

Week One WEEK COMMENCING: 29 AUG, 19 SEP, 10 OCT, 7 NOV, 28 NOV, 19 DEC, 2 JAN, 23 JAN, 20 FEB, 13 MAR

Monday

Chicken Curry ●●
Makhani chicken curry, lightly spiced with yoghurt & wholegrain rice

Sweetcorn & Broccoli

Penne Pasta with Tomato Sauce ●
Homemade Italian tomato sauce & organic pasta

Toffee Apple Crumble & Custard

Tuesday

Pasta Bolognese ●●
Homemade Lamb bolognese sauce with pasta

Carrots & Green Beans

Shepherdess Pie ●
Quorn & vegetable pie topped with mashed potato

Jelly & Mandarins

Wednesday

Roast Chicken ●●
Roast chicken breast with Yorkshire pudding, sage & onion stuffing and gravy

Green Cabbage & Mashed Carrot and Swede

Vegetarian Meatloaf ●
Vegetarian mince meat loaf with sage & onion stuffing & gravy

Chocolate & Vanilla Sponge & Chocolate Sauce

Thursday

Vegetable Curry ●●
Spiced chickpea, lentil & potato curry with wholegrain rice

Roast Mediterranean Vegetables & Sweetcorn

Tomato and Cheese Quiche ●
Homemade cheese & tomato quiche made with free range eggs & organic Milk

Apple Strudel & Custard

Friday

Herb Crumbed Fish ●●●
Baked fresh fish fillet in golden herby breadcrumbs, with chips or sweet potato wedges

Baked Beans & Peas

Margherita Pizza ●
Wholemeal pizza base with homemade tomato & spinach sauce

Banana & Date Muffin

Week Two WEEK COMMENCING: 5 SEP, 26 SEP, 17 OCT, 14 NOV, 5 DEC, 9 JAN, 30 JAN, 27 FEB, 20 MAR

Monday

Lamb Biryani ●●
Lamb cooked with spices & rice

Spinach and Potato & Carrots

Macaroni Cheese ●
Classic macaroni pasta baked in a cheesy sauce

Mixed Berry Sponge & Custard

Tuesday

Chicken Sausages ●●
Chicken sausages with mashed potato or wedges & gravy

Cauliflower & Broccoli

Vegetarian Sausages ●
Quorn sausages with mashed potato or wedges & onion gravy

Frozen Toffee Yoghurt

Wednesday

Roast Chicken ●●
Roast chicken breast with Yorkshire pudding, sage & onion stuffing and gravy

Green Beans & Honey Roast Root Vegetables

Roast Soya Fillet Strips ●
Tender soya fillets with gravy & roast potatoes

Apple Crumble & Custard

Thursday

Butternut Squash Pasta Bake ●●
Baked butternut squash in tomato sauce with wholemeal pasta

Roasted Mediterranean Vegetables & Sweetcorn

Quorn Stir Fry ●
Crisp stir fried mixed vegetables & Quorn pieces

Eve's Pudding & Custard

Friday

Fish Fingers ●●●
Made with fish fillet baked in golden breadcrumbs with chips or pasta

Baked Beans & Peas

Vegetable Pizza ●
Wholemeal pizza base with homemade tomato sauce, red pepper & sweetcorn

Lemon Shortbread

Week Three WEEK COMMENCING: 12 SEP, 3 OCT, 31 OCT, 21 NOV, 12 DEC, 16 JAN, 6 FEB, 6 MAR, 27 MAR

Monday

Lamb and Spinach Lasagne ●●
Minced lamb in tomato sauce, layered with pasta sheets & cheese sauce with homemade garlic bread

Broccoli & Carrots

Vegetarian Lasagne ●
Veggie mince in tomato sauce, layered with pasta sheets & cheese sauce with homemade garlic bread

Apricot Flapjack

Tuesday

Lamb Meatballs ●●
Lightly spiced meatballs with mint & cumin served with penne pasta

Cauliflower & Green Beans

Vegetable Curry ●
Spiced chickpea, lentil & potato curry with wholegrain rice

Fruit Salad with Honey Yoghurt

Wednesday

Roast Chicken ●●
Roast chicken breast with Yorkshire pudding, sage & onion stuffing and gravy

Red Cabbage & Roasted Carrots

Curried Vegetable Pasty ●
Handmade pasty with a curried vegetable filling

Pear Crumble & Custard

Thursday

Quorn Stir Fry ●●
Crisp stir fried mixed vegetables & Quorn pieces

Cauliflower & Sweetcorn

Vegetarian Bolognese ●
Bolognese sauce with Quorn mince served with spaghetti

Parsnip Marmalade Cake

Friday

Fish Fingers ●●●
Made with fish fillet baked in golden breadcrumbs with chips or sweet potato wedges

Baked Beans & Peas

Vegetable Pizza ●
Wholemeal pizza base with tomato sauce, red pepper & sweetcorn

Fresh Fruit Salad



UNLIMITED ACCESS TO OUR SALAD BAR WITH 8 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY!

All of our cheese is RED TRACTOR, which means it can be traced from farm gate to school plate!

All of our eggs are FREE RANGE. We use them in lots of our cakes, quiches and other homemade dishes!

Main Meal Options
● Meat
● Halal *
● Vegetarian
* at school's discretion

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS



A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD