

WEEK COMMENCING: 02 Nov / 23 Nov / 14 Dec / 04 Jan / 25 Jan / 08 Mar / 29 Mar

WEEK 1



MONDAY

Il Pollo Pasta
Mozzarella & Tomato Puff Squares with Boiled Potatoes 
Spinach & Lentil Dhal with Rice 
Sweetcorn & Broccoli
Peaches with Ice Cream & Fruit Melba Sauce



TUESDAY

Lamb Hotpot with Garlic Bread
Roast Vegetable Calzone 
Chickpea & Mixed Vegetable Spicy Rice 
Peas & Cauliflower
Yoghurt Bar




WEDNESDAY

Roast Chicken Breast with Roast Potatoes & Gravy
Cheese & Tomato Pasta Bake 
Roasted Vegetarian Strips & Gravy Roast Potatoes 
Carrots & Green Beans
Oaty Apple & Berry Crumble with Custard

THURSDAY

Meat Feast Pizza
Margherita Pizza 
Jacket Potato with Vegetable Chilli 
Roasted Mediterranean Vegetables & Sweetcorn
Cheese & Crackers


FRIDAY

Fish Fingers & Chips 
Spicy Bean Burger in a Bun with Chips 
Mexican Rice Wrap 
Peas & Baked Beans
Fresh Fruit Salad with Natural Yoghurt

WEEK COMMENCING: 09 Nov / 30 Nov / 11 Jan / 01 Feb / 22 Feb / 15 Mar

WEEK 2

MONDAY

Honey & Ginger Vegetable Strips Stir Fry with Noodles 
Quorn Paella 
Jacket Potato with Ratatouille 
Carrots & Vegetable Medley
Fresh Fruit Salad with Natural Yoghurt

TUESDAY

Kheema Lamb Curry with Rice
Vegetable Lasagne 
'Chicken' Style Piri Piri Strips Wrap 
Green Beans & Cauliflower
Yoghurt Bar

WEDNESDAY

Roast Turkey with Gravy & Roast Potatoes
Macaroni Cheese 
Butterbean & Vegetable Pattie & Roast Potatoes 
Carrots & Green Cabbage
Pear & Mixed Berry Pie with Vanilla Ice Cream

THURSDAY

Thai Red Chicken Curry with Rice
Roasted Vegetable Pizza 
Chickpea & Mixed Vegetable Balti with Rice 
Sweetcorn & Broccoli
Cheese & Crackers

FRIDAY

Fish Fingers & Chips 
Quorn Frankfurter Hot Dog with Chips 
Mixed Vegetable & Butter Bean Ragu with New Potatoes 
Peas & Baked Beans
Fresh Fruit Salad with Natural Yoghurt

WEEK COMMENCING: 16 Nov / 07 Dec / 18 Jan / 08 Feb / 01 Mar / 22 Mar

WEEK 3

MONDAY

Lamb Spaghetti Bolognese
Tuna Mayonnaise Wrap
Butterbean & Vegetable Tagine with Couscous 
Carrots & Green Beans
Peach Fool



TUESDAY

Chicken Sausage with Mashed Potato & Gravy
Quorn Sausage with Mashed Potato & Gravy 
Jacket Potato with Vegetable & Lentil Bolognese 
Green Cabbage & Cauliflower
Yoghurt Bar



WEDNESDAY

Roast Chicken Thigh with Gravy & Roast Potatoes
Quorn Roast with Gravy & Roast Potatoes 
Goan Vegetable Curry with Rice 
Carrots & Broccoli
Apple & Banana Cake with Custard

THURSDAY

Chicken Sweetcorn Pie with Mash Potato
Red Onion & Sweetcorn Pizza 
Vegetable Hotpot 
Sweetcorn & Roasted Mediterranean Vegetables
Cheese & Crackers

FRIDAY

Fish Fingers & Chips 
Cheese & Broccoli Quiche with Chips 
Jacket Potato with Salmon Mayonnaise
Peas & Baked Beans
Fresh Fruit Salad with Natural Yoghurt

KEY



Vegetarian



Plant Based
Vegan Friendly



MSC Fish

HOT MEALS ARE BACK!

INTRODUCING YOUR NEW MENU

THANK YOU

This academic year has been like no other, which is why school lunches might have been a bit different recently. We'd like to say a big thank you for your support whilst we've been establishing the best approach for your school.

Where we've temporarily introduced packed lunches, we've been working hard behind the scenes to safely reintroduce hot meals.

We're now pleased to share the new menu with you, along with some of the great benefits school lunches can offer children and families!

WELL FOR WINTER

Eating well helps to build and maintain healthy immune systems, which is why we think it's so important children can enjoy healthy, warming lunches at school, wherever possible.

We know it's a difficult time for most right now so want to highlight four ways school meals have the power to support you and your child this winter.



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

YOUR SCHOOL LUNCHES ARE:

1 SUPER SAFE

From implementing Covid-19 safety measures, to carefully catering for a range of special dietary needs, the safety of our people and diners is always our top priority. Our health and safety experts make sure our catering teams have everything they need to run a safe service each day and support them with risk assessments and regular service reviews.



Check out our 'back to school' guide for parents and carers to hear from our management and nutrition specialists.

2 MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



Over 85% of our dishes are freshly prepared each day

All our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.



3 EVEN HEALTHIER - AND STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY OF 30%



THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count and are proud Peas Please pledgers.



Find out more here!

WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.



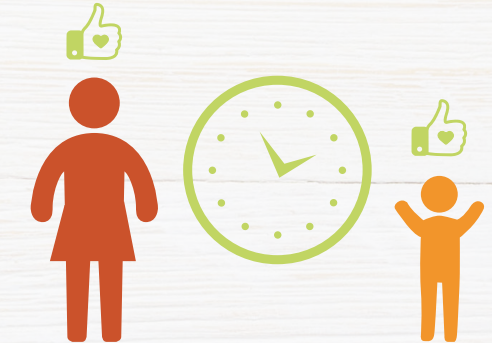
WE'VE INTRODUCED MORE PLANT-BASED OPTIONS

So children have more choice when it comes to enjoying meat-free meals which can provide more fibre & less saturated fat!



4 TOP TIME SAVERS

Leave the challenge of creating exciting lunches every day to us – save time on shopping and chopping!



CONTACT US:



Payments and Meal Ordering

Nutrition Guidance

General Enquiries

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