WEEK COMMENCING:18TH APRIL, 9TH MAY, 6TH & 27THJUNE,18TH JULY, 29TH AUGUST,19TH SEPTEMBER,10TH OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Goan Vegetable Curry with Rice 🔊	Vegetarian Sausage with Mashed Potato & Gravy ▼	Vegetable Chow Mein 🔻	Cheese & Tomato Pinwheel with Roast Potatoes & Gravy	Jacket Potato with Salmon or Tuna Mayo 🎿
Macaroni Cheese 🔻	Lemon & Garlic Chicken Thigh with Mashed Potatoes & Gravy	Beef & Onion Pie topped with Puff Pastry with New Potatoes & Gravy	Roast Chicken with Roast Potatoes & Gravy	Margherita Pizza with Chunky Chips ▼
Fresh Broccoli & Sweetcorn 🔊	Peas & Fresh Cauliflower ❖	Green Beans & Butternut Squash �	Carrots & Savoy Cabbage 🕏	Baked Beans & Sweetcorn �
Peach & Fruit Melba with Ice Cream 🔻	Strawberry Jelly with Watermelon Wedges ▼	Lemon Drizzle Cake 🔻	Chocolate Sponge with Chocolate Sauce v	Fresh Fruit with Fruit Yoghurt ♥

WEEK COMMENCING: 25TH APRIL, 16TH MAY,13TH JUNE, 4TH JULY, 5TH & 26TH SEPTEMBER,17TH OCTOBER

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Cheese & Tomato Pasta v	Cheese & Onion Flan with New Potatoes v	Vegetable Biryani 🗞	Jacket Potato with Cheese & Baked Beans v	Vegetable Lasagne with Focaccia bread v
Rajma Masala with Rice ᡐ	Chicken Korma with Rice	Beef Meatballs with Spaghetti in a Tomato Sauce	Peri Peri Chicken with Lemon Rice	Fish Fingers with Chunky Chips 🕰
Cauliflower & Green Beans 🔊	Carrots & Peas ❖	Fresh Broccoli & Butternut Squash 💠	Sweetcorn & Carrots 🦻	Baked Beans & Peas 🐶
Fruit Ice Lolly v	Peach & Cherry Cobbler with Custard v	Vanilla Sponge with Apple Compote v	Oat & Raisin Cookie with Orange Wedges v	Toffee Frozen Yoghurt v

WEEK COMMENCING: 2ND MAY, 23RD MAY, 20TH JUNE, 11TH JULY, 12TH SEPTEMBER, 3RD OCTOBER

Ī	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Jacket Potato with Cheese ∨ Baked Beans [©] Tuna Mayo <u></u> -	Honey & Vegetable Strips with Noodles ♥	Spinach & Lentil Dahl with Rice 💸	Cheese & Tomato Pasta 🔻	Cauliflower & Broccoli Bake with Chunky Chips 🔻
	Sweetcorn Pizza with Potato Wedges 👽	Chicken Tikka Masala with Rice & Naan Bread	Beef Lasagne with Garlic Bread	Roast Chicken with Roast Potatoes & Gravy	Breaded Fish with Chunky Chips ⊷
	Peas & Roasted Butternut Squash 💠	Fresh Cauliflower & Green Beans 🔊	Broccoli & Sweetcorn 👽	Carrots & Savoy Cabbage 💀	Baked Beans and Peas 🐶
	Chocolate & Vanilla Mousse ¥	Eves Pudding v	Fresh Fruit Salad 🔻	Fruity Flapjack ⊛	Oaty Apple Crumble with Custard 🔻









Sustainably Caught Fish

DID YOU KNOW?







Look out for our new app. designed to make ordering and paying for meals even easier!

Click here for meal ordering and payment information

BETTER FOR YOU, BETTER FOR THE PLANET

Welcome to our healthiest menu yet!

We've been working hard to improve our recipes so that they're still delicious but also better for you and the planet! One way we've done this is by adding more plant based proteins such as red lentils and cannellini beans and that's meant...



WE'VE REDUCED SATURATED FAT PER PORTION



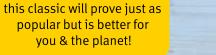
LENTILS & BEANS WHICH CONTRIBUTE **TOWARDS PUPILS'** 5-A-DAY



FIRRE BY AROUT PER PORTION



WE'VE INCREASED



We've reduced our CO²

emissions by an average of

420g per meal

with these new recipes!

That's the equivalent of

driving a medium sized

petrol car for almost a mile.

Our nutritionists talk about the benefits of the new recipes!





CONTACT US:



WHY NOT TRY ONE OF

OUR RECIPES AT HOME?

Spaghetti Bolognese is a

family favourite, our take on

Payments and Meal Ordering



Nutrition Guidance

FOLLOW US:



@ISS_Education

MADE FROM GREAT INGREDIENTS. BY AWESOME PEOPLE!



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

Terrific

...AND ABSOLUTELY FREE FOR MANY, INCLUDING **EVERY CHILD IN KS1!**



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares he thoughts on the value of school lunches



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE