

## Week One

Monday

### Choose From

- Margherita Pizza
- Sweet Potato & Lentil Curry & Rice
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Orange Shortbread

**MEAT FREE MONDAY**

### Main Meal Options

- Meat or Fish
- Halal
- Vegetarian
- Alternative

Tuesday

### Choose From

- Beef & Onion Gravy Pie & Mashed Potato
- Vegetable & Lentil Bolognese with Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Fresh Fruit Salad

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Wednesday

### Choose From

- Roast Chicken with Roast Potatoes & Gravy
- Winter Vegetable & Butterbean Puff Pastry Square with Roast Potatoes & Gravy
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Lemon Drizzle Cake



Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS

Thursday

### Choose From

- BBQ Pork & Rice
- Winter Vegetable Soup
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Eve's Pudding & Custard

Friday

### Choose From

- Fish Fingers & Chips
- Homemade Spicy Bean Burger & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Banana & Courgette Muffin

All of our fish is SUSTAINABLY SOURCED!

WEEK COMMENCING:

31ST OCT, 21ST NOV, 12TH DEC, 16TH JAN, 6TH FEB, 6TH MARCH, 27TH MARCH



MSC-C-50236

Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

## Week Two

Monday

### Choose From

- Macaroni Cheese
- Vegetable & Chickpea Jambalaya
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Oat & Raisin Cookie

**MEAT FREE MONDAY**

Tuesday

### Choose From

- Pork Sausages & Potato Wedges
- Roasted Vegetable Lasagne
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Rice Pudding with Apple

We use **RED TRACTOR MILK** in all of our homemade dishes!

Wednesday

### Choose From

- Roast Beef with Roast Potatoes & Yorkshire Pudding
- Vegetarian Sausage with Roast Potato, Yorkshire Pudding & Gravy
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Rice Crispy Cake

We use Red Tractor cheese, which means it can be traced from farm gate to school plate!



Thursday

### Choose From

- Chicken Korma & Rice
- Cheese & Leek Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Jelly & Mandarins

A DAILY CHOICE OF FRESH WHOLEMEAL & WHITE CRUSTY BREAD

Friday

### Choose From

- Salmon Fish Fingers & Chips
- Margherita Pizza & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Sticky Toffee Pudding & Custard

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

## Week Three

Monday

### Choose From

- Cheese & Sweetcorn Potato Boats
- 3 Bean Casserole & Sweetcorn Dumplings
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Carrot Cake & Frosting

**MEAT FREE MONDAY**

Tuesday

### Choose From

- Pork Sausage & Pasta Casserole
- Quorn Cottage Pie
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Chocolate Fudge Pudding & Chocolate Sauce



CHILLED DRINKING WATER IS ALWAYS AVAILABLE

Wednesday

### Choose From

- Roast Gammon with Roast Potatoes
- Vegetable, Bean & Cheese Crumble with Roast Potatoes
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Banana Flapjack



All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

Thursday

### Choose From

- Beef Chilli Con Carne & Rice
- Neapolitan Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Mixed Berry Sponge & Custard

All our meat is **UK FARM ASSURED**



Friday

### Choose From

- Battered Fish & Chips
- Winter Vegetable Quiche & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

### On the Side

Seasonal Vegetables

### Something Sweet

Apple Pie & Cream

WEEK COMMENCING:

14TH NOV, 5TH DEC, 9TH JAN, 30TH JAN, 27TH FEB, 20TH MARCH

