

Week One

Monday

Choose From

- Margherita Pizza
- Vegetable Chow Mein
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Orange Shortbread

MEAT FREE MONDAY

Main Meal Options

- Main Option 1
- Main Option 2
- Halal
- Alternative

Tuesday

Choose From

- Beef Spaghetti Bolognese
- Vegetable & Lentil Bolognese with Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Fresh Fruit Salad

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Wednesday

Choose From

- Roast Chicken with Roast Potatoes & Gravy
- Winter Vegetable & Butterbean Puff Pastry Square with Roast Potatoes & Gravy
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Lemon Drizzle Cake



Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS V

Thursday

Choose From

- BBQ Pork with Rice
- Vegetarian Sausage with Mashed Potato & Gravy
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Eve's Pudding & Custard

Friday

Choose From

- Fish Fingers with Chips
- Homemade Spicy Bean Burger
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Pear & Berry Cobbler

All of our fish is **SUSTAINABLY SOURCED!**

WEEK COMMENCING:

31ST OCT, 21ST NOV, 12TH DEC, 16TH JAN, 6TH FEB, 6TH MARCH, 27TH MARCH



MSC-C-50236

Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

Week Two

Monday

Choose From

- Macaroni Cheese
- Quorn Burger in a bun with Tomato Relish & Potato Wedges
- Jacket Potato with Beans, Cheese, Salmon Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Oat & Raisin Cookie

MEAT FREE MONDAY

Tuesday

Choose From

- Pork Sausages & Potato Wedges
- Roasted Vegetable Lasagne
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Pear Sponge & Custard

Wednesday

Choose From

- Roast Turkey with New Potatoes & Gravy
- 3 Bean Casserole & Dumplings
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Rice Crispy Cake

Thursday

Choose From

- Beef Lasagne with Garlic Bread
- Cheese & Leek Penne Pasta with Garlic Bread
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Jelly & Mandarins

Friday

Choose From

- Battered Fish & Chips
- Margherita Pizza & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Sticky Toffee Pudding

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

WEEK COMMENCING:

7TH NOV, 28TH NOV, 2ND JAN, 23RD JAN, 20TH FEB, 13TH MARCH, 3RD APRIL

Week Three

Monday

Choose From

- Cheese & Sweetcorn Potato Boats
- Tomato & Basil Penne Pasta with Cheese
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Carrot Cake & Frosting

MEAT FREE MONDAY

Tuesday

Choose From

- Beef Chilli Con Carne & Rice
- Sweet Potato & Lentil Curry with Rice
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Chocolate Fudge Pudding & Chocolate Sauce

CHILLED DRINKING WATER IS ALWAYS AVAILABLE

Wednesday

Choose From

- Roast Gammon with Roast Potatoes
- Yorkshire Pudding and Quorn Mince
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Banana Flapjack

All of our eggs are **FREE RANGE.** We use them in lots of our cakes, quiches and other homemade dishes!

Thursday

Choose From

- Pork Sausage & Pasta Casserole
- Neapolitan Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Mixed Berry Sponge & Custard

All our meat is **UK FARM ASSURED**

Friday

Choose From

- Fish Fingers & Chips
- Winter Vegetable Quiche & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Apple Pie & Cream

WEEK COMMENCING:

14TH NOV, 5TH DEC, 9TH JAN, 30TH JAN, 27TH FEB, 20TH MARCH

