



week 1



week 2



week 3

Monday	
MAIN MEAL MEAT	Homemade Jumbo Turkey Meatballs in a Tomato & Basil Sauce served with Spaghetti
MAIN MEAL VEGETARIAN	Margherita Pizza
HOT DELI	Spicy Chicken Burger Cheese & Bean Burrito
DESSERT OF THE DAY	Chocolate Orange Cake & Custard
Tuesday	
MAIN MEAL MEAT	Lamb & Potato Curry served with Naan Bread
MAIN MEAL VEGETARIAN	Vegetable Pasta Bake served with Garlic Bread
HOT DELI	Red Pepper Pizza Mozzarella & Tomato Panini
DESSERT OF THE DAY	Fruit salad with Ice Cream
Wednesday	
MAIN MEAL MEAT	Roast Beef served with Roast or New Potatoes & Gravy
MAIN MEAL VEGETARIAN	Quorn & Vegetable Wellington served with Roast or New Potatoes & Gravy
HOT DELI	Cajun Chicken Wrap Cheese & Baked Bean Scone
DESSERT OF THE DAY	Forest Fruits Pie with Vanilla Custard
Thursday	
MAIN MEAL MEAT	Chicken Chasseur served with Savoury Rice
MAIN MEAL VEGETARIAN	Hot Falafel Pitta's served with Houmous & Salad
HOT DELI	Chicken & Tomato Panini Cheese Panini
DESSERT OF THE DAY	Pear Crumble with Ice Cream
Friday	
MAIN MEAL MEAT	Classic Battered Fish served with Chips
MAIN MEAL VEGETARIAN	Vegetable Bubble & Squeak Cake served with Tomato Salsa & Chips
HOT DELI	Tuna Melt Panini Mozzarella & Peppers Panini
DESSERT OF THE DAY	Sticky Toffee Pudding with Toffee Sauce

Monday	
MAIN MEAL MEAT	Caribbean Spiced Lamb & Tomatoes topped with Sweet Potato Crust
MAIN MEAL VEGETARIAN	Chickpea & Sweet Potato Curry served with Yellow Rice
HOT DELI	Meat Feast Pizza Spicy Vegetable Panini
DESSERT OF THE DAY	Apple & Cinnamon Compote Crumble & Custard
Tuesday	
MAIN MEAL MEAT	Sausages in Onion Gravy served with Fluffy Mashed Potatoes
MAIN MEAL VEGETARIAN	Vegetable Sausages in an Onion Gravy with Fluffy Mashed Potatoes
HOT DELI	Chilli Beef Wrap Vegetable Frittata
DESSERT OF THE DAY	Rice Pudding
Wednesday	
MAIN MEAL MEAT	Roast Chicken served with Roast Potatoes, Yorkshire Pudding & Gravy
MAIN MEAL VEGETARIAN	Roasted Vegetable Toad in the Hole served with Roast Potatoes & Gravy
HOT DELI	Roasted Red Onion & Ham Panini Mushroom Pizza
DESSERT OF THE DAY	Ginger Sponge & Custard
Thursday	
MAIN MEAL MEAT	Salmon Parcel with New Potatoes
MAIN MEAL VEGETARIAN	Mushroom Parcel with New Potatoes
HOT DELI	Chicken Burrito Red Pepper & Vegetable Wrap
DESSERT OF THE DAY	Frozen Toffee Yoghurt
Friday	
MAIN MEAL MEAT	Classic Battered Fish served with Chips
MAIN MEAL VEGETARIAN	Falafel Burger in a Bun served with Sweet Potato Wedges
HOT DELI	Cheese & Tomato Panini Wedges with Cheese & Beans
DESSERT OF THE DAY	Pineapple and Coconut Crumble & Custard

Monday	
MAIN MEAL MEAT	Chicken Curry with Rice
MAIN MEAL VEGETARIAN	Savoury Rice with Vegetables (Jambalaya)
HOT DELI	Ham & Cheese Panini Roasted Vegetable Wrap
DESSERT OF THE DAY	Carrot Cake with Ice Cream
Tuesday	
MAIN MEAL MEAT	Beef Fajita served with a Spicy Mexican Rice
MAIN MEAL VEGETARIAN	Roasted Vegetable Quiche with Parsley Potatoes
HOT DELI	Soup of the day plus Bread Roll
DESSERT OF THE DAY	Banana with Custard
Wednesday	
MAIN MEAL MEAT	Roast Gammon, Roast Potatoes & Onion Gravy
MAIN MEAL VEGETARIAN	Lentil & Mushroom Loaf with Roast Potatoes & Onion Gravy
HOT DELI	Cheese & Tomato Panini Fish Finger Sandwich with Homemade Tartare
DESSERT OF THE DAY	Jam & Coconut Sponge
Thursday	
MAIN MEAL MEAT	Chicken & Leek Pie served with Crushed New Herb Potatoes
MAIN MEAL VEGETARIAN	Butterbean & Vegetable Pie served with Crushed New Herb Potatoes
HOT DELI	Tuna & Bean Quesadilla Red Onion & Cheese Pizza
DESSERT OF THE DAY	Apple Crumble & Custard
Friday	
MAIN MEAL MEAT	Classic Battered Fish served with Chips
MAIN MEAL VEGETARIAN	Cheese & Tomato French Bread Pizza served with Jacket Potato Wedges & Mayonnaise
HOT DELI	Vegetable Wrap Chicken Burrito
DESSERT OF THE DAY	Chocolate Fudge Cake with Chocolate Sauce



The following are available daily:
 Selection of Sandwiches, Wraps, Baguettes and Salad Pots
 Jacket Potatoes and Hot Pots
 Alternative Desserts and Fresh Fruit
 Selection of Yoghurts

