

# Week One

Monday

**Choose From**  
 ●● Jamaican Jerk Chicken with Rice & Peas  
 ● Vegetable & Lentil Penne Bolognese

**On the Side**  
Green Beans & Sweetcorn  
**Something Sweet**  
Ice Cream

Tuesday

**Choose From**  
 ●● Shepherd's Pie  
 ● Macaroni Cheese

**On the Side**  
Cauliflower & Carrots  
**Something Sweet**  
Eve's Pudding & Custard

Wednesday

**Choose From**  
 ●● Roast Chicken Breast with Gravy Yorkshire Pudding & Roast Potatoes  
 ● Vegetable, Bean & Cheese Crumble

**On the Side**  
Roasted Carrots & Peas  
**Something Sweet**  
Apricot Flapjack

Thursday

**Choose From**  
 ●● Vegetable Chow Mein  
 ● Margherita Pizza

**On the Side**  
Broccoli & Sweetcorn  
**Something Sweet**  
Chocolate Shortbread

Friday

**Choose From**  
 ●● Fish Fingers served with Chips  
 ● Tortilla Stack

**On the Side**  
Baked Beans & Peas  
**Something Sweet**  
Fresh Fruit Salad & Honey Yoghurt

WEEK COMMENCING: NOV 2ND, NOV 23RD, DEC 14TH, JAN 11TH, FEB 1ST, FEB 29TH, MARCH 21ST

**Main Meal Options**

- Meat
- Halal (where available)
- Vegetarian

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

**Yeo Valley**  
Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS

MEAT FREE THURSDAY

# Week Two

Monday

**Choose From**  
 ●● Chicken Sausage with Gravy & Potato Wedges  
 ● Vegetarian Sausage with Gravy & Potato Wedges

**On the Side**  
Peas & Carrots  
**Something Sweet**  
Frozen Toffee Yoghurt

Tuesday

**Choose From**  
 ●● Lamb Kheema Curry served with Rice  
 ● Quorn & Vegetable Pasta Bake

**On the Side**  
Broccoli & Cauliflower  
**Something Sweet**  
Chocolate & Banana Loaf & Chocolate Custard

Wednesday

**Choose From**  
 ●● Roast Turkey & Gravy served with Roast Potatoes  
 ● Quorn Puff served with Roast Potatoes

**On the Side**  
Roasted Carrots & Green Beans  
**Something Sweet**  
Apple Crumble & Custard

Thursday

**Choose From**  
 ●● Layered Potato Bake  
 ● Cheese & Red Onion Pizza

**On the Side**  
Sweetcorn & Green Beans  
**Something Sweet**  
Orange & Carrot Muffin

Friday

**Choose From**  
 ●● Breaded White Fish served with Chips  
 ● Cheese, Tomato & Basil Tart

**On the Side**  
Baked Beans & Peas  
**Something Sweet**  
Fresh Fruit Salad & Honey Yoghurt

WEEK COMMENCING: NOV 9TH, NOV 30TH, DEC 22ND, JAN 18TH, FEB 8TH, MARCH 7TH

**CERTIFIED SUSTAINABLE SEAFOOD MSC**  
www.msc.org  
Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

MSC-C-50236

# Week Three

Monday

**Choose From**  
 ●● Southern Baked Crispy topped Chicken & Cajun Potato Wedges  
 ● Sweet Potato & Lentil Curry served with Rice

**On the Side**  
Carrots & Sweetcorn  
**Something Sweet**  
Toffee Frozen Yoghurt

Tuesday

**Choose From**  
 ●● Lamb & Spinach Lasagne & Homemade Garlic Bread  
 ● Jacket Potato topped with Cheese or Salmon Mayonnaise

**On the Side**  
Cauliflower & Green Beans  
**Something Sweet**  
Chocolate Cornflake Crispy

Wednesday

**Choose From**  
 ●● Roast Chicken & Gravy served with Roast Potatoes  
 ● Wholemeal Tomato & Cheese Quiche

**On the Side**  
Broccoli & Carrot & Swede  
**Something Sweet**  
Apple Pie & Custard

Thursday

**Choose From**  
 ●● Quorn Paella  
 ● Red Pepper & Sweetcorn Pizza

**On the Side**  
Winter Slaw & Sweetcorn  
**Something Sweet**  
Apricot Tiffin

Friday

**Choose From**  
 ●● Fish Fingers served with Chips  
 ● Sticky Quorn Sausage served with Chips

**On the Side**  
Baked Beans & Peas  
**Something Sweet**  
Jelly & Mandarins

WEEK COMMENCING: NOV 16TH, DEC 7TH, JAN 4TH, JAN 25TH, FEB 22ND, MARCH 14TH

We use **ORGANIC MILK** in all of our homemade dishes!

We use **RED TRACTOR CHEESE**, which means it can be traced from farm gate to school plate!

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

CHILLED DRINKING WATER IS ALWAYS AVAILABLE

All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

All our meat is **UK FARM ASSURED**

