

WEEK COMMENCING: 2nd November, 23rd November, 14th December, 4th January, 25th January, 8th March, 29th March

WEEK 1

MONDAY

Chicken Sausages with Mashed Potato & Gravy
 Quorn Sausage with Mashed Potato & Gravy 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Sweetcorn & Broccoli
 Apple Crumble & Custard


TUESDAY

Beef Keema Curry with Rice
 Macaroni Cheese 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Spinach & Cauliflower
 Oat & Sultana Biscuit



WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
 Cheese & Broccoli Quiche 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Carrots & Green Cabbage
 Pineapple Upside Down Cake & Custard

THURSDAY

Chickpea & Mixed Vegetable Balti with Rice 
 Red Onion  & Sweetcorn Pizza
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Roasted Mediterranean Vegetables & Sweetcorn
 Fruit Salad & Yoghurt

FRIDAY

Fish Fingers with Chips 
 Tarka Dhal with Rice 
 Jacket Potato with Baked Beans, Cheese or Tuna
 Sandwiches with various Fillings
 Peas & Baked Beans
 Strawberry Jelly & Ice Cream

KEY



Vegetarian



Plant Based Vegan Friendly



MSC Fish

WEEK COMMENCING: 9th November, 30th November, 21st December, 11th January, 1st February, 22nd February, 15th March

WEEK 2


MONDAY

Beef Bolognese
 Vegetable & Lentil Bolognese 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Broccoli & Vegetable Medley
 Eve's Pudding & Custard



TUESDAY

Chicken Curry with Rice
 Spicy Bean Burger with Wedges 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Cauliflower & Green Beans
 Iced Vanilla Sponge



WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
 Vegetarian Strips with Roast Potatoes & Gravy 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Cabbage & Carrots
 Frozen Toffee Yoghurt

THURSDAY

Vegetable Chilli with Rice 
 Margherita Pizza 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Sweetcorn & Cauliflower
 Chocolate Tiffin


FRIDAY

Battered Fish & Chips 
 Cheese & Leek Potato Boats 
 Jacket Potato with Baked Beans, Cheese or Tuna
 Sandwiches with various Fillings
 Peas & Baked Beans
 Apple Crumble with Custard

WEEK COMMENCING: 16th November, 7th December, 18th January, 8th February, 1st March, 22nd March

WEEK 3


MONDAY

Jerk Chicken & Rice
 Oriental Soy Honey & Ginger Strips with Egg Noodles 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Red Cabbage & Green Beans
 Pear & Chocolate Sponge with Custard

TUESDAY

Beef Lasagne
 Three Bean Casserole 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Broccoli & Cauliflower
 Flapjack



WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
 Quorn Toad in the Hole 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Mashed Swede, Carrots & Spinach
 Orange Jelly & Mandarins

THURSDAY

Meat Free Pizza 
 Butterbean & Vegetable Tagine 
 Pasta with a Choice of Toppings
 Sandwiches with various Fillings
 Roasted Mediterranean Vegetables & Sweetcorn
 Lemon & Courgette Muffin

FRIDAY

Fish Fingers & Chips 
 Vegetable Calzone with Salad 
 Jacket Potato with Baked Beans, Cheese or Tuna
 Sandwiches with various Fillings
 Peas & Baked Beans
 Apple Strudel & Custard

HOT MEALS ARE BACK!

INTRODUCING YOUR NEW MENU

THANK YOU

This academic year has been like no other, which is why school lunches might have been a bit different recently. We'd like to say a big thank you for your support whilst we've been establishing the best approach for your school.

Where we've temporarily introduced packed lunches, we've been working hard behind the scenes to safely reintroduce hot meals.

We're now pleased to share the new menu with you, along with some of the great benefits school lunches can offer children and families!

WELL FOR WINTER

Eating well helps to build and maintain healthy immune systems, which is why we think it's so important children can enjoy healthy, warming lunches at school, wherever possible.

We know it's a difficult time for most right now so want to highlight five ways school meals have the power to support you and your child this winter.



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE

YOUR SCHOOL LUNCHES ARE:

Click here for Meal Ordering and Payment information

1 SUPER SAFE



From implementing Covid-19 safety measures, to carefully catering for a range of special dietary needs, the safety of our people and diners is always our top priority. Our health and safety experts make sure our catering teams have everything they need to run a safe service each day and support them with risk assessments and regular service reviews.



Check out our 'back to school' guide for parents and carers to hear from our management and nutrition specialists.

2 MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



Over 85% of our dishes are freshly prepared each day



The menus are accredited by the Soil Association – meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible – a fact we love to show off through our partnership with Love British Food.

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.



3 EVEN HEALTHIER – AND STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR IN OUR MENUS BY 30%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.



THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count and are proud Peas Please pledgers. Find out more here!



WE'VE INTRODUCED MORE PLANT-BASED OPTIONS

So children have more choice when it comes to enjoying meat-free meals which can provide more fibre & less saturated fat!



4 TERRIFIC VALUE

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits – could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

5 TOP TIME SAVERS



Leave the challenge of creating exciting lunches every day to us – save time on shopping and chopping!

CONTACT US:

Payments and Meal Ordering

Nutrition Guidance

General Enquiries

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