



Your Food for Life Catering Mark

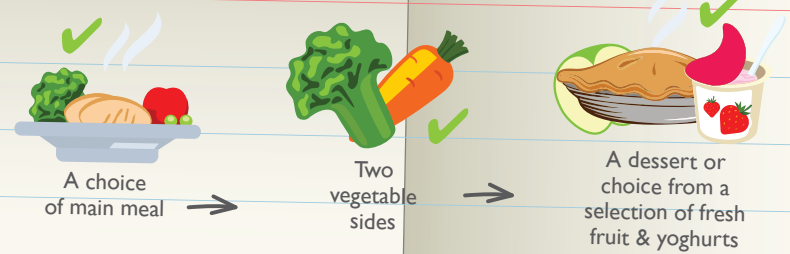


Psst! Seen this before? It's the Soil Association logo - you might have spotted it in the supermarket or on TV.

The Soil Association awards caterers with the Food for Life Catering Mark for providing food which is healthy, sustainably sourced and better for animal welfare. In Hull, ISS Education has achieved the Food for Life Bronze Catering Mark meaning:

- ✓ All of the eggs we use are free range
- ✓ We use organic apples, bananas and Yeo Valley yoghurts!
- ✓ We source British, local and seasonal produce where possible
- ✓ All of our meat is from farms which satisfy UK animal welfare standards
- ✓ We have achieved the MSC's (Marine Stewardship Council) Chain of Custody certification which demonstrates that the fish we serve is from well-managed and sustainable fisheries.

So what's actually included in a school lunch?



Our eggs are Free Range!

Harper Farm, West Yorkshire
 Charles Stephenson has been working 22 years in free-range production. His farm is based in the foothills of the Pennines. He supports the BEIC Lion branding that is so important within the UK. Welfare is of the highest importance to Charlie's healthy birds and he spends a great deal of time on the look out for anything that may trouble the health of his flocks. Charlie's commitment to reducing his own company's carbon footprint through his investment in a wind turbine reinforced the principles of sustainable food production from primary production through to its point of sale.



Roll up... get your Free School Meals here!

It's well known now that all Key Stage 1 pupils get their lunchtime meals for free. The good news is that if your family receive certain benefits you may be entitled to free school meals for your child at any age! Whether your child is Pupil Premium in KS1 or KS2, please remember to register for free school meals if you think you are entitled. Doing this helps your family and your school!

For more details, please contact your school.



Why not visit our website...

www.feedinghungryminds.co.uk

We know that a lot of you access our website on tablets and mobile phones, so we designed ours to be easier to use on these devices!

We're particularly proud of the school search function. If you type the name of your child's school into the search field, you will be able to access the correct menu, payments, catering mark information and more!

Special diets & allergies

If your child has a specific dietary need for a medical reason we would be delighted to provide them with a bespoke special diet menu. If you would like your child to have a school lunch, a medical dietary request form is available from your school's reception. You can also download it from our new website!

If you have any questions or suggestions about our food give us a call (details below) or e-mail our food development team directly at FDT@uk.issworld.com



FACILITY SERVICES EDUCATION



Feeding Hungry Minds

introducing... your marvellous menu Tweendykes School



Find out about free school meals!



We are always looking for ways to improve our service and welcome your questions and suggestions! What do you think of our new website? Maybe you want to speak to us about the service at your school? No problem! You can get in touch by e-mailing us at hello@feedinghungryminds.co.uk or by calling us on 01708 349 430.



new website!

www.feedinghungryminds.co.uk

Week One

Monday

Choose From
Assorted Pizza & Wedges
Macaroni Cheese
Jacket Potato with a Selection of Toppings

On the Side
Peas & Sweetcorn
Something Sweet
Oaty Apple Crumble

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

 Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & YOGHURTS

Tuesday

Choose From
Spaghetti Bolognaise
Frittata
Jacket Potato with a Selection of Toppings

On the Side
Peas & Baked Beans
Something Sweet
Pear & Peach Sponge

Wednesday

Choose From
Roast Pork & New Potatoes
Vegetable Chow Mein
Jacket Potato with a Selection of Toppings

On the Side
Cabbage & Carrots
Something Sweet
Rice Crispy Buns

Thursday

Choose From
Ham Pizza
Veg Hot Pot
Jacket Potato with a Selection of Toppings

On the Side
Mixed Vegetables
Something Sweet
Lemon Drizzle Cake & Custard

Friday

Choose From
Battered Fish & Chips
Sandwiches
Jacket Potato with a Selection of Toppings

On the Side
Peas & Baked Beans
Something Sweet
Fruit Salad & Jelly

All of our fish is SUSTAINABLY SOURCED!



Week Two

Monday

Choose From
Sausage & Mashed Potato
Tomato Pasta
Jacket Potato with a selection of Toppings

On the Side
Cauliflower & Green Beans

Something Sweet
Coconut Shortcake & Custard

Tuesday

Choose From
Chilli Con Carne
Vegetable Quiche
Jacket Potato with a Selection of Toppings

On the Side
Cauliflower & Green Beans

Something Sweet
Raisin Fruit Shortcake & Custard

Wednesday

Choose From
Chicken Chasseur & Savoury Rice
Quorn Sausages
Jacket Potato with a Selection of Toppings

On the Side
Carrots & Peas

Something Sweet
Banana & Sweet Potato Muffin and Custard

Thursday

Choose From
Beef Stew & Dumplings
Leek & Potato Bake
Jacket Potato with a selection of Toppings

On the Side
Cauliflower & Green Beans

Something Sweet
Fruit Salad & Honey Yoghurt

Friday

Choose From
Fish Fingers & Chips
Pizza
Jacket Potato with a Selection of Toppings

On the Side
Seasonal Veg

Something Sweet
Lemon & Courgette Cake

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!



We use Red Tractor cheese, which means it can be traced from farm gate to school plate!

Week Three

Monday

Choose From
Spaghetti Bolognaise & garlic Bread
Pesto Pasta
Jacket Potato with a Selection of Toppings

On the Side
Peas & Baked Beans
Something Sweet
Jam Coconut Sponge

Tuesday

Choose From
Chicken & Vegetable Pie
Vegetable Noodles
Jacket Potato with a Selection of Toppings

On the Side
Cabbage & Cauliflower
Something Sweet
Fruit Crumble & Custard

Wednesday

Choose From
Roast Gammon served with Roast Potatoes & Yorkshire Pudding
Jacket Potato & Beans
Jacket Potato with a selection of Toppings

On the Side
Carrots & Green Beans
Something Sweet
Bakewell Tart & Custard

Thursday

Choose From
Lasagne
Vegetable Quiche
Jacket Potato with a Selection of Toppings

On the Side
Sweetcorn & Coleslaw
Something Sweet
Chocolate & Red Berry Muffin

Friday

Choose From
Fishcakes & Chips
Cheese Wraps
Jacket Potato with a Selection of Toppings

On the Side
Seasonal Vegetables
Something Sweet
Fresh Fruit Fool



CHILLED DRINKING WATER IS ALWAYS AVAILABLE



All of our eggs are **FREE RANGE.** We use them in lots of our cakes, quiches and other homemade dishes!



All our meat is **UK FARM ASSURED**