

Week One

Monday

Choose From

- Chicken Korma served with Rice
- Quorn & Vegetable Pasta Bake

On the Side

Peas & Carrots
Something Sweet
Individual Ice Cream Tub or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Tuesday

Choose From

- Homemade Beef or Lamb Burger * with Cajun Potato Wedges
- Homemade Vegetable Burger with Cajun Potato Wedges

On the Side

Broccoli & Sweetcorn
Something Sweet
Apple & Cinnamon Sponge & Custard or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Wednesday

Choose From

- Roast Chicken Breast with Gravy Yorkshire Pudding & Roast Potatoes
- Cauliflower & Broccoli Cheese Gratin

On the Side

Green Beans & Carrots
Something Sweet
Strawberry Jelly or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Thursday

Choose From

- Mixed Vegetable & Cheese Enchilada with Crushed Potatoes
- Cheese & Red Onion Pizza

On the Side

Mixed Green Salad & Sweetcorn
Something Sweet
Apricot Tiffin or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Friday

Choose From

- Fish Fingers served with Oven Chips
- Chickpea, Lentil & Potato Curry served with Rice

On the Side

Baked Beans & Peas
Something Sweet
Fresh Fruit Salad & Natural Yoghurt or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Main Meal Options

- Meat
- Halal (where available)
- Vegetarian

* at school's discretion

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Yeo Valley
Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS

MEAT FREE THURSDAY



All of our fish is **SUSTAINABLY SOURCED!**

WEEK COMMENCING: 11TH APRIL, 2ND & 23RD MAY, 20TH JUNE, 11TH JULY, 5TH & 26TH SEPT, 17TH OCT



MSC-C-50236

Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

Week Two

Monday

Choose From

- Chicken Sausage with Gravy & Mashed Potato
- Quorn Sausage with Gravy & Mashed Potato

On the Side

Broccoli & Sweetcorn
Something Sweet
Fruit Fool & Shortbread or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Tuesday

Choose From

- Lamb or Beef * Spaghetti Bolognese
- Cheese Lentil & Tomato Pinwheel with Potato Wedges

On the Side

Green Beans & Carrots
Something Sweet
Chocolate & Beetroot Brownie & Berry Sauce or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Wednesday

Choose From

- Roast Turkey & Gravy served with Roast Potatoes
- Macaroni Cheese

On the Side

Cauliflower & Peas
Something Sweet
Frozen Toffee Yoghurt Tub or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Thursday

Choose From

- Butternut Squash Pasta Bake
- Pepper & Sweetcorn Pizza

On the Side

Mixed Green Salad & Roasted Mediterranean Vegetables
Something Sweet
Lemon & Courgette Cake & Custard or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Friday

Choose From

- Oriental Sticky Salmon Wrap or Fish Fingers served with Oven Chips
- Quorn Stir Fry with Noodles

On the Side

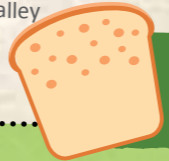
Baked Beans & Peas
Something Sweet
Bananas & Chocolate Custard or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

WEEK COMMENCING: 18TH APRIL, 9TH MAY, 6TH & 27TH JUNE, 18TH JULY, 12TH SEPT, 3RD OCT



We use **ORGANIC MILK** in all of our homemade dishes and offer it as a drink too!

We use **RED TRACTOR CHEESE**, which means it can be traced from farm gate to school plate!



A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites in Spring & Summer are carrots, onions, cauliflower, courgette and tomatoes!



Week Three

Monday

Choose From

- Beef or Lamb Kheema * Curry served with Rice
- Honey & Ginger Stir Fry served with Rice

On the Side

Broccoli & Carrots
Something Sweet
Peach Crumble & Custard or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Tuesday

Choose From

- Spanish Chicken served with Pasta
- Summer Vegetable Quiche served with Crushed Potatoes

On the Side

Leeks & Red Pepper & Peas
Something Sweet
Lemon Drizzle Cake or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Wednesday

Choose From

- Roast Lamb & Gravy served with Roast Potatoes
- Quorn Puff & Gravy served with Roast Potatoes

On the Side

Green Cabbage & Carrots
Something Sweet
Fruit Salad & Natural Yoghurt or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Thursday

Choose From

- Quorn Meatballs served with Spaghetti
- Margherita Pizza

On the Side

Sweetcorn & Cauliflower
Something Sweet
Apricot Flapjack or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

Friday

Choose From

- Fish Fingers served with Oven Chips
- Roasted Vegetable Pasta Bake

On the Side

Baked Beans & Peas
Something Sweet
Rice Pudding or Organic Yeo Valley Yoghurt Pot or Fresh Fruit Selection

WEEK COMMENCING: 25TH APRIL, 16TH MAY, 13TH JUNE, 4TH JULY, 29TH AUG, 19TH SEPT, 10TH OCT



CHILLED DRINKING WATER IS ALWAYS AVAILABLE

EGGS

All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

All our meat is **UK FARM ASSURED**

