



WEEK ONE



WEEK TWO



WEEK THREE

MONDAY		MONDAY		MONDAY	
Meat Main	Chicken Casserole with Sweetcorn Dumplings	Meat Main	Beef Burger in a Bun with Potato Wedges	Meat Main	Spaghetti Bolognese
Vegetarian Main	Macaroni Cheese Bake	Vegetarian Main	Pasta with Spicy Ratatouille	Vegetarian Main	Quorn & Vegetable Chilli Tortilla with Salsa
Vegetables	Cauliflower Green Beans	Vegetables	Coleslaw Sweetcorn	Vegetables	Courgette Carrot Mash
Dessert	Apple Flapjack	Dessert	Peaches with Custard	Dessert	Jam & Coconut Madeleine Sponge & Custard
TUESDAY		TUESDAY		TUESDAY	
Meat Main	Meatballs in Tomato Sauce with Penne Pasta	Meat Main	Pork Sausage, Mash & Gravy	Meat Main	Chicken Fajitas with Rice
Vegetarian Main	Sweet Potato & Lentil Curry served with Rice	Vegetarian Main	Quorn Toad in the Hole with Mash & Gravy	Vegetarian Main	Roasted Vegetable & Bean Burrito
Vegetables	Roasted Squash Creamed Spinach	Vegetables	Green Beans Braised Red Cabbage	Vegetables	Green Beans Sweetcorn
Dessert	Butternut Cake with Custard	Dessert	Steamed Chocolate Sponge & Chocolate Sauce	Dessert	Banana Crumble & Custard
WEDNESDAY		WEDNESDAY		WEDNESDAY	
Meat Main	Roast Pork with Apple Sauce, Roast Potatoes & Gravy	Meat Main	Roast Chicken with Roast Potatoes & Gravy	Meat Main	Roast Gammon with Yorkshire Pudding, Roast Potatoes & Gravy
Vegetarian Main	Tomato, Cheddar & Basil Quiche with Potato Wedges	Vegetarian Main	Vegetable & Cheese Medley	Vegetarian Main	Cheesy Leek Boats
Vegetables	Broccoli Honey Roasted Vegetables	Vegetables	Roasted Carrots Cauliflower	Vegetables	Broccoli Honey Roasted Parsnips
Dessert	Fruit Salad & Honeyed Yoghurt	Dessert	Apple Pie & Custard	Dessert	Fruit Trifle
THURSDAY		THURSDAY		THURSDAY	
Meat Main	Chicken Korma with Rice & Mini Naan	Meat Main	Beef Lasagne	Meat Main	Chicken & Leek Pie served with Mashed Potato
Vegetarian Main	Vegetarian Bolognese	Vegetarian Main	Quorn Burritos	Vegetarian Main	Vegetable Pizza
Vegetables	Carrots Sweetcorn	Vegetables	Mixed Vegetables	Vegetables	Sweetcorn Winter Slaw
Dessert	Peaches & Rice Pudding	Dessert	Strawberry Cheesecake	Dessert	Chocolate Muffin
FRIDAY		FRIDAY		FRIDAY	
Meat Main	Battered Fish & Chips	Meat Main	Battered Fish & Chips	Meat Main	Battered Fish & Chips
Vegetarian Main	Red Onion Pizza & Chips	Vegetarian Main	Margherita Pizza	Vegetarian Main	Spicy Bean Burger & Chips
Vegetables	Peas Baked Beans	Vegetables	Peas Baked Beans	Vegetables	Peas Baked Beans
Dessert	Pineapple Upside-down Cake	Dessert	Chocolate & Beetroot Brownie	Dessert	Lemon & Thyme Sponge

Hot Deli, Hot Pots and Baked Potato options also available daily

