

Week One

Choose From

Jamaican Jerk Chicken with Rice & Peas

Vegetable Bolognese

Cream Cheese, Leek & Bean Risotto

On the Side

Green Beans & Sweetcorn

Something Sweet Ice Cream

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Meat

Vegetarian

Alternative

Choose From

Oriental BBQ Lamb served with Rice

Macaroni Cheese

Choose From

Vegetable, Bean

& Cheese Crumble

OSalmon & Leek Parcels served with New Potatoes

Roast Chicken Breast with Gravy

Cheese & Red Pepper Pasta

Yorkshire Pudding & Roast Potatoes

On the Side

Something Sweet

Ven

Cauliflower & Carrots

Eve's Pudding & Custard

Main Meal

Options

Halal (where available)

On the Side

Roasted Carrots & Peas Something Sweet Apricot Flapjack

DON'T FANCY THE CHOOSE FROM A FRUIT & ORGANI

Choose From

Margherita Pizza

MEAT FREE THURSDAY

Vegetable Chow Mein

O Vegetarian Sausage & Pasta in a Tomato Sauce

Choose From

Fish Fingers served with Chips

Tortilla Stack

Jacket Potato & Cheese

On the Side

Broccoli & Sweetcorn

Something Sweet Chocolate Shortbread

On the Side

Baked Beans & Peas

Something Sweet Chocolate Pear Puddir

& Custard

WEEK COMMENCING: NOV 2ND, NOV 23RD, DEC 14TH, JAN 11TH, FEB 1ST, FEB 29TH, MARCH 21ST

Week Two

On the Side

Peas & Carrots

On the Side.

Something Sweet

Frozen Toffee Yoghurt

Broccoli & Cauliflower

Something Sweet

& Chocolate Custard

Chocolate & Banana Loaf

Choose From

Chicken Sausage with

Gravy & Potato Wedges Vegetarian Sausage with Gravy & Potato Wedges

Mixed Vegetable & Chickpea Stir Fry with Noodles

Choose From

Lamb Kheema Curry served with Rice

Vegetable Tagine Roasted Vegetable

Pasta Bake

Choose From

Roast Turkey & Gravy served with Roast Potatoes

Quorn & Vegetable Pasta Bake

OJacket Potato topped with Winter Slaw

Choose From

■○ Layered Potato Bake

Vegetable Bean Chilli

served with Rice

Cheese & Red Onion Pizza

Roasted Carrots & Green Beans

Apple Crumble & Custard

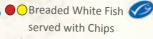
MEATIFREE On the Side

THURSDAY Sweetcorn & Green Beans

Something Sweet

Orange & Carrot Muffin

Choose From



Cheese, Tomato & Basil Tart

Jacket Potato & Cheese

On the Side

Baked Beans & Peas

Something Sweet Fruity Flapjack

& Apple Wedges

We use RED

We use ORGANIC MILK

in all of our homemade

dishes and offer it as a

TRACTOR CHEESE

drink too!



On the Side

Something Sweet

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

We think that BRITISH SEASONAL food

is fresh, tasty and nutritious. Some of our

favourites this season are carrots, cabbage,

onions, cauliflower, swede & beetroot!

Homemade Spicy Bean Burger & Tomato Salsa

Choose From

Red Pepper &

Sweetcorn Pizza

Choose From

Fish Fingers served with Chips

Sticky Quorn Sausage served with Chips

On the Side

Baked Beans & Peas

Fruit Fool

WEEK COMMENCING: NOV 16TH, DEC 7TH, JAN 4TH, JAN 25TH, FEB 22ND, MARCH 14TH

JAN 18TH, FEB 8TH, MARCH 7TH



Choose From

OSouthern Baked Crispy topped Chicken & Cajun Potato Wedges Sweet Potato & Vegetable

Curry served with Rice

Cheese & Red Onion Quiche

Choose From

Lamb & Spinach Lasagne & Homemade Garlic Bread

■ Jacket Potato topped with Cheese or Salmon Mayonnaise

Quorn Spaghetti Pasta Bolognese

Choose From

Roast Chicken & Gravy served with Roast Potatoes

Roasted Vegetable Wrap

Vegetable & Chickpea Jambalaya

Something Sweet

On the Side

Carrot & Swede

Broccoli &

On the Side

Carrots & Sweetcorn

Something Sweet

Peach Crumble

On the Side

Cauliflower & Green Beans

Chocolate Cornflake Crispy

Something Sweet

& Custard

Winter Slaw

& Sweetcorn

Apricot Tiffin

Something Sweet

THURSDAY On the Side

MEAT FREE

of our cakes, quiches

and other homemade

All of our eggs are

We use them in lots

FREE RANGE.

CHILLED DRINKING

WATER IS ALWAYS

AVAILABLE

ASSURED









MSC-C-50236

Jacket Potato & Cheese

Something Sweet