

Week One

Monday

Choose From

Chicken Sausage & Gravy with Mashed Potato
Quorn Sausage & Gravy with Mashed Potato

On the Side

Carrots & Cauliflower

Something Sweet

Chocolate Cake & Chocolate Sauce

Tuesday

Choose From

Sticky Chicken served with Rice
Chickpea & Vegetable Curry served with Rice

On the Side

Carrots & Broccoli

Something Sweet:

Stewed Apple & Custard

Wednesday

Choose From

Roast Chicken & Gravy with Yorkshire Pudding & Roast or New Potatoes
Vegetable Puff & Gravy served with Roast or New Potatoes

On the Side

Carrots & Leeks & Spring Green Cabbage

Something Sweet

Pineapple & Coconut Crumble & Custard

Thursday

Choose From

Lamb Lasagne
Cheese Quiche served with Crushed Potatoes

On the Side

Green Beans & Broccoli

Something Sweet

Marble Cake & Custard

Friday

Choose From

Fish Fingers served with Chips
Vegetarian Burger served with Chips

On the Side

Baked Beans & Peas

Something Sweet

Banana & Custard

WEEK COMMENCING: 20TH APR, 11TH MAY, 8TH JUNE
29TH JUNE, 20TH JULY, 14TH SEPT, 5TH OCT

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Yeo Valley
Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.

CERTIFIED SUSTAINABLE SEAFOOD MSC
We have been awarded the Marine Stewardship Council (MSC) Chain of Custody certification in all Redbridge schools, which means our MSC certified seafood is traceable from the fishery to your child's plate.

Week Two

Monday

Choose From

Stir Fry Chicken Noodles
Quorn & Vegetable Noodles

On the Side

Carrots & Green Beans

Something Sweet

Peaches & Rice Pudding

Tuesday

Choose From

Pasta Bolognese
Vegetarian Bolognese

On the Side

Peas & Cauliflower

Something Sweet

Chocolate Cake & Chocolate Sauce

Wednesday

Choose From

Roast Turkey & Gravy served with Roast or New Potatoes
Summer Vegetable Quiche served with Roast or New Potatoes

On the Side

Broccoli & Mixed Vegetables

Something Sweet

Banana Split Cake

Thursday

Choose From

Carribbean Chicken Curry served with Rice
Jacket Potato topped with Cheese & Beans

On the Side

Carrots & Green Beans

Something Sweet

Lemon & Thyme Cake & Custard

Friday

Choose From

Fish Pie
Vegetable Nuggets served with Chips

On the Side

Baked Beans & Peas

Something Sweet

Apple Crumble & Custard

WEEK COMMENCING: 27TH APR, 18TH MAY, 15TH JUNE,
6TH JULY, 31ST AUG, 21ST SEPT, 12TH OCT

We use **ORGANIC MILK** in all of our homemade dishes and offer it as a drink too!

All of our cheese is **RED TRACTOR**, which means it can be traced from farm gate to school plate!

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

Week Three

Monday

Choose From

Chicken Pasta Bake
Jacket Potato topped with Cheese & Baked Beans

On the Side

Peas & Carrots

Something Sweet

Banana & Custard

Tuesday

Choose From:

Lamb Balti served with Rice
Macaroni Cheese

On the Side

Broccoli & Cauliflower

Something Sweet

Chocolate Cake

Wednesday

Choose From

Roast Chicken Drumsticks & Gravy served with Roast or Boiled Potatoes
Vegetable Hot Pot

On the Side

Carrots & Spinach

Something Sweet

Lemon Sponge & Custard

Thursday

Choose From

Lamb Meatballs in a Tomato Sauce served with Pasta
Cheese Quiche served with Crushed Potatoes

On the Side

Broccoli & Green Beans

Something Sweet

Apple Flapjack

Friday

Choose From

Fish Fingers served with Chips
Sweet Potato Curry served with Rice

On the Side

Baked Beans & Peas

Something Sweet

Fruit Salad & Yoghurt

WEEK COMMENCING: 4TH MAY, 25TH MAY, 22ND JUNE,
13TH JULY, 7TH SEPT, 28TH SEPT, 19TH OCT

CHILLED DRINKING WATER IS ALWAYS AVAILABLE

All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

All our meat is **UK FARM ASSURED**