

Week 1

WEEK COMMENCING: 17TH APRIL, 8TH MAY, 5TH, 26TH JUNE, 17TH JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages with Potato Wedges	Salmon & Broccoli Pasta Bake	Roast Gammon & Gravy with Roast or New Potatoes	Meat Feast Pizza	Fish Fingers & Chips 
V Vegetarian Sausages with Potato Wedges	V Cottage Pie with Bubble & Squeak Topping	V Butternut Squash Risotto	V Margherita Pizza	V Cheese & Onion Frittata & Chips
V Jacket Potato & Cheese	V Cheese & Salad Baguette	V Jacket Potato & Coleslaw	Ham & Tomato Wrap	V Jacket Potato & Baked Beans
Broccoli Sweetcorn	Carrots Green Beans	Braised Red Cabbage Roasted Root Vegetables	Coleslaw Sweetcorn	Peas Baked Beans
Lemon Cookie	Strawberry Jelly & Mandarins	Jam Sponge & Custard	Peach Sponge	Oat & Apple Cookie

Week 2

WEEK COMMENCING: 24TH APRIL, 15TH MAY, 12TH JUNE, 3RD JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti Bolognese	Beef Pasty with New Potatoes	Roast Turkey & Gravy with Roast or New Potatoes	Ham & Pineapple Pizza	Fish Fingers & Chips 
V Vegetable Chow Mein	V Vegetable Penne Pasta	V Cheese & Bean Burrito	V Margherita Pizza	V Cheese & Red Onion Quiche & Chips
V Jacket Potato & Tuna Mayonnaise	Ham & Tomato Roll	V Egg Mayonnaise & Cress Roll	Turkey Salad & Mayonnaise Wrap	Jacket Potato & Bolognese Sauce
Peas Carrots	Roasted Mediterranean Vegetables	Carrots Green Vegetable Medley	Sweetcorn, Carrots & Courgette	Peas Baked Beans
Fruity Flapjack	Mixed Berry Sponge & Custard	Chocolate & Banana Brownies	Apple & Cinnamon Sponge & Custard	Fruity Shortbread

Week 3

WEEK COMMENCING: 1ST MAY, 22ND MAY, 19TH JUNE, 10TH JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sticky Lemon Chicken with Rice	Beef Lasagne	Roast Chicken Breast & Gravy with Roast or New Potatoes	BBQ Chicken Pizza	Fish Fingers & Chips 
V Macaroni Cheese with Tomato Wedges	V Layered Potato Bake	V Vegetable & Cheese Enchiladas	V Margherita Pizza	V Homemade Spicy Bean Burger & Chips
V Jacket Potato & Baked Beans	V Cheese & Salad Baguette	Jacket Potato & Salmon Mayonnaise	V Egg Mayonnaise & Tomato Wrap	V Vegetable & Chickpea Curry with Bombay Potato
Green Beans Carrots	Cauliflower Sweetcorn	Broccoli Carrots	Roasted Mediterranean Vegetables	Baked Beans Peas
Apple & Pear Chocolate Pudding & Custard	Devonshire Splits	Courgette & Lemon Cake	Orange & Carrot Muffin	Apple & Berry Fool & Shortbread

The Guide to Goodness



AT LEAST 50% FRUIT



Many of our homemade desserts contain at least 50% fruit!

SUSTAINABLE FISH



The fish we serve is from well-managed and sustainable fisheries.

HOME MADE



Over 75% of our dishes are made fresh on site today from fresh ingredients.

Whole Grain



We use wholegrain flour and serve wholemeal bread.

Sourced Locally



Where possible we use ingredients sourced from local producers.