	Green Beans & Butternut Squash �	Carrots & Savoy Cabbage 🕏	Baked Beans & Sweetcorn ♥
Oat Dream Cookie 🔻	Strawberry Jelly with Watermelon & Wedges ▼	Lemon Drizzle Cake 🔻	Chocolate Sponge with Chocolate Sauce v	Peach & Fruit Melba with Ice Cream ♥



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese & Tomato Pasta v	Rajma Masala with Rice ᡐ	Vegetable Chow Mein ❖	Mixed Bean Vegetable Ragu with Potato Wedges ❖	Honey & Vegetable Strips with Noodles v
Vegetable Biryani ❖	Chicken Korma with Rice	Lamb Meatballs with Spaghetti in a Tomato Sauce	Peri Peri Chicken with Potato Wedges	Fish Fingers with Chunky Chips 🎿
Cauliflower & Green Beans 🔊	Carrots & Peas 🕈	Fresh Broccoli & Butternut Squash ❖	Sweetcorn & Carrots 🔊	Baked Beans & Peas 💀
Strawberry & Vanilla Mousse v	Peach & Cherry Cobbler with Custard 🔻	Vanilla Sponge with Apple Compote v	Oat & Raisin Cookie with Orange Wedges _v	Toffee Frozen Yoghurt ▼

WEEK COMMENCING: 2ND & 23RD MAY. 20TH JUNE.11TH JULY.12TH SEPTEMBER. 3RD OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket Potato with Cheese ▼ Baked Beans ♥ Tuna Mayo 🎿	Spinach & Lentil Dahl With Rice Ƴ	Vegetable Lasagne with Garlic Bread ❖	Roasted Vegetable & Lentil Loaf with Roast Potatoes & Gravy ▼	Cauliflower & Broccoli Bake with Chunky Chips 🔻
Sweetcorn Pizza with Potato Wedges 🔻	Chicken Tikka Masala with Rice & Naan Bread	Lamb Lasagne with Garlic Bread	Roast Chicken with Roast Potatoes & Gravy	Breaded Fish with Chunky Chips 🚾
Peas & Roasted Butternut Squash 💀	Fresh Cauliflower & Green Beans 🔊	Broccoli & Sweetcorn 🐶	Carrots & Savoy Cabbage 🔊	Baked Beans and Peas 😚
Chocolate & Vanilla Mousse ▼	Eves Pudding 🔻	Fresh Fruit Salad v	Fruity Flapjack ▼	Oaty Apple Crumble with Custard 🔻



KEY

Vegetarian

Plant Based Vegan Friendly

marine

Sustainably

Caught Fish





Assured



Look out for our new app. designed to make ordering and paying for meals even easier!

Click here for meal ordering and payment information

BETTER FOR YOU, BETTER FOR THE PLANET

Welcome to our healthiest menu yet!

We've been working hard to improve our recipes so that they're still delicious but also better for you and the planet! One way we've done this is by adding more plant based proteins such as red lentils and cannellini beans and that's meant...



WE'VE REDUCED SATURATED FAT PER PORTION



LENTILS & BEANS WHICH CONTRIBUTE **TOWARDS PUPILS'** 5-A-DAY



WE'VE INCREASED FIRRE BY AROUT PER PORTION



Spaghetti Bolognese is a family favourite, our take on this classic will prove just as popular but is better for you & the planet!



Our nutritionists talk about the benefits of the new recipes!





CONTACT US:

We've reduced our CO²

emissions by an average of

420g per meal

with these new recipes!

That's the equivalent of

driving a medium sized

petrol car for almost a mile.



WHY NOT TRY ONE OF

OUR RECIPES AT HOME?

Payments and Meal Ordering

FOLLOW US:



@ISS Education

MADE FROM GREAT INGREDIENTS. BY AWESOME PEOPLE!



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

Terrific

...AND ABSOLUTELY FREE FOR MANY, INCLUDING **EVERY CHILD IN KS1!**



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares he thoughts on the value of school lunches

