

Week 1 WEEK COMMENCING: 17TH APR / 8TH MAY / 29TH MAY / 19TH JUNE / 10TH JULY / 4TH SEPT / 25TH SEPT / 16TH OCT

MONDAY

Jamaican Jerk Chicken with Rice & Peas
Italian Tomato & Basil Pasta with Cheese
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Broccoli Sweetcorn
Apple Crumble & Custard

TUESDAY

Lamb Meatballs in Tomato Sauce with Spaghetti
Layered Potato Bake
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Cauliflower Spring Cabbage
Frosted Carrot Cake

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Cheese & Leek Pasta
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Carrots Green Vegetable Medley
Strawberry Jelly

THURSDAY

Oriental Sticky Salmon Wrap
Margherita Popeye Pizza
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Green Beans Sweetcorn
Chocolate Pear Pudding & Ice Cream

FRIDAY

Fish Fingers & Chips 
Vegetable & Cheese Burger with Chips
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Baked Beans Peas
Oat Dream Cookie

Week 2 WEEK COMMENCING: 24TH APR / 15TH MAY / 5TH JUNE / 26TH JUNE / 17TH JULY / 11TH SEPT / 2ND OCT

MONDAY

Soya Strip Honey & Ginger Stir Fry with Rice
Macaroni Cheese
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Carrots Cauliflower
Apple Flapjack

TUESDAY

Spaghetti with Lamb Bolognese
Roasted Vegetable, Bean & Cheese Wrap
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Broccoli Roasted Butternut Squash
Chocolate Sponge with Chocolate Custard

WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
Vegetable & Butterbean Gratin with Roast Potatoes
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Green Beans Honey Roasted Root Vegetables
Pineapple Upside Down Sponge with Vanilla Sauce

THURSDAY

BBQ Chicken Pizza
Margherita Popeye Pizza
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Shredded Green Cabbage Sweetcorn
Strawberry Jelly & Mandarins

FRIDAY

Fish Fingers & Chips 
Sticky Vegetarian Sausages & Chips
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Baked Beans Peas
Frozen Toffee Yoghurt

Week 3 WEEK COMMENCING: 1ST MAY / 22ND MAY / 12TH JUNE / 3RD JULY / 24TH JULY / 18TH SEPT / 9TH OCT

MONDAY

Savoury Lamb Mince with Crushed Potatoes
Vegetable Tikka Masala with Rice
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Carrots Peas
Strawberry Ice Cream

TUESDAY

Chicken Curry with Rice
Roasted Vegetable Frittata with Crushed Potatoes
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Cauliflower Green Cabbage
Peach Crumble with Custard

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Margherita Popeye Pizza
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Carrots Leeks & Green Beans
Chocolate Shortbread

THURSDAY

Chicken Sausage with Mash & Gravy
Vegetarian Sausage with Mash & Gravy
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Grilled Tomatoes Sweetcorn
Marble Sponge

FRIDAY

Fish Fingers & Chips 
Mixed Vegetable & Chickpea Stir Fry with Rice
Jacket Potato with Baked Beans, Cheese, Coleslaw & Tuna Mayo
Baked Beans Peas
Strawberry Jelly & Pineapple

The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.



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