Week One WEEK COMMENCING: 14TH NOV / 5TH DEC / 2ND JAN /

Week Two week commencing: 31ST OCT / 21ST NOV / 12TH DEC /

Week Three WEEK COMMENCING: 7TH NOV / 28TH NOV / 9TH DEC / 16TH JAN / 6TH FEB / 6TH MAR / 27TH MAR

Green Beans & Roasted Butternut Squash

> **Baked Beans** & Peas

Strawberry Jelly

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

All of our cheese is RED TRACTOR, which means it can be traced from

All of our eggs are FREE RANGE. We use them in lots of our cakes, quiches and other homemade

Monday		Mon
Chicken Korma with Rice	Carrots & Spinach	/VIOI
Vegetable & Tomato Pasta Bake	эршасн	
Tuna & Sweetcorn Wrap	Apple Crumble & Custard	
Tuesday		Tues
Cottage Pie	Peas & Roasted Butternut Squash	
Honey & Ginger Soya Strips with Rice		
Jacket Potato with Cheese	Courgette & Lemon Cake	
Wednesday Roast Lamb with Roast or		Wed
Roast Lamb with Roast or New Potatoes & Gravy	Broccoli & Roasted Parsnips	
Macaroni Cheese	The state of the s	
Jacket Potato with Baked Beans	Jelly & Mandarins	
Thursday		Thur
BBQ Chicken Pizza	Roasted Mediterranean Vegetables & Sweetcorn	
Margherita Pizza		
Ham Salad Baguette	Apple Flapjack	
Friday		Fric
Fish Fingers with Wedges	Baked Beans —— & Peas	
Quorn Stir Fry with Rice	- Cus	
Jacket Potato with Coleslaw	Fruit Salad & Honey Yoghurt	

9TH JAN / 30TH JAN / 27	TH FEB / 20TH MAR	
Monday Sausages with Mash & Gravy	Carrots &	9
Vegetarian Sausages with Mash & Gravy	Green Beans	
vegetarian sausages with Mash & Gravy	Chocolate & Beetroot	E
Cheese & Salad Roll	Brownie	
Tuesday		1
Beef Spaghetti Bolognese	Cauliflower & Spinach	
Sweet Potato & Chickpea Curry with Rice		
Jacket Potato with Tuna Mayonnaise	Chocolate & Pear Pudding with Custard	
Wednesday Broot Chiefen Broot with		V
Roast Chicken Breast with	Broccoli &	V
Roast or New Potatoes & Gravy	Honey Roast Root	
Roasted Vegetable Lasagne	Vegetables	
Sticky Salmon Wrap	Frozen Strawberry Yoghurt	
Thursday		П
Ham & Pineapple Pizza	Carrots &	
Margherita Pizza	Sweetcorn	
- Walgicita i izza	Peach Sponge	
Vegetable Burrito	& Vanilla Sauce	
Friday	Chief Committee of	
Breaded Fish & Wedges	Baked Beans	
Quorn Paella	& Peas	
Jacket Potato with Baked Beans	Pineapple Upside Down Cake with Custard	

Monday Sweet & Sour Chicken with Rice **Bubble & Squeak Frittata** Tuesday Wednesday Thursday Mexican Bean & Rice Wrap Friday Fish Fingers with Wedges

with Baked Jacket Wedges Peaches & Ice Cream Jacket Potato with Baked Beans & Cheese Carrots & WATER IS ALWAYS Beef Lasagne AVAILABLE Roasted Mediterranear Vegetables Broccoli & Cauliflower Cheese Pasta Orange & Carrot Muffin Ham & Tomato Wrap Roast Gammon with Roast or New Potatoes **Braised Red Cabbage** & Broccoli Savoury Minced Quorn with Roast or New Potatoes & Gravy Fruity Flapjack Jacket Potato with Cheese or Tuna Mayonnaise Meat Feast Pizza Courgettes & Sweetcorn Margherita Pizza with Garlic Bread Banana Crumble with Custard

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS





Cheese & Tomato Quiche with Chips

Egg Mayonnaise & Tomato Roll

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD



FARM ASSURED

OR RED TRACTOR

We think that

BRITISH

SEASONAL ood is fresh, tast

and nutritious. Some of our

favourites this

eason are carrots

cabbage, onions,

broccoli, swede