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# WEEK COMMENCING: 1ST MAY/22ND MAY/19TH JUNE/10TH JULY/4TH SEPT/25TH SEPT/16TH OCT

## MONDAY

Golden Crispy Bun

#### **TUESDAY**

with Ice Cream or Custard

#### WEDNESDAY

Roast Gammon with

Mixed Vegetables

#### **THURSDAY**

Cheese & Tomato

#### FRIDAY

Battered Fish & Chips (5)



Frozen Yoghurt with Peaches



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

#### 11seek 2 WEEK COMMENCING: 8TH MAY/5TH JUNE/26TH JUNE/17TH JULY/11TH SEPT/2ND OCT

## MONDAY

Beef or Vegetarian Burger in a Bun

Spanish Quorn in Tomato Sauce with Potato Wedges

> Jacket Potato with Baked Beans

Tuna & Sweetcorn Sandwich

## TUESDAY

Chicken Wrap

lacket Potato with Tuna & Sweetcorn

Egg Mayo Roll

Mixed Vegetables

Peach Sponge with Ice Cream or Custard

## WEDNESDAY

Roast Chicken Breast with **Boiled Potatoes & Gravy** 

Ouorn Chilli with Rice

Jacket Potato with Cheese

Tuna Mayo Sandwich

Cabbage

lam Shortcake with Custard

## THURSDAY

Savoury Mince with Mash & Yorkshire Pudding

Margherita Pizza

lacket Potato with Cheese & Coleslaw

Pear Sponge with Custard

#### FRIDAY

Fish Fingers & Chips (19)

with Pasta

lacket Potato with Baked Beans & Cheese

Cheese & Tomato Sandwich

Chocolate Brownie

## 11seek 3 Week commencing: 24th April/15th May/12th June/3rd July/24th July/18th Sept

## MONDAY

with Mash & Gravy

Vegetable Chilli with Rice

Berry Sponge with Custard

## TUESDAY

Cheese Sandwich

## WEDNESDAY

Beef Spaghetti Bolognese

Margherita Pizza

Jacket Potato with

Cauliflower

with Chocolate Sauce

# THURSDAY

Roast Turkey with

Bean & Rice Wrap

Jacket Potato

Mixed Vegetables

#### FRIDAY

Jacket Potato with

Cheese & Tomato Sandwich

Orange Muffin