

Week One

Monday

Choose From
 Chicken Sausage & Gravy with Mashed Potato
 Quorn Sausage & Gravy with Mashed Potato

On the Side
 Cabbage & Cauliflower
Something Sweet
 Cheese & Biscuits

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

Tuesday

Choose From
 Sticky Chicken with Rice
 Chickpea Curry with Rice

On the Side
 Broccoli & Sweetcorn
Something Sweet:
 Peaches & Custard

Wednesday

Choose From
 Roast Chicken & Gravy with Yorkshire Pudding & Roast Potatoes
 Vegetable Puff & Gravy with Roast Potatoes

On the Side
 Carrots & Leeks & Spring Green Cabbage
Something Sweet
 Pineapple & Coconut Crumble & Custard

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS

Thursday

Choose From
 Lamb Lasagne
 Vegetable Lasagne

On the Side
 Sweetcorn, Carrot & Cucumber Sticks
Something Sweet
 Banana Flapjack

We have been awarded the Marine Stewardship Council (MSC) Chain of Custody certification in all Redbridge schools, which means our MSC certified seafood is traceable from the fishery to your child's plate.

Friday

Choose From
 Fish Fingers with Chips
 Margherita Pizza

On the Side
 Baked Beans & Peas
Something Sweet
 Sultana Cookie

WEEK COMMENCING: 20TH APR, 11TH MAY, 8TH JUNE
 29TH JUNE, 20TH JULY, 14TH SEPT, 5TH OCT

Week Two

Monday

Choose From
 Stir Fry Chicken Noodles
 Sweet Chilli Vegetable Noodles

On the Side
 Carrots & Green Beans
Something Sweet
 Fresh Fruit & Honeyed Yoghurt

Tuesday

Choose From
 Spaghetti Bolognese with Garlic Bread
 Macaroni Cheese

On the Side
 Sweetcorn & Cauliflower
Something Sweet
 Apple Crumble & Custard

Wednesday

Choose From
 Roast Turkey & Gravy with Roast Potatoes
 Summer Vegetable Quiche with Roast Potatoes

On the Side
 Peas & Broccoli
Something Sweet
 Banana Split Cake

Thursday

Choose From
 Carribean Chicken Curry with Rice
 Mexican Rice & Vegetable Wrap

On the Side
 Sweetcorn & Summer Slaw
For Afters
 Lemon Cake & Custard

Friday

Choose From
 Fish Fingers with Chips
 Vegetarian Sausage Pizza

On the Side
 Baked Beans & Peas
Something Sweet
 Fruit Salad & Ice Cream

WEEK COMMENCING: 27TH APR, 18TH MAY, 15TH JUNE,
 6TH JULY, 31ST AUG, 21ST SEPT, 12TH OCT

Week Three

Monday

Choose From
 Sticky Chicken with Baked Potato Wedges
 Vegetarian Nuggets with Baked Potato Wedges

On the Side
 Peas & Sweetcorn
Something Sweet
 Frozen Toffee Yoghurt

Tuesday

Choose From:
 Lamb Balti with Rice
 Sweet Potato Curry with Rice

On the Side
 Broccoli & Mixed Vegetables
Something Sweet
 Oat Dream Cookie & Milk

Wednesday

Choose From
 Roast Chicken & Gravy with Roast Potatoes
 Quorn Sausage Toad in the Hole & Gravy with Roast Potatoes

On the Side
 Carrots & Spinach
Something Sweet
 Mandarins & Strawberry Milk Jelly

Thursday

Choose From
 Lamb Meatballs in Tomato Sauce with Pasta
 Cheesy Leek Pasta Bake

On the Side
 Green Beans & Sweetcorn
Something Sweet
 Courgette Cake

Friday

Choose From
 Salmon Puff or Fish Fingers with Chips
 Sweetcorn & Pepper Pizza

On the Side
 Baked Beans & Peas
Something Sweet
 Fruit Salad & Honeyed Yoghurt

WEEK COMMENCING: 4TH MAY, 25TH MAY, 22ND JUNE,
 13TH JULY, 7TH SEPT, 28TH SEPT, 19TH OCT

We use **ORGANIC MILK** in all of our homemade dishes and offer it as a drink too!

All of our cheese is **RED TRACTOR**, which means it can be traced from farm gate to school plate!

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

CHILLED DRINKING WATER IS ALWAYS AVAILABLE

All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

All our meat is **UK FARM ASSURED**