

Week One

Monday

Choose From

- Chicken Sausage & Gravy with Mashed Potato
- Quorn Sausage & Gravy with Mashed Potato ✓

On the Side

Cabbage & Cauliflower

Something Sweet

Cheese & Biscuits ✓

Tuesday

Choose From

- Chicken Curry served with Rice
- Chickpea & Vegetable Curry with Rice ✓

On the Side

Broccoli & Sweetcorn ✓

Something Sweet:

Pineapple & Coconut Crumble & Custard ✓

Wednesday

Choose From

- Roast Chicken, Gravy with Yorkshire Pudding & Roast or New Potatoes
- Cheese & Basil Tart served with Roast or New Potatoes ✓

On the Side

Carrots & Leeks & Spring Green Cabbage ✓

Something Sweet

Sultana Cookie ✓

Thursday

Choose From

- Homemade Margherita Pizza ✓
- Jacket Potato topped with Vegetable Chilli ✓

On the Side

Sweetcorn, Carrots & Cucumber Sticks ✓

Something Sweet

Banana Flapjack

Friday

Choose From

- Fish Fingers served with Chips
- Vegetarian Burger in a Bun served with Salad & Chips ✓

On the Side

Baked Beans & Peas ✓

Something Sweet

Peaches & Custard ✓

WEEK COMMENCING: 20TH APR, 11TH MAY, 8TH JUNE
29TH JUNE, 20TH JULY, 14TH SEPT, 5TH OCT

Main Meal Options

- Meat
- Halal option where available
- Vegetarian

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Yeo Valley
Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

CERTIFIED SUSTAINABLE SEAFOOD MSC
We have been awarded the Marine Stewardship Council (MSC) Chain of Custody certification in all Redbridge schools, which means our MSC certified seafood is traceable from the fishery to your child's plate.

If a dish has a ✓ next to it then it is suitable for vegetarians

Week Two

Monday

Choose From

- Stir Fry Chicken Noodles
- Jacket Potato topped with Cheese & Coleslaw ✓

On the Side

Carrots & Green Beans ✓

Something Sweet

Ice Cream ✓

Tuesday

Choose From

- Spaghetti Bolognese served with Garlic Bread
- Layered Potato Bake ✓

On the Side

Peas & Cauliflower ✓

Something Sweet

Apple Crumble & Custard ✓

Wednesday

Choose From

- Roast Turkey & Gravy served with Roast or New Potatoes
- Vegetable Quiche ✓

On the Side

Broccoli & Seasonal Vegetables ✓

Something Sweet

Banana & Chocolate Sauce ✓

Thursday

Choose From

- Jacket Potato topped with Salmon Mayonnaise or Beans & Cheese ✓
- Vegetarian Sausage Pizza ✓

On the Side

Sweetcorn & Summer Slaw ✓

For Afters

Lemon & Thyme Cake & Custard ✓

Friday

Choose From

- Fish Fingers with Chips
- Vegetable Nuggets served with Chips ✓

On the Side

Baked Beans & Peas ✓

Something Sweet

Fruit Salad & Honeyed Yoghurt ✓

WEEK COMMENCING: 27TH APR, 18TH MAY, 15TH JUNE,
6TH JULY, 31ST AUG, 21ST SEPT, 12TH OCT



We use **ORGANIC MILK** in all of our homemade dishes and offer it as a drink too!

All of our cheese is **RED TRACTOR**, which means it can be traced from farm gate to school plate!

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

Week Three

Monday

Choose From

- Jerk Chicken served with Crushed Potatoes
- Macaroni Cheese ✓

On the Side

Sweetcorn & Summer Slaw ✓

Something Sweet

Oat Dream ✓
Cookie

Tuesday

Choose From:

- Kheema Lamb Pasta
- Chickpea Dahl served with Rice ✓

On the Side

Peas & Cauliflower ✓

Something Sweet

Frozen Toffee Yoghurt ✓

Wednesday

Choose From

- Roast Chicken or ● Beef & Gravy with Yorkshire Pudding & Roast or New Potatoes
- Sticky Quorn Sausages served with Rice ✓

On the Side

Carrots & Seasonal Vegetables ✓

Something Sweet

Fruit Salad & Ice Cream ✓

Thursday

Choose From

- Mixed Vegetable Pizza ✓
- Jacket Potato topped with Beans & Cheese ✓

On the Side

Carrot & Cucumber Sticks & Mixed Roasted Vegetables ✓

Something Sweet

Chocolate Crunchie ✓

Friday

Choose From

- Fish Fingers served with Chips
- Tomato & Vegetable Puff served with Chips ✓

On the Side

Baked Beans & Peas ✓

Something Sweet

Mandarins & Strawberry Milk Jelly ✓

WEEK COMMENCING: 4TH MAY, 25TH MAY, 22ND JUNE,
13TH JULY, 7TH SEPT, 28TH SEPT, 19TH OCT



CHILLED DRINKING WATER IS ALWAYS AVAILABLE

All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

All our meat is **UK FARM ASSURED**

