

WEEK COMMENCING: 2nd November, 23rd November, 14th December, 18th January, 8th February, 8th March, 29th March

WEEK 1

MONDAY


Shepherdess Pie with Jacket Wedges 

Margherita Pizza with Jacket Wedges 

Peas & Cauliflower

Fruit Salad
or Cheese & Crackers

TUESDAY

Beef Pasta Bolognese 

Cheese & Tomato Puff Squares with Crushed Potatoes 

Sweetcorn & Broccoli

Fruit Salad
or Cheese & Crackers

WEDNESDAY

Chicken Sausage with Mashed Potato & Gravy 


Three Bean Casserole with Mashed Potato 

Green Beans & Sweetcorn

Fruit Salad
or Cheese & Crackers

THURSDAY

Fish Fingers & Chips 

Tarka Dhal with Rice 

Peas & Baked Beans

Frozen Toffee Yoghurt
or Fruit or Cheese & Crackers

FRIDAY

Sandwiches - Cheese, Tuna, Egg or Cream Cheese & Cucumber


Vegetable Sticks


Fruity Flapjack & a Piece of Fruit

WEEK COMMENCING: 9th November, 30th November, 4th January, 25th January, 22nd February, 15th March

WEEK 2

MONDAY

Cheese & Onion Flan with Crushed Potatoes 


Vegetable & Lentil Pasta Bolognese 

Green Beans & Sweetcorn

Fruit Salad
or Cheese Crackers

TUESDAY


Chicken Curry with Rice 


Chickpea & Mixed Vegetable Balti with Rice 

Peas & Cauliflower

Fruit Salad
or Cheese & Crackers

WEDNESDAY

Beef Cottage Pie 

Margherita Pizza with Potato Wedges 


Jacket Potato with Salmon Mayonnaise

Vegetable Medley

Fruit Salad
or Cheese & Crackers

THURSDAY

Battered Fish & Chips 

Cheese & Tomato Pinwheel 

Peas & Baked Beans

Frozen Toffee Yoghurt
or Fruit or Cheese & Crackers

FRIDAY

Sandwiches - Cheese, Tuna, Egg or Cream Cheese & Cucumber

Vegetable Sticks

Lemon & Courgette Muffin & a Piece of Fruit

WEEK COMMENCING: 16th November, 7th December, 11th January, 1st February, 1st March, 22nd March

WEEK 3

MONDAY

Macaroni Cheese 

Butterbean & Vegetable Tagine with Couscous 

Carrots & Cauliflower

Fruit Salad
or Cheese & Crackers

TUESDAY

Sweet & Sour Chicken with Rice 

Vegetable Chilli with Rice 

Sweetcorn & White Cabbage

Fruit Salad
or Cheese & Crackers

WEDNESDAY

Beef Burger in a Bun with Jacket Wedges 

Quorn Burger in a Bun with Jacket Wedges 

Green Beans & Sweetcorn

Fruit Salad
or Cheese & Crackers

THURSDAY

Fish Fingers & Chips 

Cheese & Leek Pasty with Chips 

Peas & Baked Beans

Frozen Toffee Yoghurt
or Fruit or Cheese & Crackers

FRIDAY

Sandwiches - Cheese, Tuna, Egg or Cream Cheese & Cucumber

Vegetable Sticks

Marble Sponge & a Piece of Fruit

KEY



Vegetarian



Plant Based
Vegan Friendly



Halal Option
Available



MSC Fish

HOT MEALS ARE BACK!

INTRODUCING YOUR NEW MENU

THANK YOU

This academic year has been like no other, which is why school lunches might have been a bit different recently. We'd like to say a big thank you for your support whilst we've been establishing the best approach for your school.

Where we've temporarily introduced packed lunches, we've been working hard behind the scenes to safely reintroduce hot meals.

We're now pleased to share the new menu with you, along with some of the great benefits school lunches can offer children and families!

WELL FOR WINTER

Eating well helps to build and maintain healthy immune systems, which is why we think it's so important children can enjoy healthy, warming lunches at school, wherever possible.

We know it's a difficult time for most right now so want to highlight five ways school meals have the power to support you and your child this winter.



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

YOUR SCHOOL LUNCHES ARE:

Click here for Meal Ordering and Payment information

1 SUPER SAFE


From implementing Covid-19 safety measures, to carefully catering for a range of special dietary needs, the safety of our people and diners is always our top priority. Our health and safety experts make sure our catering teams have everything they need to run a safe service each day and support them with risk assessments and regular service reviews.



Check out our 'back to school' guide for parents and carers to hear from our management and nutrition specialists.

2 MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE




Over 85% of our dishes are freshly prepared each day 

The menus are accredited by the Soil Association – meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.


Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences. 

3 EVEN HEALTHIER – AND STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%



WE DON'T ADD ANY SALT TO OUR RECIPES...


We use herbs, lemon juice and other natural ingredients to add flavour. 

THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count and are proud Peas Please pledgers. Find out more here!



WE'VE INTRODUCED MORE PLANT-BASED OPTIONS

So children have more choice when it comes to enjoying meat-free meals which can provide more fibre & less saturated fat! 

4 TERRIFIC VALUE

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits – could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

5 TOP TIME SAVERS



Leave the challenge of creating exciting lunches every day to us – save time on shopping and chopping!

CONTACT US:

 Payments and Meal Ordering

 Nutrition Guidance

 General Enquiries

FOLLOW US:



@ISS_Education



@ISSFoodServices