

# Week One

Monday

**Choose From**

- Jamaican Jerk Chicken with Rice & Peas
- Vegetable & Lentil Penne Bolognese
- Cream Cheese, Leek & Bean Risotto

**On the Side**

Green Beans & Sweetcorn

**Something Sweet**

Ice Cream

Tuesday

**Choose From**

- Shepherd's Pie
- Macaroni Cheese
- Jacket Potato & Vegetable Curry

**On the Side**

Cauliflower & Carrots

**Something Sweet**

Eve's Pudding & Custard

Wednesday

**Choose From**

- Roast Chicken Breast with Gravy Yorkshire Pudding & Roast Potatoes
- Vegetable, Bean & Cheese Crumble
- Vegetable Pasta

**On the Side**

Roasted Carrots & Peas

**Something Sweet**

Apricot Flapjack

Thursday

**Choose From**

- Vegetable Chow Mein
- Margherita Pizza
- Vegetarian Sausage Pasta in a Tomato Sauce

**MEAT FREE THURSDAY**

**On the Side**

Broccoli & Sweetcorn

**Something Sweet**

Chocolate Shortbread

Friday

**Choose From**

- Fish Fingers served with Chips
- Tortilla Stack
- Jacket Potato & Cheese

**On the Side**

Baked Beans & Peas

**Something Sweet**

Fresh Fruit Salad & Honey Yoghurt

**Main Meal Options**

- Meat
- Halal (where available)
- Vegetarian
- Alternative

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

**Yeo Valley**  
Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS

All of our fish is **SUSTAINABLY SOURCED!**

WEEK COMMENCING: NOV 2ND, NOV 23RD, DEC 14TH, JAN 11TH, FEB 1ST, FEB 29TH, MARCH 21ST



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# Week Two

Monday

**Choose From**

- Chicken Sausage with Gravy & Potato Wedges
- Vegetarian Sausage with Gravy & Potato Wedges
- Mixed Vegetable & Chickpea Stir Fry with Noodles

**On the Side**

Peas & Carrots

**Something Sweet**

Frozen Toffee Yoghurt

Tuesday

**Choose From**

- Lamb Kheema Curry served with Rice
- Vegetable Tagine
- Quorn & Vegetable Pasta Bake

**On the Side**

Broccoli & Cauliflower

**Something Sweet**

Chocolate & Banana Loaf & Chocolate Custard

Wednesday

**Choose From**

- Roast Turkey & Gravy served with Roast Potatoes
- Quorn Puff served with Roast Potatoes
- Quorn & Vegetable Enchiladas

**On the Side**

Roasted Carrots & Green Beans

**Something Sweet**

Apple Crumble & Custard

Thursday

**Choose From**

- Layered Potato Bake
- Cheese & Red Onion Pizza
- Vegetable Bean Chilli served with Rice

**MEAT FREE THURSDAY**

**On the Side**

Sweetcorn & Green Beans

**Something Sweet**

Orange & Carrot Muffin

Friday

**Choose From**

- Breaded White Fish served with Chips
- Cheese, Tomato & Basil Tart
- Jacket Potato & Cheese

**On the Side**

Baked Beans & Peas

**Something Sweet**

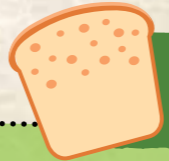
Fresh Fruit Salad & Honey Yoghurt

WEEK COMMENCING: NOV 9TH, NOV 30TH, DEC 22ND, JAN 18TH, FEB 8TH, MARCH 7TH



We use **ORGANIC MILK** in all of our homemade dishes and offer it as a drink too!

We use **RED TRACTOR CHEESE**, which means it can be traced from farm gate to school plate!



A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!



# Week Three

Monday

**Choose From**

- Southern Baked Crispy topped Chicken & Cajun Potato Wedges
- Sweet Potato & Lentil Curry served with Rice
- Cheese & Red Onion Quiche

**On the Side**

Carrots & Sweetcorn

**Something Sweet**

Toffee Frozen Yoghurt

Tuesday

**Choose From**

- Lamb & Spinach Lasagne & Homemade Garlic Bread
- Jacket Potato topped with Cheese or Salmon Mayonnaise
- Quorn Spaghetti Pasta Bolognese

**On the Side**

Cauliflower & Green Beans

**Something Sweet**

Chocolate Cornflake Crispy

Wednesday

**Choose From**

- Roast Chicken & Gravy served with Roast Potatoes
- Roasted Vegetable Wrap
- Vegetable & Chickpea Jambalaya

**On the Side**

Broccoli & Carrot & Swede

**Something Sweet**

Apple Pie & Custard

Thursday

**Choose From**

- Quorn Paella
- Red Pepper & Sweetcorn Pizza
- Roasted Vegetable Pasta

**MEAT FREE THURSDAY**

**On the Side**

Winter Slaw & Sweetcorn

**Something Sweet**

Apricot Tiffin

Friday

**Choose From**

- Fish Fingers served with Chips
- Sticky Quorn Sausage served with Chips
- Jacket Potato & Cheese

**On the Side**

Baked Beans & Peas

**Something Sweet**

Fruit Fool

WEEK COMMENCING: NOV 16TH, DEC 7TH, JAN 4TH, JAN 25TH, FEB 22ND, MARCH 14TH



CHILLED DRINKING WATER IS ALWAYS AVAILABLE



All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!



All our meat is **UK FARM ASSURED**

