

# Week 1 WEEK COMMENCING: 17TH APR / 8TH MAY / 5TH JUNE / 26TH JUNE / 17TH JULY / 4TH SEPT / 25TH SEPT / 16TH OCT



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
● Beef Burger with Potato Wedges	● Cottage Pie	● Roast Chicken Breast with Roast Potatoes & Gravy	● Chicken Pasta Bake	● Fish Fingers & Chips
● Vegetable & Chickpea Jambalaya	● Sweet Potato Frittata	● Roasted Vegetable Pasta Bake	● Honey & Ginger Soya Strip Stir Fry with Rice	● Falafel & Salad Burger & Chips
● Jacket Potato with Baked Beans	● Jacket Potato with Salmon Mayonnaise	● Jacket Potato with Egg Mayonnaise	● Jacket Potato with Coleslaw	● Jacket Potato with Ratatouille
● Green Beans Sweetcorn	● Green Cabbage Peas	● Carrots Green Vegetable Medley	● Green Cabbage Sweetcorn	● Baked Beans Peas
● Ice Cream	● Peach Crumble with Soya Custard	● Strawberry Jelly & Mandarins	● Chocolate & Banana Brownie	● Apple Pie with Soya Custard

## The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

# Week 2 WEEK COMMENCING: 24TH APR / 15TH MAY / 12TH JUNE / 3RD JULY / 24TH JULY / 11TH SEPT / 2ND OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
● Spaghetti Bolognese	● Beef Hot Pot	● Roast Turkey with Roast Potatoes & Gravy	● Chicken Sausage with Mash & Gravy	● Fish Fingers & Chips
● Vegetarian Spaghetti Bolognese	● Vegetarian Sausage Roll with Sweet Potato Salad	● Vegetable Chow Mein	● Vegetarian Sausage with Mash & Gravy	● Roasted Vegetable & Bean Wrap & Chips
● Jacket Potato with Baked Beans	● Jacket Potato with Tuna Mayo	● Jacket Potato with Egg Mayo	● Jacket Potato with Coleslaw	● Jacket Potato with Ratatouille
● Carrots Green Vegetable Medley	● Cauliflower Peas	● Carrots Green Beans	● Green Cabbage Sweetcorn	● Baked Beans Peas
● Fresh Fruit Salad	● Apple Crumble with Soya Custard	● Strawberry Jelly & Peaches	● Banana & Soya Custard	● Carrot Cake

# Week 3 WEEK COMMENCING: 1ST MAY / 22ND MAY / 19TH JUNE / 10TH JULY / 18TH SEPT / 9TH OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
● BBQ Chicken with Cajun Wedges	● Chicken & Vegetable Pie with Crushed Potatoes & Gravy	● Roast Beef with Roast Potatoes & Gravy	● Beef Kheema Curry with Rice	● Fish Fingers & Chips
● Butternut Squash Risotto	● Vegetable Bean Chilli with Rice	● Vegetable Hot Pot	● Vegetable & Butter Bean Ragù with Pasta	● Mexican Rice Wrap
● Jacket Potato with Baked Beans	● Jacket Potato with Tuna Mayo	● Jacket Potato with Egg Mayo	● Jacket Potato with Coleslaw	● Jacket Potato with Ratatouille
● Carrots Peas	● Broccoli Sweetcorn	● Carrots Green Vegetable Medley	● Cauliflower Sweetcorn	● Baked Beans Peas
● Chocolate & Beetroot Brownie	● Flapjack	● Apple & Berry Mousse	● Lemon Shortbread	● Fresh Fruit Salad

Meat - ● Vegetarian - ● Alternative - ●

