


WEEK COMMENCING: **19th April, 10th May, 21st June, 12th July, 13th Sept, 4th Oct**

WEEK 1

MONDAY

BBQ Chicken Pasta Bake  
 Chickpea & Mixed Vegetable Balti   
 Ham, Cheese or Tuna Sandwich  
 Jacket Potato with Cheese  
 Sweetcorn & Green Beans  
 Peach Fool



TUESDAY

Spagetti Bolognaise  
 Vegetable Lasagne   
 Ham, Cheese or Tuna Sandwich  
 Jacket Potato with Baked Beans  
 Roasted Mediterranean Vegetables  
 Oat & Sultana Flapjack



WEDNESDAY

Roast Beef with Roast Potatoes & Gravy  
 Honey & Ginger Vegetable Strips Stir Fry with Noodles   
 Ham, Cheese or Tuna Sandwich  
 Pasta with Sauce  
 Carrots & Broccoli  
 Pineapple Upsidedown Sponge with Custard

THURSDAY

Goan Vegetable Curry   
 Red Onion & Sweetcorn Pizza   
 Ham, Cheese or Tuna Sandwich  
 Pasta with Sauce  
 Sweetcorn  
 Cheese & Crackers

FRIDAY

Fish Fingers & Chips   
 Falafel & Salad Burger   
 Ham, Cheese or Tuna Sandwich  
 Jacket Potato with Salmon Mayonnaise or Pasta with Sauce  
 Peas & Baked Beans  
 Syrup Sponge & Custard

KEY



Vegetarian



Plant Based Vegan Friendly



Halal Option Available



Sustainably Caught Fish


WEEK COMMENCING: **26th April, 17th May, 7th June, 28th June, 19th July, 20th Sept, 11th Oct**

WEEK 2

MONDAY

Moroccan Beef  
 Cheese & Tomato Pasta Bake   
 Ham, Cheese or Tuna Sandwich  
 Jacket Potato with Baked Beans  
 Broccoli & Roast Mediterranean Vegetables  
 Vanilla Sponge with Apple Compote

TUESDAY

Chicken & Leek Wholemeal Pastry Pie  
 Vegetable Hot Pot   
 Ham, Cheese or Tuna Sandwich  
 Jacket Potato with Baked Beans or Pasta with Sauce  
 Roasted Cauliflower or Green Beans  
 Chocolate Tiffin



WEDNESDAY

Roast Gammon with Roast Potatoes & Gravy  
 Vegetarian Biryani   
 Ham, Cheese or Tuna Sandwich  
 Pasta with Sauce  
 Green Cabbage & Carrots  
 Frozen Toffee Yoghurt

THURSDAY

Shepherdess Pie with Sweet Potato Topping   
 Margherita Pizza   
 Ham, Cheese or Tuna Sandwich  
 Pasta with Sauce  
 Sweetcorn & Sweet Potato  
 Iced Vanilla Sponge

FRIDAY

Fish Fingers & Chips   
 Mexican Rice Wrap   
 Ham, Cheese or Tuna Sandwich  
 Pasta with Sauce  
 Peas & Baked Beans  
 Vanilla Ice Cream with Fruits


WEEK COMMENCING: **3rd May, 24th May, 14th June, 5th July, 6th Sept, 27th Sept, 18th Oct**

WEEK 3

MONDAY

Chicken Sausage with Mashed Potato & Gravy  
 Quorn Sausage with Mashed Potato & Gravy   
 Ham, Cheese or Tuna Sandwich  
 Pasta with Sauce  
 Green Beans  
 Oaty Apple & Berry Crumble with Custard

TUESDAY

Beef Lasagne  
 Macaroni Cheese   
 Ham, Cheese or Tuna Sandwich  
 Jacket Potato with Baked Beans  
 Carrots  
 Shortbread



WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy  
 Vegetarian Chicken Style Piri Piri Strips Wrap   
 Ham, Cheese or Tuna Sandwich  
 Pasta with Sauce  
 Cauliflower  
 Orange Jelly & Mandarins

THURSDAY

Vegetarian Chow Mein   
 Roasted Vegetable Pizza   
 Ham, Cheese or Tuna Sandwich  
 Pasta with Sauce  
 Roasted Mediterranean Vegetables & Sweetcorn  
 Lemon & Courgette Muffin

FRIDAY

Fish Fingers with Chips   
 Vegetable Chilli Con Carne   
 Ham, Cheese or Tuna Sandwich  
 Jacket Potato with Cheese or Pasta with Sauce  
 Peas & Baked Beans  
 Eve's Pudding & Custard



# INTRODUCING YOUR NEW MENU



Welcome to your new menu, which has been created so your child can enjoy a delicious, balanced school lunch every day. On this page you'll find some of our dedicated people talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Before you read on, we'd also like to reassure you that our service is safe and has been carefully reviewed throughout the pandemic, with adjustments made where needed. Our catering teams have received training, to ensure they are following Government guidance at all times, and our local managers have assessed and will continue to review the service.

Thank you and please get in touch if you have any questions or suggestions!



Click here for Meal Ordering and Payment information



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

## YOUR SCHOOL LUNCHES ARE:

### MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE

Our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



**Love British Food**  
Official Partner

Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Check out this tasty sweet potato, lentil and chickpea curry recipe!

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

Click on the video to hear from Jane and Duncan, two of our awesome chefs, as they prepare one of our delicious recipes!



### EVEN HEALTHIER & STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.



Charlotte Quick, Company Nutritionist, explains a little about how we build our menus

### THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!



## Terrific

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



### CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



### FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the value of school lunches



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

### CONTACT US:



Payments and Meal Ordering

Nutrition Guidance



General Enquiries

### FOLLOW US:



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