

## Week One

 WEEK COMMENCING: 29 AUG, 19 SEP, 10 OCT, 7 NOV,  
 28 NOV, 19 DEC, 2 JAN, 23 JAN, 20 FEB, 13 MAR

### Monday

Chicken Curry ●● <i>Makhani chicken curry &amp; rice or mashed potato</i>	Carrots & Broccoli
Penne Pasta with Tomato Sauce ● <i>Homemade Italian tomato sauce &amp; organic pasta</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Chocolate Pudding & Custard

### Tuesday

Pasta Bolognese ●● <i>Homemade lamb bolognese sauce with pasta</i>	Cauliflower & Green Beans
Vegetable Pasta Bake ● <i>Quorn &amp; vegetable pasta bake topped with cheese</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Toffee Apple Crumble & Custard

### Wednesday

Roast Turkey ●● <i>Roast turkey with sage &amp; onion stuffing &amp; gravy</i>	Green Cabbage & Mashed Carrot and Swede
Macaroni Cheese ● <i>Classic macaroni pasta baked in a cheesy sauce</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Chocolate & Vanilla Sponge & Chocolate Sauce

### Thursday

Vegetable Curry ●● <i>Spiced chickpea, lentil &amp; potato curry &amp; wholegrain rice</i>	Roast Mediterranean Vegetables & Sweetcorn
Margherita Pizza ● <i>Tomato &amp; spinach sauce on a wholemeal base</i>	
Jacket Potato with a Choice of Toppings ● <b>MEAT FREE THURSDAY</b> <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Apple Strudel & Custard

### Friday

Homemade Chicken Nuggets ●● <i>Chicken in crisp breadcrumbs with chips or mash</i>	Baked Beans & Peas
Tomato & Cheese Quiche ● <i>Homemade quiche with chips or mash</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Banana & Date Muffin

## Week Two

 WEEK COMMENCING: 5 SEP, 26 SEP, 17 OCT,  
 14 NOV, 5 DEC, 9 JAN, 30 JAN, 27 FEB, 20 MAR

### Monday

Lamb Biryani ●● <i>Lamb cooked with spices &amp; rice</i>	Spinach and Potato & Carrots
Cheese, Tomato & Basil Tart ● <i>Homemade tart with mash or potato wedges</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Mixed Berry Sponge & Custard

### Tuesday

Chicken Sausages ●● <i>Chicken sausages with mashed potato &amp; gravy</i>	Cauliflower & Broccoli
Vegetarian Sausages ● <i>Quorn sausages with mashed potato &amp; gravy</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Lemon Shortbread

### Wednesday

Shepherd's Pie ●● <i>Lamb mince topped with mashed potato</i>	Green Beans & Honey Roast Root Vegetables
Vegetable Chow Mein ● <i>Crisp stir fried mixed vegetables &amp; noodles</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Apple Crumble & Custard

### Thursday

Butternut Squash Pasta Bake ●● <i>Baked butternut squash in tomato sauce with pasta</i>	Roast Mediterranean Vegetables & Sweetcorn
Veggie Pizza ● <i>Wholemeal pizza base with red onion &amp; cheese</i>	
Jacket Potato with a Choice of Toppings ● <b>MEAT FREE THURSDAY</b> <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Eve's Pudding & Custard

### Friday

Herb Crumbed Fish or Salmon Fish Fingers ●●  <i>Served with oven chips or pasta</i>	Baked Beans & Peas
Vegetable Bean Chilli ● <i>Mexican spiced mixed beans &amp; vegetables</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Frozen Toffee Yoghurt

## Week Three

 WEEK COMMENCING: 12 SEP, 3 OCT, 31 OCT,  
 21 NOV, 12 DEC, 16 JAN, 6 FEB, 6 MAR, 27 MAR

### Monday

Beef Lasagne ●● <i>Classic lasagne served with homemade garlic bread</i>	Broccoli & Carrots
Vegetarian Lasagne ● <i>Veggie mince lasagne with homemade garlic bread</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Apricot Flapjack

### Tuesday

Lamb Meatballs ●● <i>Lightly spiced lamb meatballs with penne pasta</i>	Cauliflower & Green Beans
Vegetable Curry ● <i>Lentil &amp; sweet potato curry with wholegrain rice</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Jelly & Mandarins


### Wednesday

Roast Chicken ●● <i>Roast chicken breast with roast potatoes &amp; gravy</i>	Red Cabbage & Roasted Carrot
Shepherdess Pie ● <i>Quorn &amp; vegetable pie topped with mashed potato</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Peach Crumble & Custard

### Thursday

Vegetarian Bolognese ●● <b>MEAT FREE THURSDAY</b> <i>Quorn mince bolognese sauce with spaghetti</i>	Sweetcorn & Cauliflower
Vegetable Pizza ● <i>Wholemeal pizza with red pepper &amp; sweetcorn</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Parsnip Marmalade Cake

### Friday

Fish Fingers ●●  <i>Baked fish fillet fingers &amp; chips or sweet potato wedges</i>	Baked Beans & Peas
Quorn Stir Fry ● <i>Crisp stir fried mixed vegetables &amp; Quorn pieces</i>	
Jacket Potato with a Choice of Toppings ● <i>Baked beans, cheese, tuna mayo or coleslaw</i>	Fruit Salad with Honey Yoghurt


**DON'T FANCY THE DESSERT ON THE MENU?**  
 CHOOSE FROM A SELECTION OF FRESH  
 FRUIT & ORGANIC YOGHURTS
