

# Week One

Monday

**Choose From**

- Baked Sausage & Gravy served with Mashed Potatoes
- Vegetarian Sausages served with Mashed Potatoes ✓
- Baked Potato with Cheese & Coleslaw ✓

**On the Side**

- Carrots & Peas ✓
- Something Sweet
- Peaches & Custard ✓

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Tuesday

**Choose From**

- Beef Lasagne served with Garlic Bread
- Mixed Vegetable Rice with Quorn ✓
- Baked Potato with Baked Beans ✓

**On the Side**

- Green Salad & Broccoli ✓
- Something Sweet
- Chocolate Tiffin ✓

Wednesday

**Choose From**

- Farm Assured Roast Gammon served with Roast or New Potatoes
- Creamy Vegetable Puff & Gravy served with Roast or New Potatoes ✓
- Cheese & Ham Melt on an Organic Baguette

**On the Side**

- Carrots & Green Beans ✓
- Something Sweet
- Pineapple Upside Down
- Pudding & Custard ✓

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS

Thursday

**Choose From**

- Chicken Pizza
- Margherita Pizza ✓
- Pasta Neapolitan ✓

**On the Side**

- Sweetcorn & Coleslaw ✓
- Something Sweet
- Chocolate & Orange Sponge with Chocolate Sauce ✓

Friday

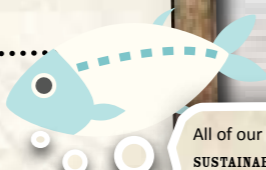
**Choose From**

- Baked Fish Fingers served with Chips or Pasta
- Vegetarian Burger served with Chips or Crushed Potatoes ✓
- Baked Potato with Cheese ✓

**On the Side**

- Baked Beans & Peas ✓
- Something Sweet
- Caramel Muffin ✓

All of our fish is SUSTAINABLY SOURCED!



NOVEMBER 3RD & 24TH, DECEMBER 15TH, JANUARY 19TH, FEBRUARY 9TH, MARCH 9TH & 30TH

If a dish has a ✓ next to it then it is suitable for vegetarians

# Week Two

Monday

**Choose From**

- Sausage Casserole
- Vegetable Pasta Bake ✓
- Baked Potato with Bean Chilli ✓

**On the Side**

- Broccoli & Carrots ✓
- Something Sweet
- Chocolate Sponge & Chocolate Sauce ✓

We use ORGANIC MILK in all of our homemade dishes!



Tuesday

**Choose From**

- Homemade Salmon Fishcake served with Crushed Potatoes
- Vegetable Bolognese ✓
- Cheese & Tomato Melt on an Organic Baguette ✓

**On the Side**

- Cauliflower & Green Beans ✓
- Something Sweet
- Fresh Fruit & Honeyed Yoghurt ✓

Wednesday

**Choose From**

- Farm Assured Roast Chicken & Gravy served with Roast or New Potatoes
- Cheese & Potato Pie ✓
- Baked Potato with Tuna Mayonnaise

**On the Side**

- Honey Roasted Parsnips & Cabbage ✓
- Something Sweet
- Apple Pie & Custard ✓

All of our cheese is RED TRACTOR, which means it can be traced from farm gate to school plate!



Thursday

**Choose From**

- Ham, Cheese & Tomato Pizza
- Margherita Pizza ✓
- Pasta Neapolitan ✓

**On the Side**

- Sweetcorn & Spinach ✓
- Something Sweet
- Sticky Lemon & Thyme Cake ✓

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD



Friday

**Choose From**

- Baked Fish Fingers served with Chips or Rice
- Butternut & Chickpea Curry served with Rice or Chips ✓
- Baked Potato with Cheese ✓

**On the Side**

- Baked Beans & Peas ✓
- Something Sweet
- Oat Dream Cookie ✓

We think that BRITISH SEASONAL food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!



NOVEMBER 10TH, DECEMBER 1ST, JANUARY 5TH & 26TH, FEBRUARY 23RD, MARCH 16TH

# Week Three

Monday

**Choose From**

- Chicken Korma served with Rice (Mild Creamy Curried Chicken)
- Baked Bean Lasagne ✓
- Cheese & Onion Melt on an Organic Baguette ✓

**On the Side**

- Carrots, Peas & Spinach ✓
- Something Sweet
- Peach Crumble with Custard ✓



CHILLED DRINKING WATER IS ALWAYS AVAILABLE

Tuesday

**Choose From**

- Shepherd's Pie
- Macaroni Cheese made with Organic Milk ✓
- Baked Potato with Baked Beans ✓

**On the Side**

- Green Cabbage & Carrots ✓
- Something Sweet
- Banoffee Tart ✓

Wednesday

**Choose From**

- Pasta with Meatballs in a Tomato Sauce
- Pasta with Quorn Meatballs in a Tomato Sauce ✓
- Baked Potato with Bolognese Sauce ✓

**On the Side**

- Green Beans & Cauliflower ✓
- Something Sweet
- Jam Sponge & Custard ✓

EGGS

All of our eggs are FREE RANGE. We use them in lots of our cakes, quiches and other homemade dishes!

Thursday

**Choose From**

- Cajun Chicken Pizza
- Margherita Pizza ✓
- Vegetable Noodle Stir Fry ✓

**On the Side**

- Sweetcorn & Roasted Vegetables ✓
- Something Sweet
- Apple Crumble & Custard ✓

Friday

**Choose From**

- Baked Fish Fingers served with Chips or Pasta
- Neapolitan Beany Pasta ✓
- Baked Potato with Cheese ✓

**On the Side**

- Baked Beans & Peas ✓
- Something Sweet
- Orange Shortbread ✓

NOVEMBER 17TH, DECEMBER 8TH, JANUARY 12TH, FEBRUARY 2ND, MARCH 2ND & 23RD

