

Week 1

WEEK COMMENCING: 17TH APR / 8TH MAY / 29TH MAY / 19TH JUNE / 10TH JULY / 4TH SEPT / 25TH SEPT / 16TH OCT

MONDAY

Jamaican Jerk Chicken with Rice & Peas
Jacket Potato with Coleslaw
Tuna Pasta Bake
Broccoli Sweetcorn
Apple Crumble & Custard

TUESDAY

Lamb Meatballs in Tomato Sauce with Spaghetti
Layered Potato Bake
Chicken Burrito
Cauliflower Spring Cabbage
Frosted Carrot Cake


WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Soya Fillet Strips with Roast Potatoes & Gravy
Italian Tomato & Basil Pasta
Carrots Green Vegetable Medley
Strawberry Jelly

THURSDAY

Oriental Sticky Salmon Wrap
Margherita Popeye Pizza
Moroccan Lamb with Wholegrain Rice
Mixed Bean Salad Sweetcorn
Chocolate Pear Pudding & Ice Cream

FRIDAY

Fish Fingers & Chips 
Vegetable & Cheese Burger with Chips
Jacket Potato with Baked Beans
Baked Beans Peas
Oat Dream Cookie

Week 2

WEEK COMMENCING: 24TH APR / 15TH MAY / 5TH JUNE / 26TH JUNE / 17TH JULY / 11TH SEPT / 2ND OCT

MONDAY

Soya Strip Honey & Ginger Stir Fry with Rice
Macaroni Cheese
Jacket Potato with Ratatouille
Carrots Cauliflower
Apple Flapjack

TUESDAY

Lamb Spaghetti Bolognese
Roasted Vegetable, Bean & Cheese Wrap
Vegetarian Bolognese with Pasta
Broccoli Roasted Butternut Squash
Chocolate Sponge with Chocolate Custard

WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
Vegetable & Butterbean Gratin with Roast Potatoes
Shepherdess Pie
Green Beans Honey Roasted Root Vegetables
Pineapple Upside Down Sponge with Vanilla Sauce

THURSDAY

BBQ Chicken Pizza
Margherita Popeye Pizza
Neopolitan Pasta
Shredded Green Cabbage Sweetcorn
Strawberry Jelly & Mandarins

FRIDAY

Fish Fingers & Chips 
Sticky Vegetarian Sausages & Chips
Summer Vegetable Whirl with Chips
Baked Beans Peas
Frozen Toffee Yoghurt

Week 3

WEEK COMMENCING: 1ST MAY / 22ND MAY / 12TH JUNE / 3RD JULY / 24TH JULY / 18TH SEPT / 9TH OCT

MONDAY

Savoury Lamb Mince with Crushed Potatoes
Vegetable Tikka Masala with Rice
Jacket Potato with Cheese
Carrots Peas
Strawberry Ice Cream

TUESDAY

Chicken Curry with Rice
Roasted Vegetable Frittata with Crushed Potatoes
Jacket Potato with Baked Beans
Cauliflower Green Cabbage
Peach Crumble with Custard

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Margherita Popeye Pizza
Butternut Squash Risotto
Carrots Leeks & Green Beans
Chocolate Shortbread

THURSDAY

Chicken Sausage with Mash & Gravy
Vegetarian Sausage with Mash & Gravy
Vegetable Chilli with Wholegrain Rice
Grilled Tomatoes Sweetcorn
Marble Sponge

FRIDAY

Fish Fingers & Chips 
Mixed Vegetable & Chickpea Stir Fry with Rice
Summer Vegetable Quiche with Chips
Baked Beans Peas
Strawberry Jelly & Pineapple



The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.



MSC-C-50236