


Week 1

WEEK COMMENCING: 16TH APRIL / 7TH MAY / 4TH JUNE / 25TH JUNE / 16TH JULY / 10TH SEPT / 1ST OCT / 22ND OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
● Pork Sausage with Mash & Gravy	● Beef Lasagne	● Roast Chicken with Roast Potatoes & Gravy	● Chicken Curry with Rice	● Fish Fingers & Chips 
● Margherita Pizza	● Italian Tomato & Basil Pasta	● Vegetable Balti Burrito	● Margherita Pizza	● Vegetarian Burger in a Bun with Chips
● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Salmon Mayo Beans,  Cheese,  or Coleslaw
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Eve's Pudding with Custard	Peach Fool with Shortbread	Lemon Drizzle Cake	Fruity Flapjack	Chocolate Muffin

Week 2

WEEK COMMENCING: 23RD APRIL / 14TH MAY / 11TH JUNE / 2ND JULY / 23RD JULY / 17TH SEPT / 8TH OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
● Beef Burger in a Bun with Jacket Wedges	● Garlic & Lemon Chicken with Savoury Rice	● Roast Gammon with Roast Potatoes & Gravy	● Beef Pasta Bolognese	● Battered Fish & Chips 
● Potato, Red Onion & Cheese Frittata	● Margherita Pizza	● Tarka Dahl with Rice	● Vegetarian Pasta Bolognese	● Vegetarian Frankfurter with Chips
● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Peach Upside Down with Ice Cream	Strawberry Jelly with Mandarins	Oat & Sultana Biscuit	Pear & Berry Ripple Cake with Ice Cream	Lemon Muffin

Week 3

WEEK COMMENCING: 30TH APRIL / 21ST MAY / 18TH JUNE / 9TH JULY / 3RD SEPT / 24TH SEPT / 15TH OCT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
● Chicken Sausage with Mash & Gravy	● Chicken & Sweetcorn Pie with Boiled Potatoes	● Roast Turkey with Roast Potatoes & Gravy	● Spicy Beef Pizza	● Fish Fingers & Chips 
● Cheese, Leek & Potato Pasty	● Sweet Potato & Lentil Curry with Rice	● Vegetarian Strips with Roast Potatoes & Gravy	● Margherita Pizza	● Quorn & Vegetable Fajita
● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw	● Jacket Potato with Tuna Mayo Beans,  Cheese,  or Coleslaw
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Pear & Vanilla Sponge with Custard	Apple & Berry Crumble with Ice Cream	Iced Sponge	Berry Muffin	Crispy Cake

The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.